

Allium sativum (Liliaceae)

Common name(s)

Ajo; Bawang putih; Bawang Poetih; Cropleek; Ail; Lasan; Lai; Thum; Rosina; Sir; Samersaq; Ail De Cuisine; Hsiao Suan; Suan; Sarimsak; Garlic

Use	Country/Region	Reference
Ache(Ear)	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Ache(Ear)	Elsewhere	
Ache(Ear)		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Ache(Ear)	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Ache(Ear)	Elsewhere	
Ache(Stomach)	Mexico(Kickapoo)	
Ache(Stomach)	Trinidad	
Ache(Tooth)	Elsewhere	
Ache(Tooth)	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Ache(Tooth)		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Ache(Tooth)	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Alopecia	Elsewhere	
Amebiasis	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Antidote	China	Shih-chen, Li. 1973. Chinese medinal herbs. Georgetown Press, San Francisco.
Antidote(Scorpion)	Elsewhere	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Antiseptic	Elsewhere	
Antiseptic	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Antiseptic	Elsewhere	
Antiseptic	Trinidad	Wong, W. 1976. Some folk medicinal plants from Trinidad. Economic Botany 30(2): 103-142.
Antiseptic	China	Shih-chen, Li. 1973. Chinese medinal herbs. Georgetown Press, San Francisco.
Antiseptic		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Antiseptic	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Antiseptic	Elsewhere	
Antispasmodic	Elsewhere	
Antispasmodic	Trinidad	Wong, W. 1976. Some folk medicinal plants from Trinidad. Economic Botany 30(2): 103-142.
Arteriosclerosis	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Arteriosclerosis	Mexico	Martinez, Maximino. 1969. Las Plantas Medinales de Mexico.
Arteriosclerosis		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Arthritis	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Ascaricide	Trinidad	Wong, W. 1976. Some folk medicinal plants from Trinidad. Economic Botany 30(2): 103-142.
Ascaricide	Elsewhere	
Asthma	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Bactericide		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.

Use	Country/Region	Reference
Bactericide	Elsewhere	
Bite(Bug)	Mexico(Kickapoo)	
Bite(Snake)	Elsewhere	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Bladder	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Bronchiectasis	Elsewhere	
Bronchitis	Kurdistan	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Bronchitis		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Bronchitis	Elsewhere	
Bronchitis	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Bronchitis	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Cancer	Bulgaria	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Cancer	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Cancer	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Carminative	Elsewhere	
Carminative	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Carminative	Trinidad	Wong, W. 1976. Some folk medicinal plants from Trinidad. Economic Botany 30(2): 103-142.
Carminative	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Carminative	Elsewhere	
Cold		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Cold	Elsewhere	
Cold	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Colic	Elsewhere	
Corn	South Africa	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Corn	Paraguay	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Corn	Austria	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Corn	Puerto Rico	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Cough	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Cough		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Cough	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Dandruff	Elsewhere	
Dandruff	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Deafness	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Demulcent	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Diaphoretic	Elsewhere	
Diaphoretic	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Diaphoretic		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Diarrhea	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.

Use	Country/Region	Reference
Diphtheria	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Diuretic	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Dysentery	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Dysmenorrhea	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Dyspepsia	Elsewhere	
Dyspepsia	Trinidad	Wong, W. 1976. Some folk medicinal plants from Trinidad. Economic Botany 30(2): 103-142.
Dyspepsia	Trinidad	
Emmenagogue	Elsewhere	
Expectorant	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Expectorant	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Expectorant	Elsewhere	
Expectorant		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Fever	India	
Fever	South America	Martinez, Maximino. 1969. Las Plantas Medinales de Mexico.
Fever	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Fever	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Flatulence	Elsewhere	
Gangrene	Elsewhere	
Hematuria	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Hepatitis	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Hypertension	Trinidad	
Hypertension	Mexico	Martinez, Maximino. 1969. Las Plantas Medinales de Mexico.
Hypertension	Haiti	Liogier, Alain Henri. 1974. Diccionario Botanico de Nombres Vulgares de la Espanola. Universidad Nacional Pedro Henriquez Urena, Santo Domingo.
Hypertension		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Hypertension	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Hypertensive	Trinidad	Wong, W. 1976. Some folk medicinal plants from Trinidad. Economic Botany 30(2): 103-142.
Hypertensive	Elsewhere	
Hypotensive	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Hysteria		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Hysteria	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Hysteria	Elsewhere	
Internulcer	Elsewhere	
Kidney	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Kidney	China	Shih-chen, Li. 1973. Chinese medinal herbs. Georgetown Press, San Francisco.
Leukemia	US(CA)	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Lung	Elsewhere	
Lupus	Elsewhere	
Malaria	Mexico	Martinez, Maximino. 1969. Las Plantas Medinales de Mexico.

