

Dr. Duke's Phytochemical and Ethnobotanical Databases

Chemicals found in *Serenoa repens*

Activities Count	Chemical	Plant Part	Low PPM	High PPM	StdDev	Reference Citation
6	1-MONOLAURIN	Fruit				--
6	1-MONOMYRISTIN	Fruit				--
0	1-OCTACOSANOL	Fruit	58.0	187.0		--
0	24-METHYLENE-CYCLOARTENOL	Fruit				--
0	3,7,11,15,19,23,27,31-OCTAMETHYL-DOTRIACONTA-2-CIS-6-CIS-10-CIS-14-CIS-18-TRANS-22-TRANS-26-TRANS-OCTAEN-1-OL	Fruit		270.0		--
0	3,7,11,15,19,23,31,35-NONAMETHYL-HEXATRIACONTA-2-CIS-6-CIS-10-CIS-14-CIS-18-CIS-22-TRANS-26-TRANS-30-TRANS-3,4-TRANS-NON	Fruit		19.0		--
0	ACETOSYRINGONE	Wood				List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
0	ACETOVANILLONE	Wood				List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
6	ANTHRANILIC-ACID	Fruit				--
101	APIGENIN	Fruit				By assumption; if a glycoside is reported, it is automatically assumed that the aglycone is present also in the plant, though sometimes in traces only.
0	APIGENIN-7-O-RHAMNOGLUCOSIDE	Fruit				--
0	ARABINOSE	Fruit				Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
112	ASCORBIC-ACID	Fruit	11.0	88.0	-0.27901743011351393	Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.

Activities Count	Chemical	Plant Part	Low PPM	High PPM	StdDev	Reference Citation
0	ASH	Fruit	3770.0	29000.0	-0.7163626815965894	Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.
53	BETA-CAROTENE	Fruit	3.0	24.0	-0.1044090615440342	--
47	BETA-SITOSTEROL	Fruit	33.0	281.0	-0.42504048544050566	--
0	BETA-SITOSTEROL-3-O-DIGLUCOSIDE	Plant				Gruenwald, J. et al. 1998. PDR for Herbal Medicine. 1st ed. Medical Economics Co., Montvale, NJ. 1244 pp. (abbreviated as PHR or Physicians Herbal Reference in my mind)
0	BETA-SITOSTEROL-3-O-MYRISTATE	Plant				Gruenwald, J. et al. 1998. PDR for Herbal Medicine. 1st ed. Medical Economics Co., Montvale, NJ. 1244 pp. (abbreviated as PHR or Physicians Herbal Reference in my mind)
0	BETA-SITOSTEROL-3-O-MYRISTYL-BETA-GLUCOSIDES	Plant				Gruenwald, J. et al. 1998. PDR for Herbal Medicine. 1st ed. Medical Economics Co., Montvale, NJ. 1244 pp. (abbreviated as PHR or Physicians Herbal Reference in my mind)
6	BETA-SITOSTEROL-D-GLUCOSIDE	Fruit		220.0		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
28	CALCIUM	Fruit	605.0	4640.0	0.18085004106340866	Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.
2	CAMPESTEROL	Fruit	28.0	90.0	0.10490824541035179	--
3	CAPRIC-ACID	Fruit	1000.0	3200.0	1.413939973823674	--
3	CAPRIC-ACID	Seed Oil				--
0	CAPRINIC-ACID	Fruit		18000.0		--
1	CAPROIC-ACID	Fruit	600.0	1920.0		--
1	CAPROIC-ACID	Seed Oil				--
5	CAPRYLIC-ACID	Fruit	920.0	13000.0		--
5	CAPRYLIC-ACID	Seed Oil				--

Activities Count	Chemical	Plant Part	Low PPM	High PPM	StdDev	Reference Citation
0	CAROTENE	Seed Oil				--
0	CERAMIDES	Fruit				--
24	CHROMIUM	Fruit	0.2	1.4	-0.3109918416443979	Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.
2	COBALT	Fruit	0.6	5.0	0.07018107914482831	Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.
7	CYCLOARTENOL	Fruit				--
5	DAUCOSTEROL	Fruit	47.0	416.0		--
3	DECANOIC-ACID	Fruit				--
0	EO	Fruit	5400.0	20000.0	-0.4312216686487416	--
17	FARNESOL	Fruit				Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
0	FAT	Fruit	3510.0	27000.0	-0.435028261598363	--
0	FATTY-ACIDS	Fruit	30000.0	92000.0		--
61	FERULIC-ACID	Fruit				List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
0	FIBER(CRUDE)	Fruit		130000.0	-0.1382131172135812	--
0	FIBER(DIETARY)	Fruit		400000.0	0.3503027017814249	--
8	FRUCTOSE	Fruit				Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.
0	FUCOSE	Fruit				Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
1	GALACTOSE	Fruit				Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.

Activities Count	Chemical	Plant Part	Low PPM	High PPM	StdDev	Reference Citation
11	GERANYL-GERANIOL	Fruit		16.0		--
7	GLUCOSE	Fruit				Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
4	GLUCURONIC-ACID	Fruit				Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
8	GLYCEROL	Seed Oil				--
0	HEXACOSAN-1-OL	Fruit				--
0	HEXACOSANOL	Fruit	2.0	7.0		--
6	IRON	Fruit	9.0	66.0	-0.26568397107756236	Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.
22	ISOQUERCITRIN	Fruit				--
75	KAEMPFEROL	Fruit				By assumption; if a glycoside is reported, it is automatically assumed that the aglycone is present also in the plant, though sometimes in traces only.
4	KAEMPFEROL-3-O-GLUCOSIDE	Fruit				--
7	LAURIC-ACID	Seed				--
7	LAURIC-ACID	Fruit	12080.0	240000.0	2.5127886336588405	--
27	LINOLEIC-ACID	Fruit	1840.0	36000.0	0.15250551841720983	--
0	LINOLENIC-ACID	Fruit	240.0	770.0	-0.8207413427736995	--
0	LIPASE	Fruit				List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
0	LUPEN-3-ONE	Fruit				--
21	LUPEOL	Fruit				--
65	MAGNESIUM	Fruit	510.0	3930.0	0.8336264369951842	Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.

