

# List of All Chemicals

## P *Mentha arvensis var. piperascens* (Lamiaceae)

### Common name(s)

Cornmint; Japanese Mint; Field Mint

### How used

GRAS

\*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Chemical	Part All ▾	Low PPM	High PPM	StdDev	*Reference
(+)-1,2-EPOXYNEOMENTHYL-ACETATE	Leaf	--	5000.0		*
(+)-8-ACETOXY-CARVONE	Essential Oil	--	--		Jim Duke's personal files.
(+)-CARVONE	Essential Oil	--	--		Jim Duke's personal files.
<b>Activities (2)</b>					
Antialzheimeran?		L. Gracza (1985) as cited by Buchbauer re antiacetylcholinesterase.			
Anticholinesterase		L. Gracza (1985) as cited by Buchbauer re antiacetylcholinesterase.			
(+)-ISOMENTHONE	Leaf	240.0	7062.0	1.26	*
(+)-MENTHOFURAN	Leaf	--	32.0	-0.76	*
(+)-MENTHYL-ACETATE	Leaf	300.0	1900.0		*
(+)-NEOMENTHOL	Leaf	1100.0	2200.0	0.92	*
(+)-OCTAN-3-ONE	Leaf	9000.0	27000.0		*
(+)-PIPERITENONE	Leaf	400.0	700.0		*
(+)-PIPERITENONE-OXIDE	Leaf	--	2900.0	-1.07	*
<b>Activities (1)</b>					
Antiacylcholinesterase IC50=64 ug/ml					
(+)-PIPERITONE	Leaf	--	1400.0		*
(+)-PULEGONE	Plant	--	25455.0	1.0	*
<b>Activities (4)</b>					
Antiacylcholinesterase IC50=136 ug/ml					
Antiacylcholinesterase IC50=0.9 mM					
Irritant ZEB					
Perfumery ZEB					
(+)-PULEGONE	Leaf	1100.0	8400.0	1.64	*
<b>Activities (4)</b>					
Antiacylcholinesterase IC50=136 ug/ml					
Antiacylcholinesterase IC50=0.9 mM					
Irritant ZEB					
Perfumery ZEB					
(-)BORNEOL	Leaf	500.0	600.0		*

**Activities (3)**

Antiacetylcholinesterase IC38=164 ug/ml

Insect-Repellent

Pesticide

(-)CARVONE	Essential Oil	--	--	Jim Duke's personal files.		
(-)CARVONE	Leaf	--	7300.0	0.84	*	
(-)LIMONENE	Leaf	--	1600.0	0.67	*	
(-)LINALOOL	Leaf	3900.0	4000.0	0.74	*	
(-)LINALYL-ACETATE	Leaf	--	--	-1.0	*	
(-)MENTHOL	Leaf	1500.0	9600.0	-0.14	*	

**Activities (4)**

Antiacetylcholinesterase IC38=164 ug/ml

Antiacetylcholinesterase IC38=1.2 mM

Pesticide

Termiticide

Jacobson, M., *Glossary of Plant-Derived Insect Deterrents*, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

(-)MENTHOL-ACETATE	Leaf	10.0	32.0	*	
(-)MENTHONE	Leaf	500.0	4400.0	-0.41	*

**Activities (2)**

Antiacetylcholinesterase IC39=164 ug/ml

Antiacetylcholinesterase IC50=1.4 mM

(-)PIPERITENONE-OXIDE	Leaf	3330.0	10595.0	*	
(-)PIPERITONE	Leaf	240.0	7700.0	1.0	*

**Activities (1)**

Antiacetylcholinesterase IC50=136 ug/ml

1,8-CINEOLE	Leaf	--	--	Jim Duke's personal files.		
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**Activities (67)**(--)Chronotropic 87 nM/ml Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. *Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D)*, 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.(--)Inotropic 87 nM/ml Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. *Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D)*, 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.

Acaricide LC100=6 uM

Allelopathic

Allergenic

Anesthetic

Anthelmintic Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants*. Taylor & Frost, London. 791 pp.

Antiacetylcholinesterase IC50=41 ug/ml

Antiallergic J. Food Hyg. Soc. Jap. 33(6): 569.

Antibacterial 50 ppm

Antibronchitic

Anticariogenic

Anticatarrh Martindale's 29th

Anticholinesterase IC50=50-70

Antifatigue

Antihalitotic American Health, 12(4): 17, 1993.

Antiinflammatory

Antilaryngitic

Antinociceptive

Antipharyngitic

Antiplaque

Antirheumatic

Antirhinitic

Antiseptic

Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants*. Taylor & Frost, London. 791 pp.

Antisinusitic					
Antispasmodic					
Antistaphylococcc 50 ppm					
Antitussive					
Antiulcer					
CNS-Stimulant					
Candidicide					
Carcinogenic	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.				
Choleretic					
Convulsant					
Counterirritant	Martindale's 29th				
Cytochrome-P450-Inducer					
Decongestant					
Degranulant 0.3 ul/ml					
Dentifrice	Martindale's 29th				
Edemagenic inj					
Expectorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
FLavor FEMA 1-200	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Fungicide					
Gastroprotective					
Gram(+)icide					
Gram(-)icide					
Hepatotoxic					
Herbicide IC50=78 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.				
Hypotensive					
Inflammatory inj					
Insectifuge					
Irritant	Rinzler, C. A. 1990. The Complete Book of Herbs, Spices and Condiments. Facts on File, New York. 199 pp.				
Myorelaxant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.				
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.				
Neurotoxic					
P450-Inducer					
Pediculicide 2.3 x pyrethrin					
Perfume	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Pesticide					
Rubefacient	Martindale's 29th				
Secretogogue					
Sedative					
Spasmogenic					
Surfactant					
Testosterone-Hydroxylase-Inducer					
Transdermal					
Trichomonicide LD100=1,000 ug/ml					

1-P-MENTHEN-3-ONE	Plant	--	--		Guenther, E., The Essential Oils, 6 volumes, D. van Nostrand, New York, 1948-1952.
3',4',5,7-TETRAHYDROXY-FLAVONE-7-ALPHA-L-RHAMNOSYL-BETA-D-GLUCOSIDE	Shoot	--	--		Jim Duke's personal files.
3',5,7-TRIHYDROXY-4'-METHOXY-FLAVONE-O-BETA-D-GLUCOSIDE	Shoot	--	--		Jim Duke's personal files.
3(5',5'-DIMETHYL-TETRAHYDROFURAN-2'-YL)-BUT-CIS-2-EN-1-OL	Essential Oil	--	1.4	-0.71	Jim Duke's personal files.
3(5',5'-DIMETHYL-TETRAHYDROFURAN-2'-YL)-BUT-CIS-2-EN-1-OL	Plant	--	1.4	*	
3-METHYLPENTANOL	Plant	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

4',5,7-TRIHYDROXY-FLAVONE-7-ALPHA-L-RHAMNOSYL-BETA-D-GLUCOSIDE	Shoot	--	--	Jim Duke's personal files.
4',5,7-TRIHYDROXY-FLAVONE-O-BETA-D-GLUCOSIDE	Shoot	--	--	Jim Duke's personal files.
ACACETIN-7-O-BETA-D-GLUCOSIDE	Shoot	--	--	Jim Duke's personal files.
ACETIC-ACID	Plant	--	--	Guenther, E., The Essential Oils, 6 volumes, D. van Nostrand, New York, 1948-1952.

