

Valeriana capensis (Valerianaceae)

Common name(s)

Balderjan

Use	Country/Region	Reference
Diaphoretic	South Africa	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Epilepsy	South Africa	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Fumigant	Lesotho	Guillarmod, A.J. 1971. Flora of Lesotho (Basutoland). Verlag von J. Cramer, 3301 Lehre, Germany.
Hysteria	South Africa	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Nerves	South Africa	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Vermifuge	South Africa	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.