

List of All Chemicals

P Micromeria teneriffae (Lamiaceae)

How used

Medicinal

*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Chemical	Part	Low PPM	High PPM	StdDev	*Reference
1,8-CINEOLE	Leaf	--	110.0	-0.52	Kirimer, N., Ozek, T., and Baser, K.H.C. 1991. Composition of the Essential Oil of Micromeria congesta. J. Ess. Oil Res., 3: 387-393.

Activities (67)

(-)-Chronotropic 87 nl/ml	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
(-)-Inotropic 87 nl/ml	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Acaricide LC100=6 uM	
Allelopathic	
Allergenic	
Anesthetic	
Anthelmintic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiacetylcholinesterase IC50=41 ug/ml	
Antiallergic	J. Food Hyg. Soc. Jap. 33(6): 569.
Antibacterial 50 ppm	
Antibronchitic	
Anticariogenic	
Anticatarrh	Martindale's 29th
Anticholinesterase IC50=50-70	
Antifatigue	
Antihalitosis	American Health, 12(4): 17, 1993.
Antiinflammatory	
Antilaryngitic	
Antinociceptive	
Antipharyngitic	
Antiplateau	
Antirheumatic	
Antirhinitic	
Antiseptic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antisinusitic	
Antispasmodic	
Antistaphylococcic 50 ppm	
Antitussive	
Antiulcer	
CNS-Stimulant	
Candidicide	
Carcinogenic	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Choleretic	
Convulsant	
Counterirritant	Martindale's 29th
Cytochrome-P450-Inducer	
Decongestant	
Degranulant 0.3 ul/ml	
Dentifrice	Martindale's 29th
Edemagenic inj	
Expectorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
FLavor FEMA 1-200	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
Fungicide	
Gastroprotective	

Caseoproscure

Gram(+)-icide

Gram(-)-icide

Hepatotoxic

Herbicide IC50=78 uM

Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.

Hypotensive

Inflammatory inj

Insectifuge

Irritant

Rinzler, C. A. 1990. The Complete Book of Herbs, Spices and Condiments. Facts on File, New York. 199 pp.

Myorelaxant

Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.

Nematicide

Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.

Neurotoxic

P450-Inducer

Pediculicide 2.3 x pyrethrin

Perfume

Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Pesticide

Rubefacient

Martindale's 29th

Secretagogue

Sedative

Spasmogenic

Surfactant

Testosterone-Hydroxylase-Inducer

Transdermal

Trichomonicide LD100=1,000 ug/ml

ALPHA-PHELLANDRENE	Leaf	--	20.0	-0.3	Kirimer, N., Ozek, T., and Baser, K.H.C. 1991. Composition of the Essential Oil of <i>Micromeria congesta</i> . J. Ess. Oil Res., 3: 387-393.
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Activities (11)

Antibacterial	Wright, C.W. (Ed) 2002. Medicinal & Aromatic Plants - Industrial Profiles. <i>Artemisia</i> . 344 pp. Maffei, M. (Ed) 2002. <i>Vetiveria</i> . The Genus <i>Vetiveria</i> . Taylor & Francis. NY, NY. 191 pp. Southwell, I., Lowe, R. (Eds) 1999. Tea Tree. The Genus <i>Melaleuca</i> . Harwood Acad. Pub. Amsterdam, Netherlands.
Antistaphylococccic	Wright, C.W. (Ed) 2002. Medicinal & Aromatic Plants - Industrial Profiles. <i>Artemisia</i> . 344 pp. Maffei, M. (Ed) 2002. <i>Vetiveria</i> . The Genus <i>Vetiveria</i> . Taylor & Francis. NY, NY. 191 pp. Southwell, I., Lowe, R. (Eds) 1999. Tea Tree. The Genus <i>Melaleuca</i> . Harwood Acad. Pub. Amsterdam, Netherlands.
Dermal	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Emetic	
FLavor FEMA 10-130	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. <i>Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D)</i> , 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Insectiphile	Pakistan Encyclopedia <i>Planta Medica</i> . 1986.
Irritant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Laxative	
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Pesticide	

ALPHA-PINENE	Leaf	--	2030.0	-0.09	Kirimer, N., Ozek, T., and Baser, K.H.C. 1991. Composition of the Essential Oil of <i>Micromeria congesta</i> . J. Ess. Oil Res., 3: 387-393.
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Activities (28)