#### Activities (16)

Acidulant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.			
Antibacterial 5,000 ppm	Martindale's 28th			
Antiotic	Martindale's 28th			
Antisalmonella	Martindale's 28th			
Antivaginitic 1-2%	Martindale's 28th			
Expectorant	Martindale's 28th			
Fungicide	Martindale's 29th			
Keratitogenic	Martindale's 29th			
Mucolytic	Martindale's 29th			
Osteolytic	Martindale's 29th			
Perfumery FEMA 6,000-40,000 ppm	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry			
Pesticide	Martindale's 29th			
Protisticide	Martindale's 29th			
Spermicide	Martindale's 28th			
Ulcerogenic	HerbalGram No. 20, page 9.			
Verrucolytic				

ACETYLMENTHOL	Plant	--	--	Chemical Constituents of Oriental Herbs (3 diff. books)
ALPHA,BETA-HEXENIC-ACID	Plant	--	--	Guenther, E., The Essential Oils, 6 volumes, D. van Nostrand, New York, 1948-1952.
ALPHA,GAMMA-HEXENYL-PHENYL-ACETATE	Plant	--	--	Guenther, E., The Essential Oils, 6 volumes, D. van Nostrand, New York, 1948-1952.
ALPHA-PINENE	Plant	10.0	300.0	-0.27

## Activities (28)

Allelochemical					
Allergenic					
Antiacne					
Antibacterial					
Antifeedant					
Antiflu	Economic & Medicinal Plant Research, 5: 195.				
Antiinflammatory	500 mg/kg				
Antipneumonic					
Antiseptic					
Antispasmodic					
Antistaphylococcic					
Antiviral	Economic & Medicinal Plant Research, 5: 195.				
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Coleoptophile					
Expectorant	Michael Castleman 1991. The Healing Herbs. Rodale Press, Emmaus, PA 436 pp.				
FLavor FEMA 15-150	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Herbicide IC50=30 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.				
Insecticide 0.82 uM/fly					
Insectifuge 50 ppm					
Insectiphile	J. Stored. Prod. Res., 22:141, 1986.				
Irritant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
P450-2B1-Inhibitor IC50=0.087 uM					
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Pesticide					
Sedative	Lawrence Review of Natural Products, Jun-90.				
Spasmogenic					
Tranquilizer	Lawrence Review of Natural Products, Jun-90.				
Transdermal					

## ALPHA-THUJENE

Plant -- -- List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

## ANISALDEHYDE

Shoot -- -- Jim Duke's personal files.

## Activities (7)

Antimutagenic	Economic & Medicinal Plant Research, 6: 235.				
Fungicide					
Insecticide	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.				
Pesticide					
Tyrosinase-Inhibitor ID50=320 uM					
Tyrosinase-Inhibitor ID50=0.32 mM					
Tyrosinase-Inhibitor ID50=380-970 uM					

## BETA-CAR-3-ENE

Essential Oil -- -- Jim Duke's personal files.

## BETA-CARYOPHYLLENE

Leaf -- 700.0 0.01 \*

## BETA-PHELLANDRENE

Plant -- -- List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

## Activities (3)

Expectorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Fungicide	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.				
Perfumery	Merck 11th Edition				

## BETA-PINENE

Plant 10.0 1445.0 1.12 \*

**Activities (13)**

Allergenic	
Antiinflammatory	
Antiseptic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antispasmodic	
Candidicide	
FLavor FEMA 15-600	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Herbicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Spasmogenic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Transdermal	

BETA-PINENE

Leaf -- 800.0 0.75 \*

**Activities (13)**

Allergenic	
Antiinflammatory	
Antiseptic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antispasmodic	
Candidicide	
FLavor FEMA 15-600	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Herbicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Spasmogenic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Transdermal	

CALCIUM

Plant -- 13500.0 -0.01 Suzuki, A., Morimoto, I., and Okitsu, T., Elution of Metals from Crude Drugs, Shoykugaku Zasshi 36(3):190-195.

## Activities (28)

AntiPMS 1 g/day				
Antiallergic 500 mg/day				Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antianxiety				
Antiarrhythmic 500-1,500 mg				
Antiarthritic 1,000 mg/day				
Antiatherosclerotic 500 mg/day				Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticlimacteric 1,000-1,500 mg/day				
Antidepressant				Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Aluminum)				Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidote (Lead)				Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihyperkinetic				Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antihypertensive				Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiinsomniac				Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antimenopausal 1,000-1,500 mg/day				
Antiobesity				
Antiosteoporotic 500-2,000 mg/day				
Antiperiodontitic 750 mg/day				Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antirheumatic 1,000 mg/day				
Antistress 500-1,500 mg/day				
Antitic				Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anxiolytic 500-1,500 mg/day				
Calcium-Channel-Blocker				
Diuretic				
Hypocholesterolemic 500 mg/day				Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Hypotensive 1 g/day				Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Laxative 1,000-1,200 mg				
Tranquilizer 500-1,500 mg/day				
Vasodilator				

## CAMPHENENE

Plant -- -- Guenther, E., The Essential Oils, 6 volumes, D. van Nostrand, New York, 1948-1952.

## Activities (9)

Allelopathic	Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.
Antilithic?	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antioxidant	Jim Duke's personal files.
Expectorant	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
FLavor FEMA 15-175	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Hypocholesterolemic?	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Pesticide	
Spasmogenic	Fitoterapia No.59-1984.

## CAPROIC-ACID

Plant -- -- Guenther, E., The Essential Oils, 6 volumes, D. van Nostrand, New York, 1948-1952.

## Activities (1)

Irritant

## CARVOMENTHONE

Plant -- -- List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

## CARVONE

Leaf 8100.0 26000.0 5.05 \*

## Activities (19)

Allergenic

Antiacetylcholinesterase

IC50=1.4-1.8 mM

Antiproliferative

Antiseptic 1.5 x phenol Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)

CNS-Stimulant

Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Candidistat

Carminative Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. *J. Pharm. Pharmacol.* 46: 14-18, 1994.

FLavor FEMA 80-3,000 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Fungistat

Insecticide Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

Insectifuge Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

Motor-Depressant Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances, Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC

Nematicide MLC=1 mg/ml Shoyakugaku Zasshi, 44: 183.

Perfumery Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Pesticide

Sedative Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances, Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC

Trichomonicide LD100=300 ug/ml

Vermicide

## CARVONE

Essential Oil -- --

Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.

## Activities (19)

Allergenic

Antiacetylcholinesterase

IC50=1.4-1.8 mM

Antiproliferative

Antiseptic 1.5 x phenol Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)

CNS-Stimulant

Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Candidistat

Carminative Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. *J. Pharm. Pharmacol.* 46: 14-18, 1994.

FLavor FEMA 80-3,000 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Fungistat

Insecticide Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

Insectifuge Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

Motor-Depressant Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances, Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC

Nematicide MLC=1 mg/ml Shoyakugaku Zasshi, 44: 183.

Perfumery Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Pesticide

Sedative Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances, Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC

Trichomonicide LD100=300 ug/ml

Vermicide

## CARYOPHYLLENE

Plant -- --

Guenther, E., The Essential Oils, 6 volumes, D. van Nostrand, New York, 1948-1952.

### Activities (31)

Aldose-Reductase-Inhibitor					
Allergenic					
Analgesic	Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.				
Antiacne					
Antiasthmatic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.				
Antibacterial					
Anticariogenic MIC=>1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.				
Antidermatitic					
Antiedemic	Shimizu,*M., et al. 1990. Anti-inflammatory Constituents of Topically Applied Crude Drugs. IV.1) Constituents and Anti-inflammatory Effect of Paraguayan Crude Drug 'Alhucema' ( <i>Lavandula latifolia</i> Vill.)2). Chem. Pharm. Bull. 38(8): 2283-2284, 1990.				
Antifeedant 500 ppm	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.				
Antiinflammatory IC50=100 uM	Shimizu,*M., et al. 1990. Anti-inflammatory Constituents of Topically Applied Crude Drugs. IV.1) Constituents and Anti-inflammatory Effect of Paraguayan Crude Drug 'Alhucema' ( <i>Lavandula latifolia</i> Vill.)2). Chem. Pharm. Bull. 38(8): 2283-2284, 1990.				
Antileishmanic					
Antionychytic	Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.				
Antiproliferant					
Antispasmodic					
Antistaphylococcic					
Antistreptococcic					
Antitumor	Zheng, G-Q., Kenney, P.M., and Lam, L.K.T. Sesquiterpenes From Clove ( <i>Eugenia caryophyllata</i> ) As Potential Anticarcinogenic Agents. Journal of Natural Products 55(7): 999-1003, 1992.				
Antiulcer	Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.				
Candidicide					
FLavor FEMA 20-200	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Fungicide					
Gastroprotective	Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.				
Insectifuge					
Irritant	Zebowitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.				
Larvicide					
Mosquitocide					
Perfumery	Merck 11th Edition				
Pesticide					
Sedative					
Termitifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.				

### CHLOROPHYLL-A

Tissue Culture -- -- Jim Duke's personal files.

### CHLOROPHYLL-B

Tissue Culture -- -- Jim Duke's personal files.

### CINEOLE

Leaf 40.0 1785.0 -0.62 \*

### CIS-ISOPULEGONE

Leaf -- -- Jim Duke's personal files.

### CIS-OCIMENE

Essential Oil -- -- Jim Duke's personal files.

