

# List of All Chemicals

## **P** Sideritis pauli (Lamiaceae)

Common name(s)

El Molinillo Sideritis

How used

Medicinal

\*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Chemical	Part	Low PPM	High PPM	StdDev	*Reference
1,8-CINEOLE	Shoot	--	65.0	-0.13	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of Sideritis pauli Pau. FFJ7: 47-8. 1992.

### Activities (67)

(-)-Chronotropic 87 nl/ml	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
(-)-Inotropic 87 nl/ml	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Acaricide LC100=6 uM	
Allelopathic	
Allergenic	
Anesthetic	
Anthelmintic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiacetylcholinesterase IC50=41 ug/ml	
Antiallergic	J. Food Hyg. Soc. Jap. 33(6): 569.
Antibacterial 50 ppm	
Antibronchitic	
Anticariogenic	
Anticatarrh	Martindale's 29th
Anticholinesterase IC50=50-70	
Antifatigue	
Antihalitosis	American Health, 12(4): 17, 1993.
Antiinflammatory	
Antilaryngitic	
Antinociceptive	
Antipharyngitic	
Antiplaque	
Antirheumatic	
Antirhinitic	
Antiseptic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antisinusitic	
Antispasmodic	
Antistaphylococcic 50 ppm	
Antitussive	
Antiulcer	
CNS-Stimulant	
Candidicide	
Carcinogenic	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Choleretic	
Convulsant	
Counterirritant	Martindale's 29th
Cytochrome-P450-Inducer	
Decongestant	
Degranulant 0.3 ul/ml	
Dentifrice	Martindale's 29th
Edemagenic inj	
Expectorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

FLavor FEMA 1-200	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Fungicide					
Gastroprotective					
Gram(+)icide					
Gram(-)icide					
Hepatotonic					
Herbicide IC50=78 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.				
Hypotensive					
Inflammatory inj					
Insectifuge					
Irritant	Rinzler, C. A. 1990. The Complete Book of Herbs, Spices and Condiments. Facts on File, New York. 199 pp.				
Myorelaxant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.				
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.				
Neurotoxic					
P450-Inducer					
Pediculicide 2.3 x pyrethrin					
Perfume	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Pesticide					
Rubefacient	Martindale's 29th				
Secretagogue					
Sedative					
Spasmogenic					
Surfactant					
Testosterone-Hydroxylase-Inducer					
Transdermal					
Trichomonicide LD100=1,000 ug/ml					

3-BETA-HYDROXY-DELTA-CADINENE	Shoot	--	29.0	1.41	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of Sideritis pauli Pau. FFJ7: 47-8. 1992.
ALPHA-CADINOL	Shoot	--	32.0	0.05	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of Sideritis pauli Pau. FFJ7: 47-8. 1992.

#### Activities (3)

Acaricide  
Antimite  
Pesticide

ALPHA-COPAENE	Shoot	--	95.0	0.74	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of Sideritis pauli Pau. FFJ7: 47-8. 1992.
ALPHA-CUBEBENE	Shoot	--	6.0	-0.43	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of Sideritis pauli Pau. FFJ7: 47-8. 1992.
ALPHA-ELEMENE	Shoot	--	10.0	0.31	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of Sideritis pauli Pau. FFJ7: 47-8. 1992.
ALPHA-GURJUNENE	Shoot	--	6.0	-0.9	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of Sideritis pauli Pau. FFJ7: 47-8. 1992.
ALPHA-HUMULENE	Shoot	--	3.0	-0.39	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of Sideritis pauli Pau. FFJ7: 47-8. 1992.

#### Activities (2)

Antitumor Zheng, G-Q., Kenney, P.M., and Lam, L.K.T. Sesquiterpenes From Clove (*Eugenia caryophyllata*) As Potential Anticarcinogenic Agents. *Journal of Natural Products* 55(7): 999-1003, 1992.  
Perfumery Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.* Taylor & Frost, London. 791 pp.

ALPHA-MUUROLENE	Shoot	--	13.0	-0.2	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of Sideritis pauli Pau. FFJ7: 47-8. 1992.
ALPHA-PHELLANDRENE	Shoot	--	26.0	-0.24	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of Sideritis pauli Pau. FFJ7: 47-8. 1992.

