

Trigonella foenum-graecum (Fabaceae)

Common name(s)

Helba; Chinagreya; Foenum Graecum; Hu Lu Pa; Halva; Boyotu; Kelabat; K'U Tou; Shimli; Alholva; Fenugreek; Koroha

Use	Country/Region	Reference
Abdomen	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Anodyne	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Aphrodisiac	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Arthritis	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Astringent	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Baldness	India(Santal)	
Beri-Beri	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Bladder	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Boil	Elsewhere	
Cancer	Egypt	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Cancer	Chile	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Cancer	Austria	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Carminative	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Carminative	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Carminative	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Carminative	Elsewhere	
Chancre	India(Santal)	
Coffee	Elsewhere	
Cosmetic	Java	
Cystitis	India(Santal)	
Demulcent	Mediterranean	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Demulcent	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Demulcent	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Demulcent	Elsewhere	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Demulcent	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Deobstruent	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Diabetes	Elsewhere	
Diarrhea	Sudan	Broun, A.F., and R.E. Massey. 1929. Flora of the Sudan. The controller, Sudan Govt. Office, Wellington House, Buchingham Gate, London, S.W.I.
Diuretic	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Dysentery	Sudan	Broun, A.F., and R.E. Massey. 1929. Flora of the Sudan. The controller, Sudan Govt. Office, Wellington House, Buchingham Gate, London, S.W.I.
Dyspepsia	Sudan	Broun, A.F., and R.E. Massey. 1929. Flora of the Sudan. The controller, Sudan Govt. Office, Wellington House, Buchingham Gate, London, S.W.I.
Edema	India(Santal)	
Ejaculation	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Emmenagogue	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.

Use	Country/Region	Reference
Emollient	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Emollient	Elsewhere	
Emollient	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Emollient	Mediterranean	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Frigidity?	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Gastritis	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Gonorrhea	India(Santal)	
Hairblack	India(Santal)	
Hernia	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Hernia	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Hernia	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Hydrocoele	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Impotency	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Kidney	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Kidney	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Lactagogue	Elsewhere	
Lactagogue	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Piles	Spain	Font Query, P. 1979. Plantas Medicinales el Dioscorides Renovado. Editorial Labor, S.A. Barcelona. 5th Ed.
Renitis	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Renitis	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Repellant(Insect)		
Smallpox	Malaya	
Sore	Elsewhere	
Sore	India(Santal)	
Spice	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Stimulant	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Syphilis	India(Santal)	
Tonic	Elsewhere	
Tonic	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Tumor	Hungary	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Tumor	Belgium	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Tumor(Abdomen)	India	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Uterus	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Wound	Elsewhere	