

List of All Chemicals

P Calamintha nepeta (Lamiaceae)

Common name(s)

Calamint

How used

Medicinal

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Chemical	Part All	Low PPM	High PPM	StdDev	*Reference
1,8-CINEOL	Plant	--	25.0		J. Ethnopharmacology, 39: 167.
ALPHA-PINENE	Plant	--	40.0	-0.45	J. Ethnopharmacology, 39: 167.

Activities (28)

Allelochemic	
Allergenic	
Antiacne	
Antibacterial	
Antifeedant	
Antiflu	Economic & Medicinal Plant Research, 5: 195.
Antiinflammatory 500 mg/kg	
Antipneumonic	
Antiseptic	
Antispasmodic	
Antistaphylococcic	
Antiviral	Economic & Medicinal Plant Research, 5: 195.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Coleoptophile	
Expectorant	Michael Castleman 1991. The Healing Herbs. Rodale Press, Emmaus, PA 436 pp.
Flavor FEMA 15-150	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Herbicide IC50=30 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insecticide 0.82 uM/fly	
Insectifuge 50 ppm	
Insectiphile	J. Stored. Prod. Res., 22:141, 1986.
Irritant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
P450-2B1-Inhibitor IC50=0.087 uM	
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Sedative	Lawrence Review of Natural Products, Jun-90.
Spasmogenic	
Tranquilizer	Lawrence Review of Natural Products, Jun-90.
Transdermal	

ALPHA-TERPINEOL	Plant	--	30.0	-0.46	J. Ethnopharmacology, 39: 167.
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Activities (23)

ACE-Inhibitor 100 ug/ml (weak activity)	
Aldose-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.
Allelopathic	Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.
Antiacne	
Antibacterial MIC=800-1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Anticancer	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Anticariogenic MIC=800-1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Antiinflammatory	
Antiproliferant	
Antiseptic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Cicatrizant ED50=240 ug/g mus	
FLavor FEMA 5-40	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Insecticide 1.29 uM/fly	
Interleukin-6-Inhibitor	
Mosquitofuge > Deet	
Motor-Depressant	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Pesticide	
Sedative	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Termiticide IC100=5 mg/g	
Transdermal	
Vulnerary ED50=240 ug/g mus	

BETA-CARYOPHYLLENE Plant -- 135.0 -0.65 J. Ethnopharmacology, 39: 167.

BETA-PINENE Plant -- 35.0 -0.4 J. Ethnopharmacology, 39: 167.

Activities (13)

Allergenic	
Antiinflammatory	
Antiseptic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antispasmodic	
Candidicide	
FLavor FEMA 15-600	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Herbicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Spasmogenic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Transdermal	

D-LIMONENE Plant -- 385.0 -0.5 J. Ethnopharmacology, 39: 167.

Activities (19)

Antiacetylcholinesterase IC22=1.2 mM

Anticancer (Breast) 8,000 mg/kg

Anticancer (Gastric)

Antimelanomic IC50=450 uM/l

Antitumor (Breast) 8,000 mg/kg

Antitumor (Gastric)

Antitumor-Promoter

Apoptotic 8,000 mg/kg

Cancer-Preventive

Chemopreventive

Differentiator 8,000 mg/kg

FLavor FEMA 30-2,300

Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry

Hypocholesterolemic

Insecticide

Insectifuge

Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

Litholytic

Martindale's 28th

Nephrotoxic

P450-2B1-Inhibitor IC50=0.19 uM

Pesticide

EO Plant -- 6000.0 -0.28 J. Ethnopharmacology, 39: 167.

ISOMENTHONE Plant -- 10.0 -0.71 J. Ethnopharmacology, 39: 167.

Activities (3)

Antiacetylcholinesterase IC50=1.6 mM

Antioxidant

Antiradicular

MENTHOL Plant -- 290.0 -0.42 J. Ethnopharmacology, 39: 167.

Activities (63)

Allergenic Martindale's 29th

Analgesic Martindale's 28th

Anesthetic 2,000 ppm Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.

Antiacetylcholinesterase
IC50=2.0 mMAntiaggregant
IC50=750

Antiallergic J. Food Hyg. Soc. Jap. 33(6): 569.