**Activities (11)**

Antibacterial	Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.
Antistaphylococcic	Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.
Dermal	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Emetic	
FLavor FEMA 10-130	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Insectiphile	Pakistan Encyclopedia Planta Medica. 1986.
Irritant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Laxative	
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Pesticide	

ALPHA-PINENE                      Shoot                      --                      1540.0                      0.01                      Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of *Sideritis pauli* Pau. FFJ7: 47-8. 1992.

**Activities (28)**

Allelochemic	
Allergenic	
Antiacne	
Antibacterial	
Antifeedant	
Antiflu	Economic & Medicinal Plant Research, 5: 195.
Antiinflammatory 500 mg/kg	
Antipneumonic	
Antiseptic	
Antispasmodic	
Antistaphylococcic	
Antiviral	Economic & Medicinal Plant Research, 5: 195.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Coleoptophile	
Expectorant	Michael Castleman 1991. The Healing Herbs. Rodale Press, Emmaus, PA 436 pp.
FLavor FEMA 15-150	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Herbicide IC50=30 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insecticide 0.82 uM/fly	
Insectifuge 50 ppm	
Insectiphile	J. Stored. Prod. Res., 22:141, 1986.
Irritant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
P450-2B1-Inhibitor IC50=0.087 uM	
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Sedative	Lawrence Review of Natural Products, Jun-90.
Spasmogenic	
Tranquilizer	Lawrence Review of Natural Products, Jun-90.
Transdermal	

ALPHA-TERPINENE                      Shoot                      --                      3.0                      -0.47                      Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of *Sideritis pauli* Pau. FFJ7: 47-8. 1992.

**Activities (13)**

ACE-Inhibitor 100 ug/ml (weak activity)	
Acaricide	
Aldose-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.
Antiacetylcholinesterase IC50=1.0 mM	
Antinitrosaminic	
Antispasmodic	
FLavor FEMA 1-40	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
Insecticide 0.86 uM/fly	
Insectifuge	
P450-2B1-Inhibitor IC50=0.76 uM	
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
Pesticide	
Spasmogenic	

ALPHA-TERPINEOL	Shoot	--	16.0	-0.27	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of Sideritis pauli Pau. FFJ7: 47-8. 1992.
-----------------	-------	----	------	-------	---

**Activities (23)**

ACE-Inhibitor 100 ug/ml (weak activity)	
Aldose-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.
Allelopathic	Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.
Antiacne	
Antibacterial MIC=800-1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Anticancer	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Anticariogenic MIC=800-1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Antiinflammatory	
Antiproliferant	
Antiseptic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Cicatrizant ED50=240 ug/g mus	
FLavor FEMA 5-40	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
Insecticide 1.29 uM/fly	
Interleukin-6-Inhibitor	
Mosquitofuge > Deet	
Motor-Depressant	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Pesticide	
Sedative	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Termiticide IC100=5 mg/g	
Transdermal	
Vulnerary ED50=240 ug/g mus	

ALPHA-THUJENE	Shoot	--	10.0	-0.38	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of Sideritis pauli Pau. FFJ7: 47-8. 1992.
---------------	-------	----	------	-------	---

AROMADENDRENE	Shoot	--	6.0	-0.18	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of Sideritis pauli Pau. FFJ7: 47-8. 1992.
---------------	-------	----	-----	-------	---

Activities (3)					
Antiseptic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.				
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli.</i> Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Pesticide					
BETA-BOURBONENE	Shoot	--	10.0	-0.35	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. <i>Essential Oil Analysis of Sideritis pauli Pau.</i> FFJ7: 47-8. 1992.
BETA-CARYOPHYLLENE	Shoot	--	13.0	-0.38	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. <i>Essential Oil Analysis of Sideritis pauli Pau.</i> FFJ7: 47-8. 1992.
BETA-PINENE	Shoot	--	110.0	-0.11	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. <i>Essential Oil Analysis of Sideritis pauli Pau.</i> FFJ7: 47-8. 1992.

Activities (13)					
Allergenic					
Antiinflammatory					
Antiseptic	Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients</i> 2nd Ed. John Wiley & Sons, New York. 649 pp.				
Antispasmodic					
Candidicide					
FLavor FEMA 15-600	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Herbicide	Keeler, R.F. and Tu, A.T. eds. 1991. <i>Toxicology of Plant and Fungal Compounds.</i> (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.				
Insectifuge	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.				
Irritant	Zebowitz, T. C. Ed. 1989. Part VII. <i>Flavor and Fragrance Substances</i> , in Keith L. H. and Walters, D.B., eds. <i>Compendium of Safety Data Sheets for Research and Industrial Chemicals.</i> VCH Publishers, New York. 3560-4253.				
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Pesticide					
Spasmogenic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals.</i> The Pharmaceutical Press, London. 296pp.				
Transdermal					

CALACORENE	Shoot	--	6.0	1.41	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. <i>Essential Oil Analysis of Sideritis pauli Pau.</i> FFJ7: 47-8. 1992.
CAMPHENE	Shoot	--	6.0	-0.13	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. <i>Essential Oil Analysis of Sideritis pauli Pau.</i> FFJ7: 47-8. 1992.

Activities (9)					
Allelopathic	Wright,C.W.(Ed)2002. <i>Medicinal&amp;Aromatic Plants-Industrial Profiles.Artemisia.</i> 344pp.Maffei,M.(Ed)2002. <i>Vetiveria.The Genus Vetiveria.</i> Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999. <i>Tea Tree.The Genus Melaleuca.</i> Harwood Acad.Pub.Amsterdam,Netherlands.				
Antilithic?	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.				
Antioxidant	Jim Duke's personal files.				
Expectorant	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. <i>Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D)</i> , 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.				
FLavor FEMA 15-175	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Hypocholesterolemic?	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.				
Insectifuge	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.				
Pesticide					
Spasmogenic	Fitoterapia No.59-1984.				
CAMPHOR	Shoot	--	3.0	-0.16	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. <i>Essential Oil Analysis of Sideritis pauli Pau.</i> FFJ7: 47-8. 1992.

**Activities (41)**

Allelopathic	
Analgesic	
Anesthetic	
Antiacne	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture</i> . Plenum Press, New York. 445 pp.
Antidiarrheic 500 ug/ml	Wealth of India.
Antidysenteric 500 ug/ml	Wealth of India.
Antiemetic 100-200 mg man orl	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Antifeedant IC50=5,000 ppm diet	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices &amp; Medicinal Plants: Recent Advances in Botany, Horticulture, &amp; Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.
Antifibrositic	Martindale's 28th
Antineuralgic	Martindale's 28th
Antipruritic	Merck 11th Edition
Antiseptic	Merck 11th Edition
Antispasmodic ED50=0.075 mg/ml	Fitoterapia No.59-1984.
CNS-Stimulant	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Carminative	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Convulsant	R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That: The Essential Pharmacology of Herbs and Spices. <i>Tips</i> 13:15-20 Huxtable, R.J. 1992b. The Myth of Benificent Nature. The Risk of Herbal Preparations. <i>Ann. Intern. Med.</i> 117(2):165-6; Huxtable, R.
Cosmetic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Counterirritant	Martindale's 28th
Decongestant	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture</i> . Plenum Press, New York. 445 pp.
Deliriant	Merck 11th Edition
Ecbolic	
Emetic	
Epileptogenic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
Expectorant	Martindale's 29th
Fungicide ED50=2.7 mM	Keeler, R.F. and Tu, A.T. eds. 1991. <i>Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6)</i> Marcel Dekker, Inc. NY. 665 pp.
Herbicide IC50=3.3-180 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices &amp; Medicinal Plants: Recent Advances in Botany, Horticulture, &amp; Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.
Insect-Repellent	
Insectifuge	
Irritant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Oculoirritant	
P450-2B1-Inhibitor IC50=7.89 uM	
Pesticide	
Respirainhibitor	Merck 11th Edition
Respirastimulant	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Rubefacient	
Stimulant	R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That: The Essential Pharmacology of Herbs and Spices. <i>Tips</i> 13:15-20 Huxtable, R.J. 1992b. The Myth of Benificent Nature. The Risk of Herbal Preparations. <i>Ann. Intern. Med.</i> 117(2):165-6; Huxtable, R.
Transdermal	
Verrucolytic	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture</i> . Plenum Press, New York. 445 pp.
Vibriocide 500 ug/ml	Wealth of India.

CARYOPHYLLENE-EPOXIDE    Shoot                    --                    26.0                    1.22                    Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of *Sideritis pauli* Pau. *FFJ7*: 47-8. 1992.

**Activities (6)**

Antifeedant 1 mM (diet)	Keeler, R.F. and Tu, A.T. eds. 1991. <i>Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6)</i> Marcel Dekker, Inc. NY. 665 pp.
Attifuge	CIBA (Chadwick, D.J. and Marsh, J. 1990. <i>Bioactive Compounds from Plants</i> . CIBA Foundation Symposium 154. John Wiley & Sons, Ltd. Chichester UK. 242 pp.
Fungistat	CIBA (Chadwick, D.J. and Marsh, J. 1990. <i>Bioactive Compounds from Plants</i> . CIBA Foundation Symposium 154. John Wiley & Sons, Ltd. Chichester UK. 242 pp.
Insectifuge	CIBA (Chadwick, D.J. and Marsh, J. 1990. <i>Bioactive Compounds from Plants</i> . CIBA Foundation Symposium 154. John Wiley & Sons, Ltd. Chichester UK. 242 pp.
Larvicide IC60=5 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices &amp; Medicinal Plants: Recent Advances in Botany, Horticulture, &amp; Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.
Pesticide	

DELTA-3-CARENE	Shoot	--	13.0	-0.17	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of <i>Sideritis pauli</i> Pau. FFJ7: 47-8. 1992.
----------------	-------	----	------	-------	--

#### Activities (8)

Allergenic?	
Antibacterial	Revista Itiliana Eppos, 12: 5, 1994.
Antiinflammatory ipr	Internat. J. Oriental Med. 15(4): 194, 1990+
Dermatitogenic	
FLavor FEMA	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	
Pesticide	

DELTA-CADINENE	Shoot	--	220.0	1.78	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of <i>Sideritis pauli</i> Pau. FFJ7: 47-8. 1992.
----------------	-------	----	-------	------	--

#### Activities (9)

Aldose-Reductase-Inhibitor	
Antiacne	
Antibacterial MIC800 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against <i>Streptococcus mutans</i> . J. Agric. Food Chem. 41: 1102-1105.
Anticarcinogenic MIC800 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against <i>Streptococcus mutans</i> . J. Agric. Food Chem. 41: 1102-1105.
Antistreptococcic	
Cytochrome-P450-Inducer	
P450-Inducer	
Pesticide	
Testosterone-Inducer	

ENT-13-EPI-MANOYL-OXIDE	Shoot	--	16.0		Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of <i>Sideritis pauli</i> Pau. FFJ7: 47-8. 1992.
-------------------------	-------	----	------	--	--

ENT-8-HYDROXYLABDA-13(16),14-DIENE	Shoot	--	225.0		Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of <i>Sideritis pauli</i> Pau. FFJ7: 47-8. 1992.
------------------------------------	-------	----	-------	--	--

EO	Shoot	--	3200.0	-0.66	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of <i>Sideritis pauli</i> Pau. FFJ7: 47-8. 1992.
----	-------	----	--------	-------	--

GAMMA-CADINENE	Shoot	--	6.0	-0.22	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of <i>Sideritis pauli</i> Pau. FFJ7: 47-8. 1992.
----------------	-------	----	-----	-------	--

GAMMA-TERPINENE	Shoot	--	19.0	-0.38	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of <i>Sideritis pauli</i> Pau. FFJ7: 47-8. 1992.
-----------------	-------	----	------	-------	--

#### Activities (11)

ACE-Inhibitor 100 ug/ml (weak activity)	
Acaricide	
Aldose-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.
Antiacetylcholinesterase IC23=1.2 mM	
Antifeedant	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
Antioxidant	Jim Duke's personal files.
FLavor FEMA 1-40	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Insectifuge	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	

GAMMA-TERPINEOL	Shoot	--	3.0	1.98	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of <i>Sideritis pauli</i> Pau. FFJ7: 47-8. 1992.
-----------------	-------	----	-----	------	--

GAMMA-TERPINYL-ACETATE	Shoot	--	19.0	1.41	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of <i>Sideritis pauli</i> Pau. FFJ7: 47-8. 1992.
------------------------	-------	----	------	------	--

GERANYL-ACETATE	Shoot	--	3.0	-0.52	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of <i>Sideritis pauli</i> Pau. FFJ7: 47-8. 1992.
-----------------	-------	----	-----	-------	--

**Activities (5)**

Allergenic				
FLavor FEMA 1-20	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry			
Insectiphile	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Sedative	Jim Duke's personal files.			

GERMACRENE-D	Shoot	--	95.0	-0.32	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of <i>Sideritis pauli</i> Pau. FFJ7: 47-8. 1992.
--------------	-------	----	------	-------	--

**Activities (2)**

Pesticide  
Pheromone

LIMONENE	Shoot	--	55.0	-0.3	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of <i>Sideritis pauli</i> Pau. FFJ7: 47-8. 1992.
----------	-------	----	------	------	--



**Activities (60)**

AChE-Inhibitor	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. &amp; Physiol.</i> , 23, 1985, 383-8.
Acaricide LC100=8 uM	
Allelochemic	
Allergenic 1/20th carene	
Antiacetylcholinesterase IC22-26=1.2 mM	
Antiadenomic	
Antialzheimeran?	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. &amp; Physiol.</i> , 23, 1985, 383-8.
Antiasthmatic	
Antibacterial	Revista Itiliana Eppos, 12: 5, 1994.
Anticancer	
Antiesophagitic	
Antifeedant	
Antiflu	Economic & Medicinal Plant Research, 5: 195.
Antiinflammatory	
Antilithic	
Antilymphomic	
Antimetastatic (Stomach)	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antiobesity	
Antiseptic	
Antispasmodic ED50=0.197 mg/ml	Fitoterapia No.59-1984.
Antitumor	
Antitumor (Breast)	
Antitumor (Colon)	
Antitumor (Pancreas)	
Antitumor (Prostate)	
Antitumor (Stomach)	
Antiviral	
Apoptotic	
Bronchoprotectant	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidistat	
Chemopreventive	
Cholesterolytic	
Detoxicant	
Enterocontractant	J. Aromatherapy 4: 22.
Expectorant	
FLavor	
Fungiphilic	J. Agric. Food Chem. 43: 2283.
Fungistat	
GST-Inducer	
Herbicide IC50=45 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Histaminic	
Immunomodulator	
Insecticide 0.37 uM/fly	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Interleukin-6-Inhibitor	
Irritant	
Lipolytic	
Myorelaxant 50 mg/kg	
NO-Genic	
Nematicide IC=100 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Ornithine-Decarboxylase-Inhibitor ~750 mg/kg (diet)	
Ozone-Scavenger	
P450-Inducer	
Peristaltic	
Pesticide	
Photosensitizer	Rinzler, C. A. 1990. The Complete Book of Herbs, Spices and Condiments. Facts on File, New York. 199 pp.
Sedative ED=1-32 mg/kg	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Transdermal	

LINALOL	Shoot	--	3.0	-0.22	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of <i>Sideritis pauli</i> Pau. FFJ7: 47-8. 1992.
---------	-------	----	-----	-------	--

MYRCENE	Shoot	--	22.0	-0.32	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of <i>Sideritis pauli</i> Pau. FFJ7: 47-8. 1992.
---------	-------	----	------	-------	--

#### Activities (22)

ACE-Inhibitor 100 ug/ml

Aldose-Reductase-Inhibitor 100 ug/ml Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.

Allergenic

Analgesic Kauderer, B., Zamith, H., Paumgartten, F.J.R., and Speit, G. Evaluation of the Mutagenicity of B-Myrcene in Mammalian Cells In Vitro. Environmental and Molecular Mutagenesis 18: 28-34, 1991.

Antibacterial

Anticonvulsant

Antimutagenic Kauderer, B., Zamith, H., Paumgartten, F.J.R., and Speit, G. Evaluation of the Mutagenicity of B-Myrcene in Mammalian Cells In Vitro. Environmental and Molecular Mutagenesis 18: 28-34, 1991.

Antinutrosaminic

Antinociceptive 10-20 mg/kg ipr mus Rao, V.S.N., Menezes, A.M.S., Viana, G.S.B. 1990. Effect of myrcene on nociception in mice. J. Pharm. Pharmacol. 42: 877-878, 1990.

Antinociceptive 20-40 mg/kg scu mus Rao, V.S.N., Menezes, A.M.S., Viana, G.S.B. 1990. Effect of myrcene on nociception in mice. J. Pharm. Pharmacol. 42: 877-878, 1990.

