

List of All Chemicals

P Eryngium creticus (Apiaceae)

Common name(s)

Cretan culantro

How used

Medicinal

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Chemical	Part <input type="button" value="All"/>	Low PPM	High PPM	StdDev	*Reference
ASH	Shoot	--	194700.0	2.13	Laferriere, J.E., 1988, Nutricomp Program, Nutricomp Database; reviewed in J. Ethnobiology 9(1):27-29.
CARBOHYDRATES	Shoot	--	575200.0	-0.1	Laferriere, J.E., 1988, Nutricomp Program, Nutricomp Database; reviewed in J. Ethnobiology 9(1):27-29.
FAT	Shoot	--	26500.0	-0.38	Laferriere, J.E., 1988, Nutricomp Program, Nutricomp Database; reviewed in J. Ethnobiology 9(1):27-29.
FIBER	Shoot	--	185800.0	0.08	Laferriere, J.E., 1988, Nutricomp Program, Nutricomp Database; reviewed in J. Ethnobiology 9(1):27-29.

Activities (15)

Angiotensin-Receptor-Blocker

Antidiabetic

Antihypertensive

Antiobesity

Antitumor Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Antiulcer Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Beta-Blocker

Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Cardioprotective

Diuretic

Hypocholesterolemic

Hypotensive 10 g/man/day/orl Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Hypouricemic

Laxative

Vasodilator

ISOLEUCINE	Shoot	--	9380.0	-1.17	Laferriere, J.E., 1988, Nutricomp Program, Nutricomp Database; reviewed in J. Ethnobiology 9(1):27-29.
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Activities (3)

Antiencephalopathic? Martindale's 29th

Antipellagic Martindale's 28th

Essential Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

KILOCALORIES	Shoot	--	2745.0	-0.12	Laferriere, J.E., 1988, Nutricomp Program, Nutricomp Database; reviewed in J. Ethnobiology 9(1):27-29.
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LEUCINE	Shoot	--	9470.0	-0.47	Laferriere, J.E., 1988, Nutricomp Program, Nutricomp Database; reviewed in J. Ethnobiology 9(1):27-29.
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Activities (2)

Antiencephalopathic Martindale's 29th

Essential Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

LYSINE	Shoot	--	3980.0	-1.35	Laferriere, J.E., 1988, Nutricomp Program, Nutricomp Database; reviewed in J. Ethnobiology 9(1):27-29.
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Activities (4)					
Antialkalotic			Martindale's 29th		
Antiherpetic 0.5-3 g/day					
Essential			Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.		
Hypoarginanemic 250 mg/kg			Martindale's 29th		

PROTEIN	Shoot	--	203500.0	-0.06	Laferriere, J.E., 1988, Nutricomp Program, Nutricomp Database; reviewed in J. Ethnobiology 9(1):27-29.
THREONINE	Shoot	--	5045.0	-1.15	Laferriere, J.E., 1988, Nutricomp Program, Nutricomp Database; reviewed in J. Ethnobiology 9(1):27-29.

Activities (4)					
Antioxidant?					
Antiulcer			Martindale's 29th		
Essential			Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.		
FLavor FEMA 1,000			Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry		

TRYPTOPHAN	Shoot	--	3715.0	-0.76	Laferriere, J.E., 1988, Nutricomp Program, Nutricomp Database; reviewed in J. Ethnobiology 9(1):27-29.
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Activities (29)					
Analgesic 750 mg/4x/day/orl/man			Martindale's 29th		
Antianxiety 500-1,000 mg/meal			Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.		
Antidementia 3 g/day			Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.		
Antidepressant 1-3 g/3x/day/orl/man			Martindale's 29th		
Antidyskinetic 2-8 g/orl/wmn/day			Martindale's 29th		
Antihypertensive			J. Agri. & Food Chemistry, 36: 1079.		
Antiinsomniac 1-3 g/day			Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.		
Antimanic 12 g/man/day/orl			Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).		
Antimenopausal 6 g/day			Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.		
Antimigraine 500 mg/man/4x/day			Martindale's 29th		
Antioxidant 125 ug/ml					
Antiparkinsonian 2 g 3 x/day			Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.		
Antiphenylketonuric			Martindale's 29th		
Antiprostaglandin 250 pg/ml					
Antipsychotic 12 g/man/day			Martindale's 29th		
Antirheumatic			Martindale's 29th		
Antiscoliotic					
Carcinogenic			CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses		
Essential			Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.		
Hypnotic			Martindale's 29th		
Hypoglycemic			Economic & Medicinal Plant Research, 6: 157.		
Hypotensive 3 g/day			Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.		
Insulinase-Inhibitor			Economic & Medicinal Plant Research, 6: 157.		
Insulinotonic			J. Agri. & Food Chemistry, 36: 1079.		
Monoamine-Precursor			Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).		
Prolactinogenic			Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).		
Sedative 3-10 g/man/day					
Serotonergic 6-12 g/day/orl/man			Martindale's 28th		
Tumor-Promoter			J. Agri. & Food Chemistry, 36: 1079.		

VALINE	Shoot	--	11200.0	-0.25	Laferriere, J.E., 1988, Nutricomp Program, Nutricomp Database; reviewed in J. Ethnobiology 9(1):27-29.
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Activities (3)					
Antiencephalopathic			Martindale's 29th		
Essential					
FLavor FEMA 1,000-2,000			Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry		

WATER	Shoot	--	887000.0	0.2	Laferriere, J.E., 1988, Nutricomp Program, Nutricomp Database; reviewed in J. Ethnobiology 9(1):27-29.
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