

Stachys aspera (Lamiaceae)

Common name(s)

Shui Su; Lung Nao Po Ho; Hsiang Su

Use	Country/Region	Reference
Astringent	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Carminative	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Cold	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Deodorant	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.