### Activities (3)

Antibacterial	Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.
Antistaphylococcic	Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.
Fungicide	Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.

### COPPER

Plant -- 20.0 0.66 Suzuki, A., Morimoto, I., and Okitsu, T., Elution of Metals from Crude Drugs, Shoykugaku Zasshi 36(3):190-195.

## Activities (12)

Antianemic	
Antiarthritic	
Antidiabetic 2-4 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antifatigue	
Antiinflammatory	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antinociceptive	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiosteoporotic	
Cardioprotective	
Contraceptive	Martindale's 28th
Hypocholesterolemic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Immunomodulator	
Schizophrenogenic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.

## D-3-OCTANOL

Plant -- -- Guenther, E., *The Essential Oils*, 6 volumes, D. van Nostrand, New York, 1948-1952.

## DIOSMETIN-7-O-BETA-D-GLUCOSIDE

Shoot -- -- Jim Duke's personal files.

## DL-ISOMENTHONE

Plant -- -- Guenther, E., *The Essential Oils*, 6 volumes, D. van Nostrand, New York, 1948-1952.

## EO

Plant -- -- Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.

## EO

Plant 10000.0 32100.0 1.7 \*

## ETHYL-AMYL-CARBINOL

Plant -- -- Guenther, E., *The Essential Oils*, 6 volumes, D. van Nostrand, New York, 1948-1952.

## EUGENOL

Essential Oil -- -- Jim Duke's personal files.

## Activities (76)

Acaricide LD50=5.47 ug/sq cm cf DEET at 37.59 ug/sq cm

Allergenic

Analgesic Merck 11th Edition

Anesthetic 200-400 Phytotherapy Research, 4: 93.

AntiTNF

Antiaggregant IC50=0.3 uM Phytotherapy Research, 4: 93.

Antiarachidonate

Antibacterial 500 ppm Valnet, J. 1982. *The Practice of Aromatherapy*. Translated from the 1980 French Edition by Robin Campbell and Libby Houston. Destiny Books, New York. 279 pp.

Antibacterial MBC=400 ug/ml

Anticonvulsant Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants*. Taylor & Frost, London. 791 pp.

Antiedemic 100 Phytotherapy Research, 4: 95.

Antiestrogenic

Antifeedant Jacobson, M., *Glossary of Plant-Derived Insect Deterrents*, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

Antigenotoxic 50-500 mg/kg oral mus

Antiherpetic IC50=16.2-25.6 ug/ml

Antiinflammatory (11 uM) IC~97=1,000 uM

Antikeratotic IC50=16.2-25.6 ug/ml

Antimitotic Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants*. Taylor & Frost, London. 791 pp.

Antimutagenic Economic & Medicinal Plant Research, 6: 235.

Antinitrosating

Antioxidant IC65=30 ppm

Antioxidant 10 uM

Antiprostaglandin 11 uM

Antiprostaglandin IC50=9.2 mM

Antipyretic 3 ml/man/day

Antiradicular EC50=2 ul/l

Antisalmonella MIC=400 ug/ml

Antiseptic 3 ml/man/day

Antiseptic 400 ug/ml	
Antispasmodic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antistaphylococcal	Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis,NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.
Antithromboxane	Lawrence Review of Natural Products, Jul-87.
Antitumor	Zheng, G.Q., Kenney, P.M., and Lam, L.K.T. Sesquiterpenes From Clove ( <i>Eugenia caryophyllata</i> ) As Potential Anticarcinogenic Agents. Journal of Natural Products 55(7): 999-1003, 1992.
Antiulcer	
Antiviral IC50=16.2-25.6 ug/ml	
Apifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
CNS-Depressant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, Londón. 791 pp.
COX-1-Inhibitor IC97=1,000 uM	
COX-2-Inhibitor IC>97=1,000 uM	
COX-2-Inhibitor IC50=129 uM	
Calcium-Antagonist IC50=224 uM	
Calcium-Antagonist IC50=200 uM gpg	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	Phytotherapy Research, 4: 93.
Carcinogenic?	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Carminative	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.
Choleretic	
Cytochrome-P450-Inhibitor	Pizzorno, J. 1998. Total Wellness. Prima Health, a division of Prima.
Cytotoxic 25 ug/ml	Phytotherapy Research, 4: 93.
Dermatitigenic	
Enterorelaxant	J. Aromatherapy 4: 22.
FLavor FEMA 10-500	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	
Hepatoprotective 100 ppm	
Herbicide	
Insecticide	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	
Juvabional	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Larvicide	
Motor-Depressant	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Nematicide MLC=2,000 ug/ml	Shoyakugaku Zasshi, 44: 183.
Neurotoxic	R.J. Hixtable (Huxtable, R.J. (as T. Max), 1992. This and That:The Essential Pharmacology of Herbs and Spices. Tips 13:15-20 Huxtable, R.J. 1992b. The Myth of Benificent Nature. The Risk of Herbal Preparations. Anns. Intern. Méd. 117(2):165-6; Huxtable, R.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Prostaglandin-Synthesis-Inhibitor 1 mM rbt	Chen, S. J., Wang, M. H., Chen, I. J. 1996. Antiplatelet and Calcium Inhibitory Properties of Eugenol and Sodium Eugenol Acetate. Gen Pharmacol, 27(4): 629-633.
Prostaglandin-Synthesis-Inhibitor IC50=9.2 uM	
Sedative	
Termiticide LD100=5 mg/g	
Trichomonicide LD100=300 ug/ml	
Trichomonistat IC50=10 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Trypsin-Enhancer	Lawrence Review of Natural Products, Dec-93.
Ulcerogenic	Phytotherapy Research, 4: 93.
Varroacide	
Vasodilator	
Vermifuge	

FORMIC-ACID	Plant	--	--	Guenther, E., The Essential Oils, 6 volumes, D. van Nostrand, New York, 1948-1952.
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**Activities (13)**

Acaricide	
Antiseptic	
Antisyncopic	
Astringent	Merck 11th Edition
Corrosive	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Counterirritant	Merck 11th Edition
FLavor FEMA 500-2,500	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungistat	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Fungitoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Irritant	
Pesticide	
Preservative	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Toxic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

## FURFURAL

Plant      2.0      5.0      -0.5      Guenther, E., The Essential Oils, 6 volumes, D. van Nostrand, New York, 1948-1952.

**Activities (6)**

Antiseptic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
FLavor FEMA 1-30	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	
Insecticide	
Irritant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Pesticide	

## GAMMA-TERPINENE

Leaf      --      900.0      1.36      \*

**Activities (11)**

ACE-Inhibitor 100 ug/ml (weak activity)	
Acaricide	
Aldose-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.
Antiacylcholinesterase IC23=1.2 mM	
Antifeedant	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
Antioxidant	Jim Duke's personal files.
FLavor FEMA 1-40	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Insectifuge	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	

## GAMMA-TERPINENE

Essential -- -- Jim Duke's personal files.  
Oil

**Activities (11)**

ACE-Inhibitor 100 ug/ml (weak activity)	
Acaricide	
Aldose-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.
Antiacylcholinesterase IC23=1.2 mM	
Antifeedant	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
Antioxidant	Jim Duke's personal files.
FLavor FEMA 1-40	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Insectifuge	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	

**Activities (2)**

Pesticide  
Pheromone

## GERMACRENE-D

Essential Oil -- -- Jim Duke's personal files.

**Activities (2)**

Pesticide  
Pheromone

## HESPERIDIN

Plant -- -- List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

**Activities (31)**

Analgesic  
Anti-LDL  
AntiDNA  
AntiRNA  
Antiallergenic Yakugaku Zasshi, 111: 193, 1991.  
Antibradykinic Economic & Medicinal Plant Research, 5: 366.  
Anticapillary-Fragility  
Antiflu Economic & Medicinal Plant Research, 5: 197.  
Antihistaminic  
Antiinflammatory Da Silva Emim, J.A., Oliveira, A.B. and Lapa, A.J. Pharmacological Evaluation of the Anti-inflammatory Activity of a Citrus Bioflavonoid, Hesperidin, IC47=50 mg/kg scu and the Isoflavonoids, Duartin and Claussequinone, in Rats and Mice. *J. Pharm. Pharmacol.* 46:118-122,1994  
Antiinflammatory Da Silva Emim, J.A., Oliveira, A.B. and Lapa, A.J. Pharmacological Evaluation of the Anti-inflammatory Activity of a Citrus Bioflavonoid, Hesperidin, IC63=100 mg/kg scu and the Isoflavonoids, Duartin and Claussequinone, in Rats and Mice. *J. Pharm. Pharmacol.* 46:118-122,1994  
Antileukotriene  
Antioxidant IC50=8 ppm Phytochemistry, 37: 1463.  
Antiprostaglandin  
Antistomatitic  
Antitriglyceride  
Antiuclcer 100-150 mg/kg ipr  
Antivaccinia Economic & Medicinal Plant Research, 5: 197.  
Antiviral Vlietinck, A.J. and Dommisse, R.A. eds. 1985. Advances in Medicinal Plant Research. Wiss. Verlag. Stuttgart.  
  
