

Polemonium coeruleum (Polemoniaceae)

Common name(s)

Jacob'S Ladder; Yunan Kediotu; Greek Valerian

| Use | Country/Region | Reference |
|-------------|----------------|------------------------------------------------------------------------------------|
| Astringent | Turkey | Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam. |
| Astringent | | Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer. |
| Diaphoretic | | Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer. |
| Expectorant | Turkey | Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam. |
| Nervine | Turkey | Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam. |
| Sudorific | Turkey | Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam. |