Allelochemic	
Allergenic	
Antiacne	
Antibacterial	
Antifeedant	
Antiflu	Economic & Medicinal Plant Research, 5: 195.
Antiinflammatory 500 mg/kg	
Antipneumonic	
Antiseptic	
Antispasmodic	
Antistaphylococcic	
Antiviral	Economic & Medicinal Plant Research, 5: 195.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Coleoptophile	
Expectorant	Michael Castleman 1991. The Healing Herbs. Rodale Press, Emmaus, PA 436 pp.
FLavor FEMA 15-150	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Herbicide IC50=30 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insecticide 0.82 uM/fly	
Insectifuge 50 ppm	
Insectiphile	J. Stored. Prod. Res., 22:141, 1986.
Irritant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
P450-2B1-Inhibitor IC50=0.087 uM	
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Sedative	Lawrence Review of Natural Products, Jun-90.
Spasmogenic	
Tranquilizer	Lawrence Review of Natural Products, Jun-90.
Transdermal	

ALPHA-TERPINENE Leaf -- 90.0 -0.27 Kirimer, N., Ozek, T., and Baser, K.H.C. 1991. Composition of the Essential Oil of *Micromeria congesta*. J. Ess. Oil Res., 3: 387-393.

Activities (13)

ACE-Inhibitor 100 ug/ml (weak activity)	
Acaricide	
Aldose-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.
Antiacetylcholinesterase IC50=1.0 mM	
Antinitrosaminic	
Antispasmodic	
FLavor FEMA 1-40	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Insecticide 0.86 uM/fly	
Insectifuge	
P450-2B1-Inhibitor IC50=0.76 uM	
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Spasmogenic	

ALPHA-TERPINEOL Leaf -- 170.0 -0.29 Kirimer, N., Ozek, T., and Baser, K.H.C. 1991. Composition of the Essential Oil of *Micromeria congesta*. J. Ess. Oil Res., 3: 387-393.

Activities (23)

ACE-Inhibitor 100 ug/ml (weak activity)	
Aldehyde-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.
Allelopathic	Wright, C.W. (Ed) 2002. Medicinal & Aromatic Plants - Industrial Profiles. Artemisia. 344pp. Maffei, M. (Ed) 2002. Vetiveria. The Genus Vetiveria. Taylor & Francis. NY, NY. 191pp. Southwell, J., Lowe, R. (Eds) 1999. Tea Tree. The Genus Melaleuca. Harwood Acad. Pub. Amsterdam, Netherlands.
Antiacne	
Antibacterial MIC=800-1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Anticancer	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.
Anticariogenic MIC=800-1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Antiinflammatory	
Antiproliferant	
Antiseptic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Cicatrizant ED50=240 ug/g mus	
FLavor FEMA 5-40	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
Insecticide 1.29 uM/fly	
Interleukin-6-Inhibitor	
Mosquitofuge > Deet	
Motor-Depressant	Buchbauer et al, e.g. Buchbauer et al, 1993. Therapeutic properties of essential oils and fragrances. Chap. 12 in Teranishi, R., Buttery, R.G. and Sugisawa, H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Pesticide	
Sedative	Buchbauer et al, e.g. Buchbauer et al, 1993. Therapeutic properties of essential oils and fragrances. Chap. 12 in Teranishi, R., Buttery, R.G. and Sugisawa, H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Termiticide IC100=5 mg/g	
Transdermal	
Vulnerary ED50=240 ug/g mus	

BETA-PHELLANDRENE Leaf -- 20.0 -0.42 Kirimer, N., Ozek, T., and Baser, K.H.C. 1991. Composition of the Essential Oil of *Micromeria congesta*. J. Ess. Oil Res., 3: 387-393.

Activities (3)

Expectorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Fungicide	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Perfumery	Merck 11th Edition

BETA-PINENE Leaf -- 110.0 -0.27 Kirimer, N., Ozek, T., and Baser, K.H.C. 1991. Composition of the Essential Oil of *Micromeria congesta*. J. Ess. Oil Res., 3: 387-393.

Activities (13)

Allergenic	
Antiinflammatory	
Antiseptic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antispasmodic	
Candidicide	
FLavor FEMA 15-600	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
Herbicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
Pesticide	
Spasmogenic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Transdermal	

BORNEOL Leaf -- 1490.0 1.37 Kirimer, N., Ozek, T., and Baser, K.H.C. 1991. Composition of the Essential Oil of *Micromeria congesta*. J. Ess. Oil Res., 3: 387-393.

