

# Ziziphus jujuba (Rhamnaceae)

## Common name(s)

Pomme Malcadi; Bedara china; Unnab; Sanebuto-Natume; Jujube; Kola; Unnap Agaci; Hong Zao; Nabug; Azufaifo; Dara; Natume; Suan Tsao; Widara

Use	Country/Region	Reference
Ache(Head)	India(Santal)	
Ache(Stomach)	Malacca (Import)	
Ache(Stomach)	India(Santal)	
Anodyne	Elsewhere	
Anodyne	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Antidote	Elsewhere	
Antidote(Scorpion)	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Anxiety	China	Lost Crops of the Incas.
Astringent	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Bronchitis	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Cancer	Europe	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Cancer(Breast)	China	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Cancer(Digestive)	China	Yey, S.D.J. 1973. Anticancer Chinese Herbal Medicines. Maerican Journal of Chinese Medicine 1(2): 271-274.
Cholera	India(Santal)	
Colic	India(Santal)	
Cough	China	
Debility	China	Shih-chen, Li. 1973. Chinese medinal herbs. Georgetown Press, San Francisco.
Demulcent	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Depurative	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Diarrhea	India(Santal)	
Dysentery	India(Santal)	
Dyspepsia	Java (Import)	
Edema	India(Santal)	
Emollient	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Emollient	Haiti	Brutus, T.C., and A.V. Pierce-Noel. 1960. Les Plantes et les Legumes d'Hati qui Guerissent. Imprimerie De L'Etat, Port-Au-Prince, Haiti.
Emollient	Elsewhere	
Expectorant	China	
Fever	China	Lost Crops of the Incas.
Fever	Java (Import)	
Fever	India(Santal)	
Foot	China	Lost Crops of the Incas.
Gravel	India(Santal)	
Hand	China	Lost Crops of the Incas.
Insomnia	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.

Use	Country/Region	Reference
Insomnia	Elsewhere	
Insomnia	China	Lost Crops of the Incas.
Laxative	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Laxative	Elsewhere	
Nausea	Elsewhere	
Night-Sweat	China	Lost Crops of the Incas.
Pectoral	Asia	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Pectoral	Elsewhere	
Pectoral	Spain	Font Query, P. 1979. Plantas Medicinales el Dioscorides Renovado. Editorial Labor, S.A. Barcelona. 5th Ed.
Pectoral	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Pregnancy	Elsewhere	
Refrigerant	Elsewhere	
Refrigerant	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Rinderpest	India(Santal)	
Scabies	Elsewhere	
Sedative	Chinese	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Sedative	Chinese	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Sedative	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Sedative	Elsewhere	
Sialogogue	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Sore	India(Santal)	
Splenitis	India(Santal)	
Stomachic	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Throat	Elsewhere	
Tonic	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Tonic	Elsewhere	
Tonic	Chinese	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Tonic	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Tonic	Chinese	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Tuberculosis	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Tumor(Abdomen)	India	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Vertigo	China	Lost Crops of the Incas.
Wound	Elsewhere	