

**Dr. Duke's Phytochemical and Ethnobotanical Databases**

**Chemicals found in *Pouteria viridis***

Activities Count	Chemical	Plant Part	Low PPM	High PPM	StdDev	Reference Citation
112	ASCORBIC-ACID	Fruit	430.0	1360.0	-0.19992829536174517	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
0	ASH	Fruit	12000.0	37975.0	-0.4839519384474793	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
53	BETA-CAROTENE	Fruit	0.5	1.6	-0.14770785795819752	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
28	CALCIUM	Fruit	230.0	730.0	-0.7214230183372115	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
0	CARBOHYDRATES	Fruit	286000.0	905065.0	0.6533770146224867	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
0	FAT	Fruit	2000.0	6330.0	-0.592904058970409	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
15	FIBER	Fruit	18000.0	56960.0	-0.7994244960584745	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
6	IRON	Fruit	7.0	22.0	-0.440220112206528	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
0	KILOCALORIES	Fruit	1100.0	3480.0	-0.2742273016951584	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
39	NIACIN	Fruit	19.0	60.0	-0.009332562050753002	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
4	PHOSPHORUS	Fruit	280.0	885.0	-0.7080158224658695	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
0	PROTEIN	Fruit	16000.0	50635.0	-0.7890913500109275	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
15	RIBOFLAVIN	Fruit	0.3	0.9	-0.8800748529103575	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
31	THIAMIN	Fruit	0.1	0.3	-0.644213469917084	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
0	WATER	Fruit		684000.0	-0.37643940636442635	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses