

Arctium lappa (Asteraceae)

Common name(s)

Bardana; Burdock; Lampazo Mayor; Gobo; Dulavratotu; Niu Ts'AI; Wu Shih; Arqityon; Waisar; Burdock Blood; Ta Li Tzu; Niu P'Ang Tzu; Shu Nien; Kewe; Kuang Mu Hsiang

Use	Country/Region	Reference
Abscess	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Abscess	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Acne	US	
Alexiteric	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Alterative	Elsewhere	
Alterative	Elsewhere	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Alterative	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Alterative	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Alterative	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Antidote	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Antidote	China	Kimura, Koiti. 1962. Japanese medicinal plants. vol. 1 (Revised ed.). Hirokawa Publishing Co., Tokyo.
Antidote	Japan	Kimura, Koiti. 1962. Japanese medicinal plants. vol. 1 (Revised ed.). Hirokawa Publishing Co., Tokyo.
Antidote	Chinese	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Antiphlogistic	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Aperient	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Apertif	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Aphrodisiac	UK	
Bactericide	Elsewhere	Lost Crops of the Incas.
Boil	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Burn	Kurdistan	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Cancer	Canada	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Cancer	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Carminative	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Carminative	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Catarrh	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Catarrh	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Cold	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Cold	China	Lost Crops of the Incas.
Corn	Ukraine	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Cough	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Depurative	Spain	Font Query, P. 1979. Plantas Medicinales el Dioscorides Renovado. Editorial Labor, S.A. Barcelona. 5th Ed.
Depurative	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Depurative	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Depurative	US(Appalachia)	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.

Use	Country/Region	Reference
Depurative	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Diaphoretic	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Diaphoretic	Elsewhere	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Diaphoretic	Elsewhere	
Diaphoretic	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Diaphoretic	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Diuretic	Elsewhere	
Diuretic	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Diuretic	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Diuretic	Japan	Kimura, Koiti. 1962. Japanese medicinal plants. vol. 1 (Revised ed.). Hirokawa Publishing Co., Tokyo.
Diuretic	Elsewhere	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Diuretic	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Diuretic	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Diuretic	China	Kimura, Koiti. 1962. Japanese medicinal plants. vol. 1 (Revised ed.). Hirokawa Publishing Co., Tokyo.
Diuretic	Elsewhere	Lost Crops of the Incas.
Diuretic	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Edema	Japan	Kimura, Koiti. 1962. Japanese medicinal plants. vol. 1 (Revised ed.). Hirokawa Publishing Co., Tokyo.
Edema	China	Kimura, Koiti. 1962. Japanese medicinal plants. vol. 1 (Revised ed.). Hirokawa Publishing Co., Tokyo.
Estrogenic	Elsewhere	Lost Crops of the Incas.
Eye	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Fever	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Fever	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Flu	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Food	Japan	Kimura, Koiti. 1962. Japanese medicinal plants. vol. 1 (Revised ed.). Hirokawa Publishing Co., Tokyo.
Fungicide	Elsewhere	Lost Crops of the Incas.
Gonorrhoea	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Gout	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Gout	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Gout	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Gout	Europe	
Hair-Tonic	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Hair-Tonic	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Hair-Tonic	China	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Hoarseness	China	Lost Crops of the Incas.
Hyperglycemia	Elsewhere	Lost Crops of the Incas.
Impetigo	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Infection	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Insecticide	China	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Laxative	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.

Use	Country/Region	Reference
Measles	China	Lost Crops of the Incas.
Measles	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Measles	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Parotitis	China	Lost Crops of the Incas.
Pertussis	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Piles	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Pneumonia	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Poultice	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Prurigo	US	
Psoriasis	US	
Psoriasis	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Refrigerant	China	Shih-chen, Li. 1973. Chinese medinal herbs. Georgetown Press, San Francisco.
Rheumatism	US(Appalachia)	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Rheumatism	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Rheumatism	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Scarlet-Fever	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Scrofula	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Skin	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Skin	Europe	
Skin	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Smallpox	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Sore	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Sore	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Sore	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Sore(Throat)	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Sore(Throat)	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Sore(Throat)	China	Lost Crops of the Incas.
Stomachic	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Sty	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Sudorific	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Swelling	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Syphilis	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Syphilis	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Throat	China	Kimura, Koiti. 1962. Japanese medicinal plants. vol. 1 (Revised ed.). Hirokawa Publishing Co., Tokyo.
Throat	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Tonsillitis	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Tonsillitis	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Tumor	Japan	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Tumor	India	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Tumor	Elsewhere	Lost Crops of the Incas.
Tumor	Spain	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Tumor	China	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.

Use	Country/Region	Reference
Tumor(Glands)	Chile	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Tumor(Spleen)	Belgium	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.