Anxiolytic  
CNS-Depressant 100-150 mg/kg ipr  
Calcium-Antagonist IC50=1.2 uM rbt  
Capillariprotective Martindale's 29th  
Catabolic  
Choleretic  
Cyclooxygenase-Inhibitor  
Hypolipidemic  
Lipoxygenase-Inhibitor  
Pesticide  
ProHDL  
Vasopressor

## IRON

Plant -- 400.0 -0.27 Suzuki, A., Morimoto, I., and Okitsu, T., Elution of Metals from Crude Drugs, *Shoykugaku Zasshi* 36(3):190-195.

**Activities (6)**

Antiakathisic Martindale's 29th  
Antianemic Martindale's 29th  
Anticanker  
Anticheilitic Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.  
Antimenorrhagic 100 mg/day/wmn/orl Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).  
Prooxidant

ISOMENTHOL		Essential Oil	--	--	Jim Duke's personal files.
<b>Activities (1)</b>					
Antiacylcholinesterase IC29=1.2 mM					
ISOMENTHONE	Leaf	300.0	600.0	-0.48	*
<b>Activities (3)</b>					
Antiacylcholinesterase IC50=1.6 mM					
Antioxidant					
Antiradicular					
ISOPULEGOL		Essential Oil	--	--	Jim Duke's personal files.
<b>Activities (3)</b>					
Antiacylcholinesterase IC50=2.0 mM					
FLavor FEMA 5-30					Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Perfumery					Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
ISOPULEGONE	Leaf	240.0	770.0	-1.41	*
<b>Activities (4)</b>					
FLavor FEMA 5-15					Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Hepatotoxic					
Perfumery					Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pulmonotoxic					
ISOVALERALDEHYDE	Plant	--	--		Guenther, E., The Essential Oils, 6 volumes, D. van Nostrand, New York, 1948-1952.
<b>Activities (1)</b>					
FLavor FEMA 0.5-5					Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
ISOVALERIC-ACID	Plant	30.0	90.0	1.0	Guenther, E., The Essential Oils, 6 volumes, D. van Nostrand, New York, 1948-1952.
<b>Activities (5)</b>					
FLavor FEMA 1-16					Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Irritant	Zeebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.				
Perfumery	Merck 11th Edition				
Sedative					
Tranquilizer	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.				
KETONES	Plant	336.0	1008.0		Guenther, E., The Essential Oils, 6 volumes, D. van Nostrand, New York, 1948-1952.
L-MENTHOL	Plant	373.0	29515.0	*	
<b>Activities (3)</b>					
Antiacylcholinesterase IC38=164 ug/ml					
FLavor FEMA 35-1,200					Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Perfumery 5,000-25,000					Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
L-MENTHYL-ACETATE	Plant	85.0	4815.0	*	
<b>Activities (2)</b>					
FLavor FEMA 5-25					Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Perfumery					Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
LIMONENE	Leaf	20.0	3520.0	3.26	*

## Activities (60)

AChE-Inhibitor	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. &amp; Physiol.</i> , 23, 1985, 383-8.
Acaricide LC100=8 uM	
Allelochemical	
Allergenic 1/20th carene	
Antiacetylcholinesterase IC22-26=1.2 mM	
Antiadenomic	
Antialzheimeran?	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. &amp; Physiol.</i> , 23, 1985, 383-8.
Antiasthmatic	
Antibacterial	Revista Itiliana Eppos, 12: 5, 1994.
Anticancer	
Antiesophagitic	
Antifeedant	
Antiflu	Economic & Medicinal Plant Research, 5: 195.
Antiinflammatory	
Antilithic	
Antilymphomtic	
Antimetastatic (Stomach)	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antiobesity	
Antiseptic	
Antispasmodic ED50=0.197 mg/ml	Fitoterapia No.59-1984.
Antitumor	
Antitumor (Breast)	
Antitumor (Colon)	
Antitumor (Pancreas)	
Antitumor (Prostate)	
Antitumor (Stomach)	
Antiviral	
Apoptotic	
Bronchoprotectant	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidstat	
Chemopreventive	
Cholesterolytic	
Detoxicant	
Enterococontractant	J. Aromatherapy 4: 22.
Expectorant	
FLavor	
Fungiphilic	J. Agric. Food Chem. 43: 2283.
Fungistat	
GST-Inducer	
Herbicide IC50=45 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Histaminic	
Immunomodulator	
Insecticide 0.37 uM/fly	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Interleukin-6-Inhibitor	
Irritant	
Lipolytic	
Myorelaxant 50 mg/kg	
NO-Genic	
Nematicide IC=100 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Ornithine-Decarboxylase-Inhibitor ~750 mg/kg (diet)	
Ozone-Scavenger	
P450-Inducer	
Peristaltic	
Pesticide	
Photosensitizer	Rinzler, C. A. 1990. The Complete Book of Herbs, Spices and Condiments. Facts on File, New York. 199 pp.
Sedative ED=1-32 mg/kg	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Transdermal	

LINALOL	Leaf	--	--	Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.
LINALOL-ACETATE	Leaf	690.0	2215.0	Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.
LINALOOL	Leaf	--	--	Jim Duke's personal files.

**Activities (53)**

Acaricide C90=<15 ul/l (= <15 ppm	
Allergenic	
Analgesic	
Anesthetic 0.01-1 ug/ml	
Antiacylcholinesterase	
Antiallergic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antianaphylactic	
Antibacterial MIC=1,600 ug/ml	
Anticariogenic MIC=1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against <i>Streptococcus mutans</i> . <i>J. Agric. Food Chem.</i> 41: 1102-1105.
Anticolic	
Anticonvulsant 200 mg/kg ipr mus	
Antiedemic	
Antiglutamaergic	
Antihistaminic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antiinflammatory	
Antileukemic IC50=3.5-4.2 ug/ml	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med.</i> 31(1):37-46.
Antilymphomeric IC50=3.5-4.2 ug/ml	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med.</i> 31(1):37-46.
Antimange	
Antimite	
Antimutagenic	
Antiseptic 5 x phenol	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Antishock	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antispasmodic	Buchbauer, G., Jirovetz*, L., Nikiforov, A., Remberg, G., Raverdino, V. 1989. Headspace-Analysis and Aroma Compounds of Austrian Hay-Blossoms ( <i>Flores Graminis, Graminis Flos</i> ) used in Aromatherapy. <i>J. Ess. Oil Res.</i> , 2: 185-191, 1990.
Antiviral	
Barbituate-Synergist	
Bronchorelaxant	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
CNS-Depressant	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidstat	
Carminative	
Culicide LC50=156-194 mg/l	
Cytotoxic	
Expectorant	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
FLavor FEMA 2-40	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Acta Botanica Sinica, 32: 49.
GABA-nergic	
Hypnotic	
Hypothermic	
Insecticide LC50=156-194 mg/l	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	Zebowitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Larvicide LC50=156-194 mg/l	
Mosquitofuge > Deet	
Motor-Depressant	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Perfumery	Merck 11th Edition
Pesticide	
Prooxidant	Charalambous, G. (Ed.). 1994. Spices, Herbs and Edible Fungi. Elsevier Science B. V. Amsterdam. 764 pp.
Sedative ED=1-32 mg/kg	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Sedative 200 mg/kg ipr mus (1% as active as diazepam)	
Termitifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Trichomonicide LD100=600 ug/ml	
Tumor-Promoter	

LINALOOL-ACETATE

Leaf

690.0

2215.0

\*

LUTEOLIN

Shoot

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Jim Duke's personal files.