Activities Count	Chemical	Plant Part	Low PPM	High PPM	StdDev	Reference Citation
14	MANGANESE	Fruit	1.2	8.9	-0.3448520509579119	Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.
18	MANNITOL	Seed Oil				--
18	MANNITOL	Fruit				List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
3	MANNOSE	Fruit				Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
6	MYRISTIC-ACID	Fruit	4800.0	116000.0	5.20324818328259	--
6	MYRISTIC-ACID	Seed				--
39	NIACIN	Fruit	10.0	75.0	0.19119140633704487	Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.
0	OCTACOSAN-1-OL	Fruit				--
18	OLEIC-ACID	Fruit	11400.0	332000.0	2.0780900532057363	--
18	OLEIC-ACID	Seed				--
25	P-COUMARIC-ACID	Fruit Juice				--
13	P-HYDROXY-BENZOIC-ACID	Plant				--
4	P-HYDROXYBENZALDEHYDE	Plant				--
0	P-OXYBENZALDEHYDE	Wood				List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
0	P-OXYBENZOIC-ACID	Wood				List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
13	PALMITIC-ACID	Seed				--
13	PALMITIC-ACID	Fruit	3800.0	87000.0	0.9888703977409701	--

Activities Count	Chemical	Plant Part	Low PPM	High PPM	StdDev	Reference Citation
24	PECTIN	Fruit	605.0	4640.0	-0.5751588917297177	Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.
4	PHOSPHORUS	Fruit	2105.0	16200.0	3.94375903676458	Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.
1	PHYTOL	Fruit				--
2	PHYTOSTEROLS	Fruit		128.0	-1.0530092799127762	--
0	POLYSACCHARIDE-S1	Fruit				Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
0	POLYSACCHARIDE-S2	Fruit				Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
0	POLYSACCHARIDE-S3	Fruit				Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
0	POLYSACCHARIDE-S4	Fruit				Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
0	POPULNIN	Fruit				--
14	POTASSIUM	Fruit	2325.0	17900.0	-0.00146044676900111	Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.
0	PROTEIN	Fruit	14300.0	110000.0	0.006722289355626528	--
0	RHAMNOSE	Fruit				Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
2	RHOIFOLIN	Fruit				--

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2	RHOIFOLIN	Plant				Gruenwald, J. et al. 1998. PDR for Herbal Medicine. 1st ed. Medical Economics Co., Montvale, NJ. 1244 pp. (abbreviated as PHR or Physicians Herbal Reference in my mind)
15	RIBOFLAVIN	Fruit	1.0	7.3	0.4905916673393905	Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.
87	RUTIN	Fruit				--
0	SABAL-SERRULATA-ACIDIC-POLYSACCHARIDE	Fruit		6000.0		--
60	SELENIUM	Fruit	0.3	2.6	0.2585513872614546	Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.
0	SERENOA-POLYPRENOL-2	Fruit		5.0		--
0	SERENOA-POLYPRENOL-3	Fruit		35.0		--
4	SILICON	Fruit	1.0	7.8	-0.5831009322457926	--
1	SODIUM	Fruit	65.0	495.0	-0.1370104923804784	Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.
11	SORBITOL	Fruit				Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.
0	SPHINGOLIPIDES	Fruit				--
8	STEARIC-ACID	Seed				--
8	STEARIC-ACID	Fruit	720.0	2305.0	-0.12635840819349412	--
0	STEROLS	Mesocarp				--
0	STEROLS	Exocarp				--
12	STIGMASTEROL	Fruit	12.0	38.0	-0.6454844173695994	--
0	SUGARS	Fruit	13000.0	100000.0	-0.4714231435724017	Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.

Activities Count	Chemical	Plant Part	Low PPM	High PPM	StdDev	Reference Citation
4	SYRINGALDEHYDE	Wood				List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
6	SYRINGIC-ACID	Wood				List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
35	TANNIN	Stem		54800.0	-0.5063597006118161	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
35	TANNIN	Root		75800.0	-0.020511406931147124	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
0	TETRACOSANOL	Fruit	1.6	5.0		--
31	THIAMIN	Fruit	0.6	5.0	-0.0425885992841977	Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.
0	THIAMINE	Fruit	0.7	5.0	0.7348687812439542	--
1	TRIACONTAN-1-OL	Fruit				--
0	TRICONTANOL	Fruit	13.0	42.0		--
2	TRIDECANOIC-ACID	Fruit				--
0	UNDECANOIC-ACID	Fruit				--
0	URONIC-ACID	Plant				Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
24	VANILLIC-ACID	Wood				List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
28	VANILLIN	Wood				List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

Activities Count	Chemical	Plant Part	Low PPM	High PPM	StdDev	Refernce Citation
0	WATER	Fruit		870000.0	0.43230600391521135	Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.
3	XYLOSE	Fruit				--
77	ZINC	Fruit	0.7	5.2	-0.7552020844764787	Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.