Use	Country/Region	Reference
Malaria	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Malaria	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Malignancy	Canada	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Nerves	Elsewhere	
Nerves		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Oliguria	Trinidad	Wong, W. 1976. Some folk medicinal plants from Trinidad. Economic Botany 30(2): 103-142.
Oliguria	Trinidad	
Parasiticide	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Parturition	Trinidad	
Pertussis	Elsewhere	
Pertussis	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Phthisis	Elsewhere	
Plague	Spain	Font Query, P. 1979. Plantas Medicinales el Dioscorides Renovado. Editorial Labor, S.A. Barcelona. 5th Ed.
Preventive	South America	Martinez, Maximino. 1969. Las Plantas Medinales de Mexico.
Preventive	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Preventive(Cancer)	France	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Preventive(Goiter)	China	Shih-chen, Li. 1973. Chinese medinal herbs. Georgetown Press, San Francisco.
Preventive(Pestilence)	China	Shih-chen, Li. 1973. Chinese medinal herbs. Georgetown Press, San Francisco.
Repellant(Snake)	Panama(Choco)	
Rheumatism	Elsewhere	
Rheumatism	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Rheumatism	Haiti	Liogier, Alain Henri. 1974. Diccionario Botanico de Nombres Vulgares de la Espanola. Universidad Nacional Pedro Henriquez Urena, Santo Domingo.
Ringworm	Mexico(Kickapoo)	
Ringworm	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Rubefacient		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Rubefacient	Elsewhere	
Scabies	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Sclerosis	Egypt	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Sedative	China	Shih-chen, Li. 1973. Chinese medinal herbs. Georgetown Press, San Francisco.
Senescence	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Skin	Elsewhere	
Sore	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Spice	Turkey	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Spleen	China	Shih-chen, Li. 1973. Chinese medinal herbs. Georgetown Press, San Francisco.
Stimulant	Elsewhere	
Stimulant	Elsewhere	
Stimulant	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.

Use	Country/Region	Reference
Stimulant		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Stimulant	South America	Martinez, Maximino. 1969. Las Plantas Medinales de Mexico.
Sting(Bee)	Elsewhere	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Stomach	China	Shih-chen, Li. 1973. Chinese medinal herbs. Georgetown Press, San Francisco.
Stomachic	Elsewhere	
Stomachic	Elsewhere	
Thirst	India	
Throat	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Tonic	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Trachoma	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Trichomoniasis	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Tuberculosis	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Tuberculosis	Elsewhere	
Tuberculosis	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Tuberculosis	Mexico	Martinez, Maximino. 1969. Las Plantas Medinales de Mexico.
Tumor	Pakistan	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Tumor	East Indies	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Tumor	Cuba	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Tumor(Abdomen)	India	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Typhoid	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Typhoid	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Ulcer	Elsewhere	
Ulcer	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Vaginitis	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Vasodilator	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Vermifuge	Trinidad	Wong, W. 1976. Some folk medicinal plants from Trinidad. Economic Botany 30(2): 103-142.
Vermifuge	Elsewhere	
Vermifuge	Trinidad	Wong, W. 1976. Some folk medicinal plants from Trinidad. Economic Botany 30(2): 103-142.
Vermifuge	Trinidad	
Vermifuge	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Vermifuge	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Vermifuge	Elsewhere	
Vermifuge	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). Flora of Egypt. Vol. 1-4. Originally published in Foriad I Univ. Bulletin of the Faculty of Science, vol. 17, Cairo, 1941.
Vermifuge	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Vermifuge		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Vermifuge	Malaya	
Vermifuge	Venezuela	Pittier, H. 1926. Manual de las Plantas Usuales de Venezuela. Litografia del Comercio, Caracas, Venezuela.

Use	Country/Region	Reference
Vermifuge	Turkey	Steinmetz, E.F. 1957. <i>codex Vegetabilis</i> . Published by the author, Amsterdam.
Vermifuge	Dominican Republic	Liogier, Alain Henri. 1974. <i>Diccionario Botanico de Nombres Vulgares de la Espanola</i> . Universidad Nacional Pedro Henriquez Urena, Santo Domingo.
Wart	USSR	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. <i>Lloydia</i> 30-34.
Wart	Mexico(Kickapoo)	
Wen	UK	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. <i>Lloydia</i> 30-34.
Whitlow	US	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. <i>Lloydia</i> 30-34.
Witchcraft	Trinidad	
Wound	Iraq	Al-Rawi, Ali. 1964. <i>Medicinal Plants of Iraq</i> . Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Wound	Egypt	Tackholm, Vivi and Gunnar. 1973 (reprint). <i>Flora of Egypt</i> . Vol. 1-4. Originally published in <i>Foriad I Univ. Bulletin of the Faculty of Science</i> , vol. 17, Cairo, 1941.