

Sinapis alba (Brassicaceae)

Common name(s)

Khardal; Siro-Garasi; Mostaza Blanca; Beyaz Hardal; Guzark; Hu Chieh

Use	Country/Region	Reference
Ache(Foot)	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Anodyne	Chinese	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Apertif	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Arthritis	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Carminative	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Cathartic	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Cold Feet	Spain	Font Query, P. 1979. Plantas Medicinales el Dioscorides Renovado. Editorial Labor, S.A. Barcelona. 5th Ed.
Diaphoretic	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Diuretic	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Diuretic	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Emetic	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Emetic	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Emetic	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Expectorant	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Lumbago	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Neuralgia	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Rheumatism	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Rubefacient	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Rubefacient	Chinese	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Rubefacient	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Spice	Kurdistan	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Stimulant	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Stimulant	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Vesicant	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.