

Gymnema silvestre (Asclepiadaceae)

Common name(s)

Mera Singi; Gymnematis; Sarpadarushtrika; Australian Cowplant

Use	Country/Region	Reference
Astringent	English	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Refrigerant	India	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Stomachic	Sanskrit	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Tonic	Dutch	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.