

Adiantum pedatum (Pteridaceae)

Common name(s)

Capillaire

Use	Country/Region	Reference
Catarrh		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Cold	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Cold	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Cough	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Demulcent		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Demulcent	Elsewhere	
Emollient	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Expectorant	Elsewhere	
Expectorant		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Expectorant	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Hoarseness	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Medicine	US(Appalachia)	
Pectoral		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Respiratory	US(Amerindian)	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Stimulant	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Stimulant		Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Tonic	Elsewhere	