

# *Aralia racemosa* (Araliaceae)

## Common name(s)

Yabani Saparna

Use	Country/Region	Reference
Ache(Back)	US(Appalachia)	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Ache(Back)	US(Amerindian)	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Alterative	Elsewhere	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Alterative	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Alterative	Mexico	Standley, Paul C. Trees and shrubs of Mexico. Contributions U.S. National Herbarium, vol. 23. Govt. Printing Office, Washington, D.C.
Anodyne	US(Appalachia)	
Antiseptic	US(Appalachia)	
Asthma	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Carminative	US(Appalachia)	
Chest	US(Appalachia)	
Cold	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Cough	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Cough	US(Appalachia)	
Depurative	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Diaphoretic	Elsewhere	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Diaphoretic	Mexico	Standley, Paul C. Trees and shrubs of Mexico. Contributions U.S. National Herbarium, vol. 23. Govt. Printing Office, Washington, D.C.
Diuretic	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Gout	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Inflammation	US(Amerindian)	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Medicine	US(Appalachia)	
Pectoral	US(Appalachia)	
Poultice	US(Amerindian)	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Purgative	Elsewhere	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Rheumatism	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Rheumatism	Mexico	Standley, Paul C. Trees and shrubs of Mexico. Contributions U.S. National Herbarium, vol. 23. Govt. Printing Office, Washington, D.C.
Scrofula	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Skin	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Skin	Mexico	Standley, Paul C. Trees and shrubs of Mexico. Contributions U.S. National Herbarium, vol. 23. Govt. Printing Office, Washington, D.C.
Sore	US(Amerindian)	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Stimulant	Mexico	Standley, Paul C. Trees and shrubs of Mexico. Contributions U.S. National Herbarium, vol. 23. Govt. Printing Office, Washington, D.C.
Sudorific	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Syphilis	Mexico	Standley, Paul C. Trees and shrubs of Mexico. Contributions U.S. National Herbarium, vol. 23. Govt. Printing Office, Washington, D.C.
Syphilis	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.