**Activities (78)**

Aldose-Reductase-Inhibitor EC=3 ppm	Shin*, K.H., Chung, M.S., Chae, Y.J., Yoon, K.Y., Cho, T.S. 1992. A survey for aldose reductase inhibition of herbal medicines. <i>Fitoterapia</i> 64(2): 130, 1993.
Aldose-Reductase-Inhibitor IC50=0.45 uM rat	
AntiHIV	
Antiallergic	
Antiangiogenic IC60-75=10 <sup>7</sup> uM	
Antiatherogenic	
Antibacterial MIC=500 ug/ml	<i>Planta Medica</i> , 57: A43, 1991.
Anticarcinogenic	
Anticarcinomic	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Anticataract EC=3 ppm	Shin*, K.H., Chung, M.S., Chae, Y.J., Yoon, K.Y., Cho, T.S. 1992. A survey for aldose reductase inhibition of herbal medicines. <i>Fitoterapia</i> 64(2): 130, 1993.
Anticomplementary	
Antidermotic	Bisset, N.G., ed. 1994. <i>Herbal Drugs and Phytopharmaceuticals</i> . CRC Press. Boca Raton, FL. 566 pp.
Antiestrogenic	
Antifeedant IC52=<1,000 ppm diet	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices &amp; Medicinal Plants: Recent Advances in Botany, Horticulture, &amp; Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.
Antiherpetic 11-23 ug/ml	
Antihistaminic <10-15 uM	
Antiinflammatory #NAME?	Wichtl, M. 1984. <i>Teedrogen. Ein Handbuch fur Apotheker und Arzte</i> . Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
Antileukemic 20-50 uM	
Antilymphomeric	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antimelanomic	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antimutagenic ID50=2-5 nM	
Antimutagenic ID50=0.44 ug/ml	
Antinociceptive	
Antioxidant IC50=10 uM	
Antipolio	<i>Economic &amp; Medicinal Plant Research</i> , 5: 197.
Antiproliferant	
Antispasmodic	Williamson, E. M. and Evans, F. J., <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Antitumor 1-50 uM	
Antitumor (Colon)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antitumor (Kidney)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antitumor (Lung)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antitumor (Ovary)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antitumor (Pancreas)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antitumor (Skin) 20 uM	
Antitumor (Stomach)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antitumor (Thyroid) 12-50 uM	
Antitumor (brain)	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med</i> , 31(1):37-46.
Antitussive	
Antiviral 11-23 ug/ml	
Aphidifuge	
Apoptotic 12-50 uM	
Aromatase-Inhibitor IC35=1 uM/l	<i>Journal of Medicinal Food</i> 2: 235.1999.
Beta-Glucuronidase-Inhibitor IC50=~40 uM	
Calcium-Antagonist IC50=1.2 uM rbt	
Cancer-Preventive	
Chemopreventive	
Choleretic	
Cytotoxic 1-50 uM	
Deiodinase-Inhibitor	Jim Duke's personal files.
Differentiator IC>40=40 uM	
Diuretic	Jim Duke's personal files.
Estrogenic 58% genistein	
Hepatoprotective	

Hyaluronidase-Inhibitor	
IC50+=100-250 uM	
Hypocholesterolemic	
ICAM-1-Inhibitor	
IKK-Inhibitor	
Iodothyronine-Deiodinase-Inhibitor	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Lipoxygenase-Inhibitor	
MAPK-Inhibitor	
MMP-9-Inhibitor 20 uM	
Metalloproteinase-Inhibitor	
Myorelaxant	
NEP-Inhibitor IC50=>42 uM	
NF-kB-Inhibitor	
NO-Inhibitor	
PTK-Inhibitor 10-100 uM	
Pesticide	
Proliferant	
Prostaglandin-Synthetase-Inhibitor	
Protein-Kinase-C-Inhibitor	
IC70=50 uM	
Succinoxidase-Inhibitor	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
TNF-alpha-Inhibitor IC50=14.44 uM	
Topoisomerase-I-Inhibitor	Santti, R., Makela, S., Strauss, L., Korman, J., Kostian, M. L. 1998. Phytoestrogens: Potential Endocrine Disruptors in Males. <i>Toxicol Ind Health</i> , 14: 223-237.
VEGF-Inhibitor IC50=2-7 uM	
Vasodilator	
Xanthine-Oxidase-Inhibitor IC50=0.11 ug/ml	Chem. & Pharm. Bull. 38: 1772.
iNOS-Inhibitor	

MAGNESIUM	Plant	--	2830.0	-0.38	Suzuki, A., Morimoto, I., and Okitsu, T., Elution of Metals from Crude Drugs, <i>Shoykugaku Zasshi</i> 36(3):190-195.
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#### Activities (65)

AntiCFS	
AntiLyme 400-1,000 mg	
AntiMS	
AntiPMS 400-800 mg/day/wmn/orl	
AntiPMS 400-800 mg/day/wmn orl	
AntiRaynaud's 280-350 mg/day	
Antiaggregant 400 mg/day	
Antialcoholic	
Antianginal 400 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antianorectic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antianxiety 400 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiarrhythmic 400 mg/day	
Antiarthritic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antiasthmatic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiatherosclerotic 400 mg/day	
Anticephalagic	
Anticlimacteric 500-750 mg/day	
Anticonvulsant	Facciola, S. 1998. <i>Cornucopia - A Source Book of Edible Plants</i> . Kampong Publications, Vista CA. 713 pp.
Anticorony 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reverse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antidepressant	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antidiabetic 400-800 mg/man/day	
Antidysmenorrheic 100 mg 4 x/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antijendometriotic 500 mg/day	
Antienteric	
Antiepileptic 450 mg/day	
Antifatigue	
Antifibromyalgic 200-300 mg 3x/day	

Antigastric	
Antiglaucomic	
Antihyperkinetic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antihypertensive	
Antihypoglycemic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antiinflammatory 100 mg 4 x/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiinsomniac	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antilithic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimastalgic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimenopausal 500-750 mg/day	
Antimigraine 200 mg/day/man	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antimiral-valve-prolapse	
Antinephrolytic	
Antineurotic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antosteoporotic 500-1,000 mg/day/wmn/orl	
Antiplaque 500-1,000 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reservse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antispasmodic	
Antispasmophilic 500 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antistress 500-750 mg/day	
Antistroke 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reservse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antisyndrome-X 400 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reservse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Anxiolytic 500-750 mg/day	
CNS-Depressant	Facciola, S. 1998. <i>Cornucopia - A Source Book of Edible Plants</i> . Kampong Publications, Vista CA. 713 pp.
Calcium-Antagonist	
Cardioprotective	
Diuretic	
Hypocholesterolemic 400 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Hypotensive 260-500 mg/day	
Immunomodulator	
Insulinogenic 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reservse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Laxative 300-500 mg/day	
Litholytic	
Myorelaxant 100 mg 4 x/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Neurotransmitter	
Tranquilizer 500-750 mg/day	
Uterorelaxant 100 mg 4 x/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Vasodilator	

MANGANESE Plant -- 44.0 -0.38 Suzuki, A., Morimoto, I., and Okitsu, T., Elution of Metals from Crude Drugs, *Shoykugaku Zasshi* 36(3):190-195.

#### Activities (14)

AntiPMS	
Antialcoholic	Forest H. Nielsen, USDA, Grand Forks, various publications.
Antianemic	Martindale's 28th
Antiarthritic	
Antidiabetic 3-5 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antidiabetic 10-30 mg/man/day	
Antidiscotic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antidyskinetic	Martindale's 28th
Antiepileptic 450 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiosteoporotic	
Antitotic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antioxidant	
Antisyndrome-X 10-30 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reservse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Hypoglycemic 10-30 mg/man/day	

MENTHOFURAN Plant 4200.0 12600.0 1.69 \*

**Activities (5)**

Calcium-Antagonist IC50=441 uM gpg (weak activity)	
Hepatotoxic	Lawrence Review of Natural Products, Jan-92.
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Pesticide	
Pulmonotoxic	De Smet, P.A.G.M., Keller, K., Hansel, R. and Chandler, R.F., eds. 1993. Adverse Effects of Herbal Drugs 2. Springer-Verlag, Berlin. 348pp.

**MENTHOFUROLACTONE**

Plant -- -- List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

**MENTHOL**

Leaf 1000.0 24385.0 2.22 \*

**Activities (63)**

Allergenic	Martindale's 29th
Analgesic	Martindale's 28th
Anesthetic 2,000 ppm	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Antiacetylcholinesterase IC50=2.0 mM	
Antiaggregant IC50=750	
Antiallergic	<i>J. Food Hyg. Soc. Jap.</i> 33(6): 569.
Antiasthmatic	Mills, Simon and Bone, Kerry. 2000. <i>Phytotherapy</i> . Churchill Livingston, Edinburgh.
Antibacillus MIC=1.25 mg/ml	
Antibacterial MIC=0.625-2.5	
Antibronchitic	Martindale's 28th
Antidandruff	A.L.L. Hunting. <i>Encyclopedia of Shampoo Ingredients</i> . Micelle Press, Cranford NJ. 467 pp.
Antiescherichic MIC=1.25 mg/ml	
Antihalitotic	American Health, 12(4): 17, 1993.
Antihistaminic	<i>J. Food Hyg. Soc. Jap.</i> 33(6): 569.
Antiinflammatory	Martindale's 28th
Antilisteria MIC=0.625 mg/ml	
Antineuralgic	
Antiodontalgic	Martindale's 28th
Antipruritic	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Antipyretic	
Antirheumatic	Martindale's 28th
Antisalmonella MIC=0.625 mg/ml	
Antiseptic 4 x phenol	Wagner & Wolff, eds. 1977. <i>New Natural Products</i> (RS164. I56. 176)
Antisinusitic	Martindale's 28th
Antispasmodic ED50=0.01 mg/ml	Fitoterapia No.59-1984.
Antistaphylococcal MIC=0.625 mg/ml	
Antistreptococcal MIC=0.4 mg/ml	
Antitaratar	
Antivaginitic	
Antivulvitic	
Bradycardic 65 mg/3 x day/woman	Martindale's 28th
Bronchomucolytic	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 200.
Bronchomucotropic	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Bronchorrheic	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 200.
CNS-Depressant	
CNS-Stimulant	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Calcium-Antagonist	
Candidicide MIC=0.625 mg/ml	
Carminative	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Choleretic	
Ciliotoxic	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
Congestant	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.

Convulsant	R.J. Hixtable (Huxtable, R.J. (as T. Max), 1992. This and That: The Essential Pharmacology of Herbs and Spices. Tips 13:15-20 Huxtable, R.J. 1992b. The Myth of Benign Nature. The Risk of Herbal Preparations. Ann. Intern. Med. 117(2):165-6; Huxtable, R.
Counterirritant	
Decongestant? 11 mg/mán	Eccles, R., et al. 1989. The effects of oral administration of (-)-menthol on nasal resistance to airflow and nasal sensation of airflow in subjects suffering from nasal congestion associated with the common cold. J. Pharm. Pharmacol. 42: 652-654, 1990.
Dermatitogenic	
Diaphoretic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Enterorelaxant	J. Aromatherapy 4: 22.
Expectorant	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.
Gastrosedative	Merck 11th Edition
Irritant	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.
Myorelaxant	Martindale's 29th
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Neurodepressant	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.
Neuropathogenic 40-100 mg/day/rat	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.
Nociceptive	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.
Perfumery	Merck 11th Edition
Pesticide	
Refrigerant	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.
Rubefacient	
Termiticide	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Transdermal	
Vibriocide	

MENTHOL-ACETATE	Leaf	60.0	2215.0	1.0	*
MENTHONE	Plant	71.0	24000.0	3.41	*

## Activities (30)

Acaricide	
Allelopathic	
Analgesic	
Antiacyetylcholinesterase IC50=1.4 mM	
Antiaggregant IC50=750	
Antiallergic	J. Food Hyg. Soc. Jap. 33(6): 569.
Antibacillary MIC=1.25 mg/ml	
Antibacterial MIC=0.625-5 mg/ml	
Antiescherichic MIC=5 mg/ml	
Antihistaminic	J. Food Hyg. Soc. Jap. 33(6): 569.
Antilisteria MIC=1.25 mg/ml	
Antisalmonella MIC=5 mg/ml	
Antiseptic 2.25 x phenol	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Antispasmodic ED50=0.044 mg/ml	Fitoterapia No.59-1984.
Antistaphylococcic MIC=0.625-2.5 mg/ml	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide MIC=2.5 mg/ml	
Cerebrotoxic orl man	J. Aromatherapy 4: 24.
Culicide LC50=156-194 mg/l	
FLavor FEMA 5-50	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	
Insecticide LC50=156- 194 mg/l	
Larvicide LC50=156-194 mg/l	
Mutagenic	
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, Londón. 791 pp.
Pesticide	
Psychoactive	
Sedative	Ortiz de Urbina, A.V., Martin*, M.L., Montero, M.J., Moran, A., and San Roman, L. 1988. Sedating and Antipyretic Activity of the Essential Oil of Calamintha sylvatica subsp. Ascendens. Journal of Ethnopharmacology, 25: 165-171, 1989.
Trichomonicide LD100=600 ug/ml	

MENTHONE	Leaf	250.0	25680.0	2.61	*
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## Activities (30)

Acaricide	
Allelopathic	
Analgesic	
Antiacetylcholinesterase IC50=1.4 mM	
Antiaggregant IC50=750	
Antiallergic	J. Food Hyg. Soc. Jap. 33(6): 569.
Antibacillary MIC=1.25 mg/ml	
Antibacterial MIC=0.625-5 mg/ml	
Antiescherichic MIC=5 mg/ml	
Antihistaminic	J. Food Hyg. Soc. Jap. 33(6): 569.
Antilisteria MIC=1.25 mg/ml	
Antisalmonella MIC=5 mg/ml	
Antiseptic 2.25 x phenol	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Antispasmodic ED50=0.044 mg/ml	Fitoterapia No.59-1984.
Antistaphylococcic MIC=0.625-2.5 mg/ml	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide MIC=2.5 mg/ml	
Cerebrotoxic orl man	J. Aromatherapy 4: 24.
Culicide LC50=156-194 mg/l	
FLavor FEMA 5-50	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	
Insecticide LC50=156- 194 mg/l	
Larvicide LC50=156-194 mg/l	
Mutagenic	
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, Londón. 791 pp.
Pesticide	
Psychoactive	
Sedative	Ortiz de Urbina, A.V., Martin*, M.L., Montero, M.J., Moran, A., and San Roman, L. 1988. Sedating and Antipyretic Activity of the Essential Oil of Calamintha sylvatica subsp. Ascendens. Journal of Ethnopharmacology, 25: 165-171, 1989.
Trichomonicide LD100=600 ug/ml	

MENTHONONE	Plant	--	--	Chemical Constituents of Oriental Herbs (3 diff. books)		
MYRCENE	Leaf	10.0	2485.0	0.72	*	

## Activities (22)

ACE-Inhibitor 100 ug/ml	
Aldose-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.
Allergenic	
Analgesic	Kauderer, B., Zamith, H., Paumgartten, F.J.R., and Speit, G. Evaluation of the Mutagenicity of B-Myrcene in Mammalian Cells In Vitro. Environmental and Molecular Mutagenesis 18: 28-34, 1991.
Antibacterial	
Anticonvulsant	
Antimutagenic	Kauderer, B., Zamith, H., Paumgartten, F.J.R., and Speit, G. Evaluation of the Mutagenicity of B-Myrcene in Mammalian Cells In Vitro. Environmental and Molecular Mutagenesis 18: 28-34, 1991.
Antinitrosaminic	
Antinociceptive 10-20 mg/kg ipr mus	Rao, V.S.N., Menezes, A.M.S., Viana, G.S.B. 1990. Effect of myrcene on nociception in mice. J. Pharm. Pharmacol. 42: 877-878, 1990.
Antinociceptive 20-40 mg/kg scu mus	Rao, V.S.N., Menezes, A.M.S., Viana, G.S.B. 1990. Effect of myrcene on nociception in mice. J. Pharm. Pharmacol. 42: 877-878, 1990.
Antioxidant	Jim Duke's personal files.
Antispasmodic	Jim Duke's personal files.
Chemopreventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
FLavor FEMA 0.5-9	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Hypothermic	
Insectifuge	
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Myorelaxant 100-200 mg/kg	
P450-2B1-Inhibitor IC50=0.14 uM	
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, Londón. 791 pp.
Pesticide	

## NEOISOMENTHOL

Essential Oil -- -- Jim Duke's personal files.

## NEOISOPULEGONE

Essential Oil -- -- Jim Duke's personal files.