Activities (35)

(-)-Chronotropic 29 ug/ml	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
(-)-Inotropic 29 ug/ml	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Allelochemic	
Analgesic	
Antiacetylcholine	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Antibacterial MIC=125-250 ug/ml	
Antibronchitic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiescherichic MIC=125 ug/ml	
Antifeedant	
Antiinflammatory	
Antiotitic	
Antipyretic	
Antisalmonella MIC=125 ug/ml	
Antispasmodic ED50=0.008 mg/ml	
Antistaphylococcic MIC=250 ug/ml	
Antiyeast MIC=250 ug/ml	
CNS-Stimulant	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
CNS-Toxic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Candidicide MIC=250 ug/ml	
Choleretic	
FLavor FEMA<1	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	
Hepatoprotective	
Herbicide IC50=470 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Herbicide IC50=470 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Inhalant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Insect-Repellent	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	Rinzler, C. A. 1990. The Complete Book of Herbs, Spices and Condiments. Facts on File, New York. 199 pp.
Myorelaxant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Pesticide	
Sedative	Medline (post 1990 searches filed in my computer)
Tranquilizer	

BORNYL-ACETATE Leaf -- 470.0 -0.15 Kirimer, N., Ozek, T., and Baser, K.H.C. 1991. Composition of the Essential Oil of *Micromeria congesta*. J. Ess. Oil Res., 3: 387-393.

Activities (12)

(-)-Chronotropic 933 nl/ml	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
(-)-Inotropic 933 nl/ml	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Antibacterial	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antifeedant	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Antispasmodic ED50=0.09 mg/ml	Fitoterapia No.59-1984.
Antiviral	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Expectorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
FLavor FEMA 70-80	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Insectifuge	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
Myorelaxant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Pesticide	
Sedative	

CAMPHENE	Leaf	--	470.0	-0.02	Kirimer, N., Ozek, T., and Baser, K.H.C. 1991. Composition of the Essential Oil of <i>Micromeria congesta</i> . J. Ess. Oil Res., 3: 387-393.
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Activities (9)

Allelopathic	Wright, C.W. (Ed) 2002. Medicinal & Aromatic Plants-Industrial Profiles. <i>Artemisia</i> . 344pp. Maffei, M. (Ed) 2002. <i>Vetiveria</i> . The Genus <i>Vetiveria</i> . Taylor & Francis. NY, NY. 191pp. Southwell, I., Lowe, R. (Eds) 1999. <i>Tea Tree</i> . The Genus <i>Melaleuca</i> . Harwood Acad. Pub. Amsterdam, Netherlands.				
Antilithic?	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.				
Antioxidant	Jim Duke's personal files.				
Expectorant	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. <i>Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D)</i> , 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.				
FLavor FEMA 15-175	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry				
Hypocholesterolemic?	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.				
Insectifuge Pesticide	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.				
Spasmogenic	Fitoterapia No.59-1984.				

CIS-SABINENE-HYDRATE	Leaf	--	20.0	-0.31	Kirimer, N., Ozek, T., and Baser, K.H.C. 1991. Composition of the Essential Oil of <i>Micromeria congesta</i> . J. Ess. Oil Res., 3: 387-393.
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EO	Leaf	--	10000.0	-0.14	Kirimer, N., Ozek, T., and Baser, K.H.C. 1991. Composition of the Essential Oil of <i>Micromeria congesta</i> . J. Ess. Oil Res., 3: 387-393.
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GAMMA-TERPINENE	Leaf	--	230.0	0.07	Kirimer, N., Ozek, T., and Baser, K.H.C. 1991. Composition of the Essential Oil of <i>Micromeria congesta</i> . J. Ess. Oil Res., 3: 387-393.
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Activities (11)

ACE-Inhibitor 100 ug/ml (weak activity)					
Acaricide					
Aldose-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. <i>Toyama-Ken Yakuji Kenkyusho Nenpo</i> , (20): 95-101.				
Antiacylcholinesterase IC23=1.2 mM					
Antifeedant	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. <i>Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K)</i> , 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.				
Antioxidant	Jim Duke's personal files.				
FLavor FEMA 1-40	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry				
Insectifuge	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. <i>Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K)</i> , 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.				
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. <i>Compendium of Safety Data Sheets for Research and Industrial Chemicals</i> . VCH Publishers, New York. 3560-4253.				
Perfumery Pesticide	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry				

GERMACRENE	Leaf	--	210.0	1.41	Kirimer, N., Ozek, T., and Baser, K.H.C. 1991. Composition of the Essential Oil of <i>Micromeria congesta</i> . J. Ess. Oil Res., 3: 387-393.
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LIMONENE	Leaf	--	560.0	0.14	Kirimer, N., Ozek, T., and Baser, K.H.C. 1991. Composition of the Essential Oil of <i>Micromeria congesta</i> . J. Ess. Oil Res., 3: 387-393.
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Activities (60)

