

Nardostachys jatamansi (Valerianaceae)

Common name(s)

Hint Sumbulu; Kan Sung Hsiang; Jatamansi; K'U Mi Ch'E; Nard; Mansi

Use	Country/Region	Reference
Arrhythmia	India	
Bronchitis	India(Santal)	
Carminative	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Carminative	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Cholera	India(Santal)	
Chorea	Elsewhere	
CNS depressant	India	
Convulsion	India	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Convulsion	India	
Convulsion	India(Santal)	
Convulsion	India	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Cordial	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Cosmetic	India	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Cough	India(Santal)	
Delirium	India(Santal)	
Deobstruent	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Deobstruent	Elsewhere	
Deodorant	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Deodorant	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Diuretic	Elsewhere	
Dysentery	India(Santal)	
Emmenagogue	Elsewhere	
Emmenagogue	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Epilepsy	Elsewhere	
Epilepsy	India	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Epilepsy	India(Santal)	
Epilepsy	India	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Fainting	India(Santal)	
Hair-Tonic	India	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Hairblack	India	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Hairblack	Elsewhere	
Hypertension	India	
Hysteria	Elsewhere	
Hysteria	India	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Hysteria	India	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Laxative	Elsewhere	
Madness	India(Santal)	

Use	Country/Region	Reference
Medicine	Nepal	Singh, M.P., et al. 1979. Medicinal plants of Nepal - Retrospects and prospects. <i>Economic Botany</i> 33(2): 185-198.
Nerves	India	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Nervine	Turkey	Steinmetz, E.F. 1957. <i>codex Vegetabilis</i> . Published by the author, Amsterdam.
Palpitation	Elsewhere	
Parturition	India(Santal)	
Perfume	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Perfume	Turkey	Steinmetz, E.F. 1957. <i>codex Vegetabilis</i> . Published by the author, Amsterdam.
Perfume	India	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Pilatory	Elsewhere	
Sclerosis	Europe	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. <i>Lloydia</i> 30-34.
Sedative	Turkey	Steinmetz, E.F. 1957. <i>codex Vegetabilis</i> . Published by the author, Amsterdam.
Sedative	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Sedative	India	
Skin	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Smallpox	India(Santal)	
Sore	India(Santal)	
Spasm	Turkey	Steinmetz, E.F. 1957. <i>codex Vegetabilis</i> . Published by the author, Amsterdam.
Spasm	Elsewhere	
Spasm	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Stimulant	Elsewhere	
Stimulant	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Stomachic	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Stomachic	Elsewhere	
Tachycardia	India	
Tonic	India	
Tonic	Turkey	Steinmetz, E.F. 1957. <i>codex Vegetabilis</i> . Published by the author, Amsterdam.
Tuberculosis	India(Santal)	
Tumor(Abdomen)	India	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. <i>Lloydia</i> 30-34.