Antiasthmatic Mills, Simon and Bone, Kerry. 2000. Phytotherapy. Churchill Livingstone, Edinburgh.

Antibacillus MIC=1.25
mg/mlAntibacterial
MIC=0.625-2.5

Antibronchitic Martindale's 28th

Antidandruff A.L.L. Hunting. Encyclopedia of Shampoo Ingredients. Micelle Press, Cranford NJ. 467 pp.

Antiescherichic
MIC=1.25 mg/ml

Antihalitosis American Health, 12(4): 17, 1993.

Antihistaminic J. Food Hyg. Soc. Jap. 33(6): 569.

Antiinflammatory Martindale's 28th

Antilisteria MIC=0.625
mg/ml

Antineuralgic

Antiodontalgic Martindale's 28th

Antipruritic Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.

Antipyretic

Antirheumatic Martindale's 28th

Antisalmonella
MIC=0.625 mg/ml

Antiseptic 4 x phenol Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)

Antisinusitic Martindale's 28th

Antispasmodic
ED50=0.01 mg/ml Fitoterapia No.59-1984.Antistaphylococcic
MIC=0.625 mg/mlAntistreptococcic
MIC=0.4 mg/ml

Antitartar

Antivaginitic	
Antivulvitic	
Bradycardic 65 mg/3 x day/woman	Martindale's 28th
Bronchomucolytic	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 200.
Bronchomucotropinc	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.
Bronchorrhheic	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 200.
CNS-Depressant	
CNS-Stimulant	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Calcium-Antagonist	
Candidicide MIC=0.625 mg/ml	
Carminative	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.
Choleretic	
Ciliotoxic	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.
Congestant	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.
Convulsant	R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That:The Essential Pharmacology of Herbs and Spices. Tips 13:15-20 Huxtable, R.J. 1992b. The Myth of Benificent Nature. The Risk of Herbal Preparations. Anns. Intern. Med. 117(2):165-6; Huxtable, R.
Counterirritant	
Decongestant? 11 mg/man	Eccles, R., et al. 1989. The effects of oral administration of (-)-menthol on nasal resistance to airflow and nasal sensation of airflow in subjects suffering from nasal congestion associated with the common cold. J. Pharm. Pharmacol. 42: 652-654, 1990.
Dermatitogenic	
Diaphoretic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Enterorelaxant	J. Aromatherapy 4: 22.
Expectorant	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.
Gastrosedative	Merck 11th Edition
Irritant	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.
Myorelaxant	Martindale's 29th
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Neurodepressant	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.
Neuropathogenic 40-100 mg/day/rat	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.
Nociceptive	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.
Perfumery	Merck 11th Edition
Pesticide	
Refrigerant	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.
Rubefacient	
Termiticide	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Transdermal	
Vibriocide	

MENTHONE Plant -- 590.0 -0.42 J. Ethnopharmacology, 39: 167.

Activities (30)

Acaricide	
Allelopathic	
Analgesic	
Antiacetylcholinesterase IC50=1.4 mM	
Antiaggregant IC50=750	
Antiallergic	J. Food Hyg. Soc. Jap. 33(6): 569.
Antibacillary MIC=1.25 mg/ml	
Antibacterial MIC=0.625-5 mg/ml	
Antiescherichic MIC=5 mg/ml	
Antihistaminic	J. Food Hyg. Soc. Jap. 33(6): 569.
Antilisteria MIC=1.25 mg/ml	
Antisalmonella MIC=5 mg/ml	
Antiseptic 2.25 x phenol	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Antispasmodic ED50=0.044 mg/ml	Fitoterapia No.59-1984.
Antistaphylococcic MIC=0.625-2.5 mg/ml	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide MIC=2.5 mg/ml	
Cerebrotoxic orl man	J. Aromatherapy 4: 24.
Culicide LC50=156-194 mg/l	
FLavor FEMA 5-50	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	
Insecticide LC50=156- 194 mg/l	
Larvicide LC50=156-194 mg/l	
Mutagenic	
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Pesticide	
Psychoactive	
Sedative	Ortiz de Urbina, A.V., Martin*, M.L., Montero, M.J., Moran, A., and San Roman, L. 1988. Sedating and Antipyretic Activity of the Essential Oil of Calamintha sylvatica subsp. Ascendens. Journal of Ethnopharmacology, 25: 165-171, 1989.
Trichomonidic LD100=600 ug/ml	

P-CYMENE Plant -- 65.0 -0.4 J. Ethnopharmacology, 39: 167.

