

**Dr. Duke's Phytochemical and Ethnobotanical Databases**

**Chemicals found in *Elaeagnus commutata***

Activities Count	Chemical	Plant Part	Low PPM	High PPM	StdDev	Reference Citation
0	CARBOHYDRATES	Fruit	109000.0	790000.0	0.03806532706826793	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
0	PROTEIN	Fruit	13000.0	94000.0	-0.20776466810861777	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
0	FAT	Fruit	9000.0	65000.0	-0.1447873181954724	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
0	ASH	Fruit	7000.0	51000.0	-0.1466650382227261	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
15	FIBER	Fruit	5000.0	36000.0	-0.9972131314673477	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
0	KILOCALORIES	Fruit	510.0	3700.0	0.05991469824355707	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
4	PHOSPHORUS	Fruit	200.0	1450.0	-0.5364028420241324	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
112	ASCORBIC-ACID	Fruit	100.0	725.0	-0.23941068574490013	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
28	CALCIUM	Fruit	70.0	507.0	-0.7728825815715691	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
39	NIACIN	Fruit	4.0	30.0	-0.41038049882634875	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
6	IRON	Fruit	4.0	30.0	-0.40848626836489793	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
15	RIBOFLAVIN	Fruit	0.5	3.6	-0.30182491467999506	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
31	THIAMIN	Fruit	0.3	2.2	-0.4010034158314492	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
53	BETA-CAROTENE	Fruit	0.2	1.4	-0.14809445435475266	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
0	WATER	Fruit		862000.0	0.39752125508597963	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses