

Aralia cordata (Araliaceae)

Common name(s)

Udo; T'U Tang Kuei

Use	Country/Region	Reference
Carminative	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Food	Japan	Kimura, Koiti. 1962. Japanese medicinal plants. vol. 1 (Revised ed.). Hirokawa Publishing Co., Tokyo.
Stimulant	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Stomach	Japan	Kimura, Koiti. 1962. Japanese medicinal plants. vol. 1 (Revised ed.). Hirokawa Publishing Co., Tokyo.
Stomachic	Japan	Kimura, Koiti. 1962. Japanese medicinal plants. vol. 1 (Revised ed.). Hirokawa Publishing Co., Tokyo.
Tonic	Japan	Kimura, Koiti. 1962. Japanese medicinal plants. vol. 1 (Revised ed.). Hirokawa Publishing Co., Tokyo.
Tonic	Korea	Kimura, Koiti. 1962. Japanese medicinal plants. vol. 1 (Revised ed.). Hirokawa Publishing Co., Tokyo.