Antioxidant Jim Duke's personal files.

Antispasmodic Jim Duke's personal files.

Chemopreventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

FLavor FEMA 0.5-9 Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry

Fungicide Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.

Hypothermic

Insectifuge

Irritant Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.

Myorelaxant 100-200 mg/kg

P450-2B1-Inhibitor IC50=0.14 uM

Perfumery Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Pesticide

NOR-CAMPHOR?	Shoot	--	6.0	1.0	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of <i>Sideritis pauli</i> Pau. FFJ7: 47-8. 1992.
--------------	-------	----	-----	-----	--

P-CYMENE	Shoot	--	3.0	-0.5	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of <i>Sideritis pauli</i> Pau. FFJ7: 47-8. 1992.
----------	-------	----	-----	------	--

#### Activities (16)

Analgesic Martindale's 28th

Antiacetylcholinesterase IC40=1.2 mM

Antibacillary

Antibacterial

Antiflu

Antirheumatalgic Martindale's 28th

Antiviral

FLavor FEMA 12-250 Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry

Fungicide Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.

Herbicide IC50=50 uM Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.

Insectifuge Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.

Irritant Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.

Laxative Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.

Pesticide

Sedative Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.

Trichomonicide LD100=50 ug/ml

SABINENE	Shoot	--	95.0	-0.19	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of <i>Sideritis pauli</i> Pau. FFJ7: 47-8. 1992.
----------	-------	----	------	-------	--

Activities (5)					
Antibacterial					
Antihelicobacter					
Antiseptic					
Antiulcer					
Perfumery					Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
SPATHULENOL	Shoot	--	13.0	-0.37	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of <i>Sideritis pauli</i> Pau. FFJ7: 47-8. 1992.
T-MUUROLOL	Shoot	--	205.0	1.71	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of <i>Sideritis pauli</i> Pau. FFJ7: 47-8. 1992.
TERPINEN-4-OL	Shoot	--	35.0	-0.15	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of <i>Sideritis pauli</i> Pau. FFJ7: 47-8. 1992.

Activities (23)					
Allelopathic					Wright, C.W. (Ed) 2002. Medicinal & Aromatic Plants - Industrial Profiles. <i>Artemisia</i> . 344pp. Maffei, M. (Ed) 2002. <i>Vetiveria</i> . The Genus <i>Vetiveria</i> . Taylor & Francis. NY, NY. 191pp. Southwell, I., Lowe, R. (Eds) 1999. <i>Tea Tree</i> . The Genus <i>Melaleuca</i> . Harwood Acad. Pub. Amsterdam, Netherlands.
Antiacetylcholinesterase IC21-24=1.2 mM					
Antiacne					
Antiallergic					
Antiasthmatic					Chin. J. Tuber. Respir. Dis., 4:203, 1982.
Antibacterial					
Antioxidant					
Antiseptic					Flav. & Frag. J. 9: 129.
Antispasmodic					
Antitussive					Chin. J. Tuber. Respir. Dis.
Antiulcer					
Bacteriostatic					Chin. J. Tuber. Respir. Dis.
Diuretic 0.1 ml/rat					
Fungicide					
Herbicide IC50=200 mM					Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices &amp; Medicinal Plants: Recent Advances in Botany, Horticulture, &amp; Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.
Herbicide IC50=22 µM					Keeler, R.F. and Tu, A.T. eds. 1991. <i>Toxicology of Plant and Fungal Compounds</i> . (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectifuge					
Irritant					Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
Nematicide MLC=1 mg/ml					Shoyakugaku Zasshi, 44: 183.
Pesticide					
Renoirritant					Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
Spermicide ED100=0.015					
Vulnerary					Lawrence Review of Natural Products, Jan-91.
TERPINOLENE	Shoot	--	10.0	-0.52	Burzaco, A., Velasco-Negueruela, A. and Perez-Alonso, M.J. 1992. Essential Oil Analysis of <i>Sideritis pauli</i> Pau. FFJ7: 47-8. 1992.

Activities (9)					
Allelochemic					
Antifeedant					
Antinitrosaminic					
Antioxidant					
Deodorant					Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
FLAVOR FEMA 15-60					Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
Fungicide					Keeler, R.F. and Tu, A.T. eds. 1991. <i>Toxicology of Plant and Fungal Compounds</i> . (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Perfumery					Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
Pesticide					