

# Arctostaphylos arguta (Ericaceae)

Use	Country/Region	Reference
Astringent	Mexico	Standley, Paul C. Trees and shrubs of Mexico. Contributions U.S. National Herbarium, vol. 23. Govt. Printing Office, Washington, D.C.
Astringent	Mexico	Martinez, Maximino. 1969. Las Plantas Medicinales de Mexico.
Hypnotic	Mexico	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Hypnotic	Mexico	Martinez, Maximino. 1969. Las Plantas Medicinales de Mexico.
Narcotic	Elsewhere	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Purgative	Mexico	Standley, Paul C. Trees and shrubs of Mexico. Contributions U.S. National Herbarium, vol. 23. Govt. Printing Office, Washington, D.C.
Purgative	Mexico	Martinez, Maximino. 1969. Las Plantas Medicinales de Mexico.
Soporific	Mexico	Standley, Paul C. Trees and shrubs of Mexico. Contributions U.S. National Herbarium, vol. 23. Govt. Printing Office, Washington, D.C.
Soporific	Mexico	Martinez, Maximino. 1969. Las Plantas Medicinales de Mexico.