## OCTAN-3-OL

Leaf -- 10200.0 2.44 \*

## P-CYMENE

Leaf 9.0 29.0 -0.38 \*

## Activities (16)

Analgesic	Martindale's 28th
Antiacyetylcholinesterase IC40=1.2 mM	
Antibacillary	
Antibacterial	
Antiflu	
Antirheumatalgic	Martindale's 28th
Antiviral	
FLavor FEMA 12-250	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Herbicide IC50=50 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectifuge	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Laxative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Pesticide	
Sedative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Trichomonicide LD100=50 ug/ml	

## P-CYMOL

Leaf 562.0 1800.0 0.16 \*

## P-MENTHAN-TRANS-2,5-DIOL

Plant -- -- List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

## PIPERITENONE

Plant -- -- Chemical Constituents of Oriental Herbs (3 diff. books)



## Activities (28)

AChE-Inhibitor	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. &amp; Physiol.</i> , 23, 1985, 383-8.
Antiacytcholinesterase IC50=0.9 mM	
Antiacytcholinesterase IC50=136 ug/ml	
Antialzheimeran?	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. &amp; Physiol.</i> , 23, 1985, 383-8.
Antibacterial	Economou, D., and Nahrstedt, A. 1991. Chemical, Physiological, and Toxicological Aspects of the Essential Oil of Some Species of the Genus <i>Bystropogon</i> *. <i>Planta Medica</i> , 57: 347, 1991.
Anticholinesterase	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. &amp; Physiol.</i> , 23, 1985, 383-8.
Antihistaminic	Ortiz De Urbina, A.V., Martin, M.L., Montero, M.J., Carron, R., Sevilla, M.A., San Roman, L. 1989. Antihistaminic activity of pulegone on the guinea-pig ileum. <i>J. Pharm. Pharmacol.</i> 42: 295-296, 1990.
Antipyretic	
Avifuge	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	Economou, D., and Nahrstedt, A. 1991. Chemical, Physiological, and Toxicological Aspects of the Essential Oil of Some Species of the Genus <i>Bystropogon</i> *. <i>Planta Medica</i> , 57: 347, 1991.
Cerebrotoxic orl man	J. Aromatherapy 4: 24.
Encephalopathic 80 mg/kg orl rat	Lawrence Review of Natural Products, Jan-92.
FFlavor FEMA 5-30	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Economou, D., and Nahrstedt, A. 1991. Chemical, Physiological, and Toxicological Aspects of the Essential Oil of Some Species of the Genus <i>Bystropogon</i> *. <i>Planta Medica</i> , 57: 347, 1991.
Glutathionalytic	Lawrence Review of Natural Products, Jan-92.
Hallucinogenic	R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That:The Essential Pharmacology of Herbs and Spices. Tips 13:15-20 Huxtable, R.J. 1992b. The Myth of Benificent Nature. The Risk of Herbal Preparations. <i>Anns. Intern. Med.</i> 117(2):165-6; Huxtable, R.
Hepatotoxic	Lewis, E.J. and Friedrich, E.C. 1989. The Essential Oil of Poliomimtha incana. <i>Planta Medica</i> 56(2): 224-226, 1990.
Herbicide IC50=1.5 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insecticide	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. &amp; Physiol.</i> , 23, 1985, 383-8.
Insectifuge	
Nephrotoxic	R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That:The Essential Pharmacology of Herbs and Spices. Tips 13:15-20 Huxtable, R.J. 1992b. The Myth of Benificent Nature. The Risk of Herbal Preparations. <i>Anns. Intern. Med.</i> 117(2):165-6; Huxtable, R.
Neurotoxic	
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Pulifuge	
Pulmonotoxic	
Sedative	

## RAFFINOSE

Plant -- -- Leung, A.Y., Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics, John Wiley & Sons, New York, 1980.

## Activities (1)

Flatogenic	Singh, J., Gupta, K., and Arora, S.K. 1993. Changes in the anti-nutritional factors of developing seeds and pod walls of fenugreek ( <i>Trigonella foenum graecum</i> L.). <i>Plant Foods for Human Nutrition</i> . 46: 77-84, 1994.
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## RESIN

Plant -- -- Leung, A.Y., Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics, John Wiley & Sons, New York, 1980.

## ROSMARINIC-ACID

Plant -- 28000.0 -0.02 Fitoterapia No.62: 166.

## Activities (57)

ABeta-Inhibitor	
Adenylate-Cyclase-Inhibitor	
Aldose-Reductase-Inhibitor	
AntiHIV EC50=40 ug/ml	
Antiaggregant	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antiallergic	
Antialzheimeran	
Antianaphylactic 1-100 mg/kg orl	Int. J. Immunopharmacology. Vol 10: 729, 1988.
Antianaphylactic ID50=1 mg/kg ivn rat	
Antianaphylactic ID50=10 mg/kg ims rat	
Antitherosclerotic IC50=0.74 uM	
Antibacterial	Planta Medica, 55: 663.
Anticoagulant	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Anticomplementary 1/2 aspirin	
Anticomplementary 20 mg/kg ivn	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Antidepressant	

Antiedemic 0.316-3.16 mg/kg ims	Int. J. Immunopharmacology. Vol 10: 729, 1988.
Antigonadotropic	
Antihemolytic IC70=5-10 um/l	Int. J. Immunopharmacology. Vol 10: 729, 1988.
Antihepatotoxic	
Antiherpetic 50 ug/ml	Vlietinck, A.J. and Domisse, R.A. eds. 1985. Advances in Medicinal Plant Research. Wiss. Verlag. Stuttgart.
Antiherpetic EC50=20 ug/ml	
Antihyperthyroid	
Antiinflammatory IC~58=1,000 uM	
Antiintegrase 10 ug/ml	
Antileukotriene	
Antilipoperoxidant	
Antimutagenic	
Antinephritic	
Antioxidant EC50=2.7 ug/ml	Parveen, N. 1991. Antifilarial Activity of Vitex negundo Against Setaria cervi. Fitoterapia, 62(2): 163, 1991.
Antioxidant 10 uM	
Antioxidant (LDL) IC50=0.74 uM	
Antiplateau	
Antiproliferant	
Antiprostaglandin 20 mg/kg ivn	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Antiproteolytic IC50=0.9 mol/l	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Antipulmonotic	Tyler, V.E.. 1994.
Antiradicular	
Antishock	Int. J. Immunopharmacology. Vol 10: 735, 1988.
Antithyreotropic	
Antithyroid	Jim Duke's personal files.
Antiuremic	
Antiviral EC50=40 ug/ml	
Anxiolytic	
Apoptotic	
COX-1-Inhibitor IC58=1,000 uM	
COX-2-Inhibitor IC>58=1,000 uM	
Calcium-Antagonist IC50=1.2 uM rbt	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cytotoxic TC50=100-150 ug/ml	
Deiodinase-Inhibitor	Jim Duke's personal files.
Immunomodulator	
Immunostimulant	
Lipoxygenase-Inhibitor	
Neuroprotective	
Pesticide	
Radioprotective	

ROSMARINIC-ACID Leaf 71.0 228.0 -0.98 \*

#### Activities (57)

ABeta-Inhibitor	
Adenylate-Cyclase-Inhibitor	
Aldose-Reductase-Inhibitor	
AntiHIV EC50=40 ug/ml	
Antiaggregant	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antiallergic	
Antialzheimeran	
Antianaphylactic 1-100 mg/kg orl'	Int. J. Immunopharmacology. Vol 10: 729, 1988.
Antianaphylactic ID50=1 mg/kg ivn rat	
Antianaphylactic ID50=10 mg/kg ims rat	
Antiatherosclerotic IC50=0.74 uM	
Antibacterial	Planta Medica, 55: 663.
Anticoagulant	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.