Activities (16)

Analgesic	Martindale's 28th
Antiacetylcholinesterase IC40=1.2 mM	
Antibacillary	
Antibacterial	
Antiflu	
Antirheumatalgic	Martindale's 28th
Antiviral	
FLavor FEMA 12-250	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Herbicide IC50=50 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectifuge	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Laxative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Pesticide	
Sedative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Trichomonidic LD100=50 ug/ml	

PIPERITENONE Plant -- 120.0 -0.83 J. Ethnopharmacology, 39: 167.

Activities (3)

Antiacetylcholinesterase IC50=110 ug/ml

Perfumery

Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Toxic 10,000/man

Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

PIPERITENONE- Plant -- 150.0 1.0 J. Ethnopharmacology, 39: 167.
OXIDE

Activities (2)

Insecticide Shah, G.C., Bhandari, R. & Mathela, C.S. 1992. 1,2-Epoxy-p-Menthane Derivatives from some Labiatae Species. J. Ess. Oil Res. 4: 57-59.
Pesticide

PIPERITONE- Plant -- 135.0 1.0 J. Ethnopharmacology, 39: 167.
OXIDE

PONCIRIN Plant -- -- Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

PULEGONE Plant -- 2760.0 -0.33 J. Ethnopharmacology, 39: 167.

Activities (28)

AChE-Inhibitor Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, Oest. Biochem. & Physiol., 23, 1985, 383-8.
Antiacetylcholinesterase IC50=0.9 mM
Antiacetylcholinesterase IC50=136 ug/ml
Antialzheimeran? Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, Oest. Biochem. & Physiol., 23, 1985, 383-8.
Antibacterial Economou, D., and Nahrstedt, A. 1991. Chemical, Physiological, and Toxicological Aspects of the Essential Oil of Some Species of the Genus Bystropogon*. Planta Medica, 57: 347, 1991.
Anticholinesterase Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, Oest. Biochem. & Physiol., 23, 1985, 383-8.
Antihistaminic Ortiz De Urbina, A.V., Martin, M.L., Montero, M.J., Carron, R., Sevilla, M.A., San Roman, L. 1989. Antihistaminic activity of pulegone on the guinea-pig ileum. J. Pharm. Pharmacol. 42: 295-296, 1990.
Antipyretic
Avifuge
Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide Economou, D., and Nahrstedt, A. 1991. Chemical, Physiological, and Toxicological Aspects of the Essential Oil of Some Species of the Genus Bystropogon*. Planta Medica, 57: 347, 1991.
Cerebrotoxic orl man J. Aromatherapy 4: 24.
Encephalopathic 80 mg/kg orl rat Lawrence Review of Natural Products, Jan-92.
Flavor FEMA 5-30 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide Economou, D., and Nahrstedt, A. 1991. Chemical, Physiological, and Toxicological Aspects of the Essential Oil of Some Species of the Genus Bystropogon*. Planta Medica, 57: 347, 1991.
Glutathionalytic Lawrence Review of Natural Products, Jan-92.
Hallucinogenic R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That: The Essential Pharmacology of Herbs and Spices. Tips 13:15-20 Huxtable, R.J. 1992b. The Myth of Benificent Nature. The Risk of Herbal Preparations. Anns. Intern. Med. 117(2):165-6; Huxtable, R.
Hepatotoxic Lewis, E.J. and Friedrich, E.C. 1989. The Essential Oil of Poliomntha incana. Planta Medica 56(2): 224-226, 1990.
Herbicide IC50=1.5 uM Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insecticide Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, Oest. Biochem. & Physiol., 23, 1985, 383-8.
Insectifuge
Nephrotoxic R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That: The Essential Pharmacology of Herbs and Spices. Tips 13:15-20 Huxtable, R.J. 1992b. The Myth of Benificent Nature. The Risk of Herbal Preparations. Anns. Intern. Med. 117(2):165-6; Huxtable, R.
Neurotoxic
Perfumery Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide
Pulifuge
Pulmonotoxic
Sedative