AChE-Inhibitor	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. & Physiol.</i> , 23, 1985, 383-8.
Acaricide LC100=8 uM	
Allelochemic	
Allergenic 1/20th carene	
Antiacetylcholinesterase IC22-26=1.2 mM	
Antiadenomic	
Antialzheimeran?	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. & Physiol.</i> , 23, 1985, 383-8.
Antiasthmatic	
Antibacterial	Revista Itiliana Eppos, 12: 5, 1994.
Anticancer	
Antiesophagitic	
Antifeedant	
Antiflu	Economic & Medicinal Plant Research, 5: 195.
Antiinflammatory	
Antilithic	
Antilymphomic	
Antimetastatic (Stomach)	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antiobesity	
Antiseptic	
Antispasmodic ED50=0.197 mg/ml	Fitoterapia No.59-1984.
Antitumor	
Antitumor (Breast)	
Antitumor (Colon)	
Antitumor (Pancreas)	
Antitumor (Prostate)	
Antitumor (Stomach)	
Antiviral	
Apoptotic	
Bronchoprotectant	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidistat	
Chemopreventive	
Cholesterolytic	
Detoxicant	
Enterocontractant	J. Aromatherapy 4: 22.
Expectorant	
FLavor	
Fungiphilic	J. Agric. Food Chem. 43: 2283.
Fungistat	
GST-Inducer	
Herbicide IC50=45 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Histaminic	
Immunomodulator	
Insecticide 0.37 uM/fly	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Interleukin-6-Inhibitor	
Irritant	
Lipolytic	
Myorelaxant 50 mg/kg	
NO-Genic	
Nematicide IC=100 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Ornithine-Decarboxylase-Inhibitor ~750 mg/kg (diet)	
Ozone-Scavenger	
P450-Inducer	
Peristaltic	
Pesticide	
Photosensitizer	Rinzler, C. A. 1990. The Complete Book of Herbs, Spices and Condiments. Facts on File, New York. 199 pp.
Sedative ED=1-32 mg/kg	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Transdermal	

LINALOL	Leaf	--	80.0	-0.4	Kirimer, N., Ozek, T., and Baser, K.H.C. 1991. Composition of the Essential Oil of <i>Micromeria congesta</i> . J. Ess. Oil Res., 3: 387-393.
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MYRCENE	Leaf	--	170.0	-0.11	Kirimer, N., Ozek, T., and Baser, K.H.C. 1991. Composition of the Essential Oil of <i>Micromeria congesta</i> . J. Ess. Oil Res., 3: 387-393.
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Activities (22)

ACE-Inhibitor 100 ug/ml

Aldose-Reductase-Inhibitor 100 ug/ml Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.

Allergenic

Analgesic Kauderer, B., Zamith, H., Paumgartten, F.J.R., and Speit, G. Evaluation of the Mutagenicity of B-Myrcene in Mammalian Cells In Vitro. Environmental and Molecular Mutagenesis 18: 28-34, 1991.

Antibacterial

Anticonvulsant

Antimutagenic Kauderer, B., Zamith, H., Paumgartten, F.J.R., and Speit, G. Evaluation of the Mutagenicity of B-Myrcene in Mammalian Cells In Vitro. Environmental and Molecular Mutagenesis 18: 28-34, 1991.

Antinitrosaminic

Antinociceptive 10-20 mg/kg ipr mus Rao, V.S.N., Menezes, A.M.S., Viana, G.S.B. 1990. Effect of myrcene on nociception in mice. J. Pharm. Pharmacol. 42: 877-878, 1990.

Antinociceptive 20-40 mg/kg scu mus Rao, V.S.N., Menezes, A.M.S., Viana, G.S.B. 1990. Effect of myrcene on nociception in mice. J. Pharm. Pharmacol. 42: 877-878, 1990.

Antioxidant Jim Duke's personal files.

Antispasmodic Jim Duke's personal files.

Chemopreventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

FLavor FEMA 0.5-9 Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry

Fungicide Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.

Hypothermic

Insectifuge

Irritant Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.

