

List of All Chemicals

P Physalis angulata (Solanaceae)

Common name(s)

Winter Cherry; Bolsa Mullaca

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Chemical	Part <input type="button" value="All"/>	Low PPM	High PPM	StdDev	*Reference
ASH	Fruit	20000.0	200000.0	3.71	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
CALCIUM	Fruit	810.0	8100.0	0.98	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
Activities (28)					
AntiPMS 1 g/day					
Antiallergic 500 mg/day					
Antianxiety					
Antiarrhythmic 500-1,500 mg					
Antiartihritic 1,000 mg/day					
Antiatherosclerotic 500 mg/day					
Anticlimacteric 1,000-1,500 mg/day					
Antidepressant					
Antidote (Aluminum)					
Antidote (Lead)					
Antihyperkinetic					
Antihypertensive					
Antiinsomniac					
Antimenopausal 1,000-1,500 mg/day					
Antiobesity					
Antiosteoporotic 500-2,000 mg/day					
Antiperiodontitic 750 mg/day					
Antirheumatic 1,000 mg/day					
Antistress 500-1,500 mg/day					
Antititic					
Anxiolytic 500-1,500 mg/day					
Calcium-Channel-Blocker					
Diuretic					
Hypocholesterolemic 500 mg/day					
Hypotensive 1 g/day					
Laxative 1,000-1,200 mg					
Tranquilizer 500-1,500 mg/day					
Vasodilator					
CARBOHYDRATES	Fruit	45000.0	450000.0	-1.78	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
FAT	Fruit	4000.0	40000.0	-0.34	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
FIBER	Fruit	14000.0	140000.0	-0.02	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses

Activities (15)

Angiotensin-Receptor-Blocker	
Antidiabetic	
Antihypertensive	
Antiobesity	
Antitumor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiulcer	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Beta-Blocker	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective	
Diuretic	
Hypocholesterolemic	
Hypotensive 10 g/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Hypouricemic	
Laxative	
Vasodilator	

KILOCALORIES	Fruit	27.0	2700.0	-1.46	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
--------------	-------	------	--------	-------	---

PHOSPHORUS	Fruit	1350.0	13500.0	3.12	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
------------	-------	--------	---------	------	---

Activities (4)

Antiosteoporotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anxiolytic	
Immunostimulant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Osteogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

PROTEIN	Fruit	32000.0	320000.0	2.82	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
---------	-------	---------	----------	------	---

WATER	Fruit	--	900000.0	0.56	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
-------	-------	----	----------	------	---