

List of All Chemicals

P Colubrina texensis (Rhamnaceae)

Common name(s)

Texas colubrina

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Chemical	Part	All	Low PPM	High PPM	StdDev	*Reference
ASH	Shoot	--		87000.0	-0.36	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
CALCIUM	Shoot	--		32900.0	1.33	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
Activities (28)						
AntiPMS 1 g/day						
Antiallergic 500 mg/day						
Antianxiety						Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiarrhythmic 500-1,500 mg						
Antiarthritic 1,000 mg/day						
Antiatherosclerotic 500 mg/day						Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticlimacteric 1,000-1,500 mg/day						
Antidepressant						Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Aluminum)						Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Lead)						Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihyperkinetic						Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihypertensive						
Antiinsomniac						Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antimenopausal 1,000-1,500 mg/day						
Antiobesity						
Antiosteoporotic 500-2,000 mg/day						
Antiperiodontitic 750 mg/day						Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antirheumatic 1,000 mg/day						
Antistress 500-1,500 mg/day						
Antitic						Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anxiolytic 500-1,500 mg/day						
Calcium-Channel-Blocker						
Diuretic						
Hypocholesterolemic 500 mg/day						Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Hypotensive 1 g/day						Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Laxative 1,000-1,200 mg						
Tranquilizer 500-1,500 mg/day						
Vasodilator						
CARBOHYDRATES	Seed	--		673000.0	0.59	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
FAT	Shoot	--		45000.0	-0.03	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
FAT	Seed	--		179000.0	-0.46	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
PHOSPHORUS	Shoot	--		1700.0	-0.77	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
Activities (4)						
Antiosteoporotic						Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anxiolytic						
Immunostimulant						Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Osteogenic						Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
POSASSIUM	Shoot	--		12800.0		CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
PROTEIN	Shoot	--		195000.0	-0.14	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
PROTEIN	Seed	--		200000.0	-0.3	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses

