

Cola nitida (Sterculiaceae)

Common name(s)

Kola

Use	Country/Region	Reference
Ache(Tooth)	Elsewhere	
Astringent	Elsewhere	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Astringent	Africa	Ayensu, Edward S. 1978. Medicinal plants of West Africa. Reference Publications, Inc.
Digestion	Nigeria	Ayensu, Edward S. 1978. Medicinal plants of West Africa. Reference Publications, Inc.
Dysentery	Africa	Ayensu, Edward S. 1978. Medicinal plants of West Africa. Reference Publications, Inc.
Exhaustion	Africa	Ayensu, Edward S. 1978. Medicinal plants of West Africa. Reference Publications, Inc.
Hunger	Nigeria	Ayensu, Edward S. 1978. Medicinal plants of West Africa. Reference Publications, Inc.
Malaria	Africa	Ayensu, Edward S. 1978. Medicinal plants of West Africa. Reference Publications, Inc.
Nausea	Africa	Ayensu, Edward S. 1978. Medicinal plants of West Africa. Reference Publications, Inc.
Nervine	Elsewhere	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Nervine	Africa	Ayensu, Edward S. 1978. Medicinal plants of West Africa. Reference Publications, Inc.
Poison	Africa	Lewis and Elvin-Lewis, Medical Botany, ca 1977
Restorative	Africa	Ayensu, Edward S. 1978. Medicinal plants of West Africa. Reference Publications, Inc.
Sedative	Elsewhere	
Stimulant	Elsewhere	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Stimulant	Africa	Ayensu, Edward S. 1978. Medicinal plants of West Africa. Reference Publications, Inc.
Stomachic	Africa	Ayensu, Edward S. 1978. Medicinal plants of West Africa. Reference Publications, Inc.
Tonic	Elsewhere	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Tonic	Elsewhere	
Tonic	Africa	Ayensu, Edward S. 1978. Medicinal plants of West Africa. Reference Publications, Inc.