Myorelaxant 100-200 mg/kg

P450-2B1-Inhibitor IC50=0.14 uM

Perfumery Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Pesticide

NEROLIDOL	Leaf	--	1090.0	2.09	Kirimer, N., Ozek, T., and Baser, K.H.C. 1991. Composition of the Essential Oil of <i>Micromeria congesta</i> . J. Ess. Oil Res., 3: 387-393.
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Activities (11)

Aldose-Reductase-Inhibitor

Allergenic

Anti-acne

Antibacterial MIC=25-200 ug/ml Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against *Streptococcus mutans*. J. Agric. Food Chem. 41: 1102-1105.

Anticariogenic MIC=25-200 ug/ml Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against *Streptococcus mutans*. J. Agric. Food Chem. 41: 1102-1105.

Antifeedant 1 mM (diet) Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.

Antistreptococcal

FLavor FEMA 1-10 Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry

Nematicide MLC=1 mg/ml Shoyakugaku Zasshi, 44: 183.

Perfumery Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry

Pesticide

P-CYMENE	Leaf	--	50.0	-0.36	Kirimer, N., Ozek, T., and Baser, K.H.C. 1991. Composition of the Essential Oil of <i>Micromeria congesta</i> . J. Ess. Oil Res., 3: 387-393.
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Activities (16)

Analgesic	Martindale's 28th
Antiacetylcholinesterase IC40=1.2 mM	
Antibacillary	
Antibacterial	
Antiflu	
Antirheumatalgic	Martindale's 28th
Antiviral	
FLavor FEMA 12-250	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Herbicide IC50=50 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectifuge	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Laxative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Pesticide	
Sedative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Trichomonicide LD100=50 ug/ml	

SABINENE	Leaf	--	230.0	-0.11	Kirimer, N., Ozek, T., and Baser, K.H.C. 1991. Composition of the Essential Oil of <i>Micromeria congesta</i> . J. Ess. Oil Res., 3: 387-393.
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Activities (5)

Antibacterial	
Antihelicobacter	
Antiseptic	
Antiulcer	
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

TERPINEN-4-OL	Leaf	--	140.0	-0.26	Kirimer, N., Ozek, T., and Baser, K.H.C. 1991. Composition of the Essential Oil of <i>Micromeria congesta</i> . J. Ess. Oil Res., 3: 387-393.
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Activities (23)

Allelopathic	Wright, C.W. (Ed) 2002. Medicinal & Aromatic Plants - Industrial Profiles. Artemisia. 344pp. Maffei, M. (Ed) 2002. Vetiveria. The Genus Vetiveria. Taylor & Francis. NY, NY. 191pp. Southwell, J., Lowe, R. (Eds) 1999. Tea Tree. The Genus Melaleuca. Harwood Acad. Pub. Amsterdam, Netherlands.
Antiacetylcholinesterase IC21-24=1.2 mM	
Antiacne	
Antiallergic	
Antiasthmatic	Chin. J. Tuber. Respir. Dis., 4:203, 1982.
Antibacterial	
Antioxidant	
Antiseptic	Flav. & Frag. J. 9: 129.
Antispasmodic	
Antitussive	Chin. J. Tuber. Respir. Dis.
Antiulcer	
Bacteriostatic	Chin. J. Tuber. Respir. Dis.
Diuretic 0.1 ml/rat	
Fungicide	
Herbicide IC50=200 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Herbicide IC50=22 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectifuge	
Irritant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Pesticide	
Renoirritant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Spermicide ED100=0.015	
Vulnerary	Lawrence Review of Natural Products, Jan-91.

TERPINOLENE	Leaf	--	80.0	-0.13	Kirimer, N., Ozek, T., and Baser, K.H.C. 1991. Composition of the Essential Oil of <i>Micromeria congesta</i> . J. Ess. Oil Res., 3: 387-393.
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Activities (9)

Allelochemic	
Antifeedant	
Antinitrosaminic	
Antioxidant	
Deodorant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
FLavor FEMA 15-60	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Keeler, R.F. and Tu, A.T. eds. 1991. <i>Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6)</i> Marcel Dekker, Inc. NY. 665 pp.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	

TERPINYL-ACETATE	Leaf	--	190.0		Kirimer, N., Ozek, T., and Baser, K.H.C. 1991. Composition of the Essential Oil of <i>Micromeria congesta</i> . J. Ess. Oil Res., 3: 387-393.
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Activities (5)

Antibacterial	Revista Itiliana Eppos, 12: 5, 1994.
FLavor FEMA 1-260	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Insectifuge	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	

TRANS-SABINENE-HYDRATE	Leaf	--	35.0	0.69	Kirimer, N., Ozek, T., and Baser, K.H.C. 1991. Composition of the Essential Oil of <i>Micromeria congesta</i> . J. Ess. Oil Res., 3: 387-393.
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