Anticomplementary 1/2 aspirin	
Anticomplementary 20 mg/kg ivn	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
Antidepressant	
Antiedemic 0.316-3.16 mg/kg ims	Int. J. Immunopharmacology. Vol 10: 729, 1988.
Antigonadotropic	
Antihemolytic IC70=5-10 um/l	Int. J. Immunopharmacology. Vol 10: 729, 1988.
Antihepatotoxic	
Antitherapeutic 50 ug/ml	Vlietinck, A.J. and Domisse, R.A. eds. 1985. <i>Advances in Medicinal Plant Research</i> . Wiss. Verlag. Stuttgart.
Antiherapeutic EC50=20 ug/ml	
Antihyperthyroid	
Antiinflammatory IC~58=1,000 uM	
Antiintegrase 10 ug/ml	
Antileukotriene	
Antilipoperoxidant	
Antimutagenic	
Antinephritic	
Antioxidant EC50=2.7 ug/ml	Parveen, N. 1991. Antifilarial Activity of Vitex negundo Against Setaria cervi. <i>Fitoterapia</i> , 62(2): 163, 1991.
Antioxidant 10 uM	
Antioxidant (LDL) IC50=0.74 uM	
Antiplaque	
Antiproliferant	
Antiprostaglandin 20 mg/kg ivn	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
Antiproteolytic IC50=0.9 mol/l	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. <i>Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D)</i> , 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Antipulmonotic	Tyler, V.E.. 1994.
Antiradicular	
Antishock	Int. J. Immunopharmacology. Vol 10: 735, 1988.
Antithyreotropic	
Antithyroid	Jim Duke's personal files.
Antiuremic	
Antiviral EC50=40 ug/ml	
Anxiolytic	
Apoptotic	
COX-1-Inhibitor IC58=1,000 uM	
COX-2-Inhibitor IC>58=1,000 uM	
Calcium-Antagonist IC50=1.2 uM rbt	
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cytotoxic TC50=100-150 ug/ml	
Deiodinase-Inhibitor	Jim Duke's personal files.
Immunomodulator	
Immunostimulant	
Lipoxygenase-Inhibitor	
Neuroprotective	
Pesticide	
Radioprotective	

SABINENE-HYDRATE	Leaf	30.0	160.0	-0.37	*
SANTENE	Plant	--	--		List, P.H. and Horhammer, L., <i>Hager's Handbuch der Pharmazeutischen Praxis</i> , Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
SH	Plant	--	--		*
SODIUM	Plant	--	860.0	-0.26	Suzuki, A., Morimoto, I., and Okitsu, T., Elution of Metals from Crude Drugs, <i>Shoykugaku Zasshi</i> 36(3):190-195.

#### Activities (1)

Hypertensive Davies, S., and Stewart, A. 1990. *Nutritional Medicine*. Avon Books, New York. 509pp.

STACHYOSE	Plant	--	--	Leung, A.Y., <i>Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics</i> , John Wiley & Sons, New York, 1980.
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**Activities (1)**

Flatogenic Singh, J., Gupta, K., and Arora, S.K. 1993. Changes in the anti-nutritional factors of developing seeds and pod walls of fenugreek (*Trigonella foenum graecum* L.). *Plant Foods for Human Nutrition.* 46: 77-84, 1994.

**TANNIN**

Plant -- --

Leung, A.Y., *Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics*, John Wiley & Sons, New York, 1980.

**Activities (35)**

Anthelmintic

AntiHIV

Antibacterial

Anticancer

Anticariogenic

Antidiarrheic

Antidysenteric

Antihepatotoxic

Antihypertensive

Antilipolytic

Antimutagenic

Antinephritic

Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. *Chem. Pharm. Bull.* 38(4): 1049-1052, 1990.

Antiophidic

Economic & Medicinal Plant Research, 5: 363.

Antioxidant

IC50=1.44 ug/ml

Antioxidant 1/3

quercetin

Antiradicular 500 mg/kg/day orl mus

Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. *Chem. Pharm. Bull.* 38(4): 1049-1052, 1990.

Antiradicular 1/3

quercetin

Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. *Chem. Pharm. Bull.* 38(4): 1049-1052, 1990.

Antirenitic

Antitumor

Antitumor-Promoter

Antiulcer

Antiviral

Cancer-Preventive

HerbalGram No. 22 - Spring 1990, page 14.

Carcinogenic

Chelator

Cyclooxygenase-Inhibitor

Glucosyl-Transferase-Inhibitor

Hepatoprotective

Immunosuppressant

Lipoxygenase-Inhibitor

MAO-Inhibitor

Ornithine-Decarboxylase-Inhibitor

Pesticide

Psychotropic Uchida, U., Ohta, H., Niwa, M., Mori, A., Nonaka, G-i., Nishioka, I., and Zaki, M. 1989. Prolongation of Life Span of Stroke-Prone Spontaneously Hypertensive Rats (SHRSP) Ingesting Persimmon Tannin. *Chem. Pharm. Bull.* 38(4): 1049-1052, 1990.

Xanthine-Oxidase-Inhibitor

**THUJONE**

Plant -- --

List, P.H. and Horhammer, L., *Hager's Handbuch der Pharmazeutischen Praxis*, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

## Activities (17)

Abortifacient	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
Anthelmintic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antibacterial	J. Ess. Oil Res. 7: 271.
Antiseptic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
Antispasmodic ED50=0.127 mg/ml	Fitoterapia No.59-1984.
Cerebrodepressant	
Convulsant 40 mg/kg	R.J. Hixtable (Huxtable, R.J. (as T. Max). 1992. This and That:The Essential Pharmacology of Herbs and Spices. Tips 13:15-20 Huxtable, R.J. 1992b. The Myth of Benfict Nature. The Risk of Herbal Preparations. Anns. Intern. Med. 117(2):165-6; Huxtable, R.
Counterirritant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Emmenagogue	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals</i> . The Pharmaceutical Press, London. 296pp.
Epileptogenic	
Hallucinogenic	
Herbicide IC50=22 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices &amp; Medicinal Plants: Recent Advances in Botany, Horticulture, &amp; Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.
Neurotoxic	
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Respirainhibitor	
Toxic	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

## TRANS-ISOPULEGONE

Leaf -- -- Jim Duke's personal files.

## TRANS-O CIMENE

Essential Oil -- -- Jim Duke's personal files.

## ZINC

Plant -- 28.0 -0.24 Suzuki, A., Morimoto, I., and Okitsu, T., Elution of Metals from Crude Drugs, Shoykugaku Zasshi 36(3):190-195.

## Activities (77)

ACE-Inhibitor	
Analgesic	
AntiBPH 25-60 mg/day	
AntiCrohn's	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
AntiHIV	
Antiacne 135 mg/day	
Antiacrodermatitic 8-34 mg/day/orl/chd	Martindale's 29th
Antialcoholic	
Antialopecic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antialzheimeran 50 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiangiogenic	
Antianorexic	Martindale's 29th
Antiarthritic 50 mg/3x/day/orl/man	
Anticanker 100 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Anticataract 30 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Anticoeliac	Martindale's 28th
Anticold 50 mg	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Anticolitic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Anticorony 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antidandruff	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antidementia	
Antidiabetic 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95
Antidote (Cadmium)	Let's Live, May 1989.
Antidysgeuzic	
Antieczemic 150 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiencephalopathic	Martindale's 29th
Antiepileptic 100 mg/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antifibrotic 30 mg	
Antifuruncular 45 mg/3x/day/man	Martindale's 28th
Antihangover 15 mg	
Antiherpetic? 25-60 mg/day	

Antiimpotence	Martindale's 29th
Antiinfective 50 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antinfertility 60 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinsomniac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antileptic	Martindale's 29th
Antileukonychic	
Antilymphomtic	
Antimaculitic	
Antimetastatic	
Antineuropathic	
Antinyctalopic	
Antiobesity 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiosteoporotic	
Antiperiodontitic	
Antiplaque	Martindale's 29th
Antiprolactin	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiprostatic 50 mg/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antirheumatic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiseptic 50 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antispare-Tire 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antistomatitic 50 mg/man/3x/day	Martindale's 28th
Antisyndrome-X 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antitinnititc 60-120 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antitriglyceride 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiulcer 50 mg/3x/day/man	Martindale's 28th
Antiulcer 88 mg/rat/day/15 days	
Antiviral?	Martindale's 29th
Astringent	Martindale's 28th
Collagenic	
Copper-Antagonist	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Deodorant	Martindale's 29th
Detoxicant (Alcohol)	
Ergogenic	
Hypotensive 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Immunomodulator	
Immunostimulant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Immunosuppressant 300 mg/day/6 wks/orl/man	Martindale's 29th
Insulinogenic 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Leptogenic 30-60 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Mucogenic	Li, K.M. Effect of zinc sulphate on acetic acid-induced gastric ulceration in rats. <i>J. Pharm. Pharmacol.</i> 42: 657-659, 1990.
NF-kB-Inhibitor	
Pesticide	
Spermigenic 60 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Testosteronogenic 60 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Trichomonicide	Martindale's 29th
Vulnerary	Martindale's 28th