

Aspidistra elatior (Liliaceae)

Common name(s)

Ha-Ran

Use	Country/Region	Reference
Abdomen	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Amenorrhea	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Cardiotonic	Elsewhere	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Diuretic	Elsewhere	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Spasm	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Stone	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Urogenital	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.