

Panax ginseng (Araliaceae)

Common name(s)

Jen Shen Chiu; Shen Ts'ao; Jen Shen; Otane-Ninzin; Ren Shen; Shen Lu

Use	Country/Region	Reference
Anemia	China	
Anodyne	Russia	
Apertif	China	
Aphrodisiac	China	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Aphrodisiac	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Aphrodisiac	China	
Asthma	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Cachexia	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Cachexia	China	
Cancer(Breast)	China	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Cancer(Stomach)	China	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Cancer(Stomach)	China	Yey, S.D.J. 1973. Anticancer Chinese Herbal Medicines. Maerican Journal of Chinese Medicine 1(2): 271-274.
Cardiotonic	Elsewhere	
Cardiotonic	Russia	
Cough	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Death	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Debility	China	
Debility	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Diabetes	Elsewhere	
Diabetes	Russia	
Divination	China	
Dyspepsia	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Dyspepsia	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Emetic	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Evil eye	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Expectorant	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Fear	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Fever	China	Lost Crops of the Incas.
Fever	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Forgetfulness	China	
Heart	Elsewhere	
Hemorrhage	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Hyperglycemia	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Impotency	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Intestine	Japan*	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Longevity	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.

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Magic	China	
Malaria	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Medicine	China	Li, C.P. 1974. Chinese Herbal Medicine. DHEW Publication No. (NIH): 75-732.
Menorrhagia	China	Lost Crops of the Incas.
Nausea	China	Lost Crops of the Incas.
Nausea	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Neurasthenia	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Palpitation	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Palpitation	China	
Polyuria	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Rectocele	China	Lost Crops of the Incas.
Respiratory	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Restorative	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Shortwindedness	China	
Sialogogue	China	
Sore	China	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Spermatorrhea	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Spleen	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Stimulant	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Stimulant	US	
Stimulant	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Stomachic	Japan*	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Sweating	China	Lost Crops of the Incas.
Swelling	China	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Thirst	China	
Thirst	China	Lost Crops of the Incas.
Tonic	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Tonic	Japan*	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Tonic	China	Keys, J.D. 1976. Chinese Herbs. Charles E. Tuttle Co., Tokyo.
Tonic	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Tonic	China	
Tonic	China	
Tranquilizer	Russia	
Tranquilizer	Elsewhere	
Weakness	China	Lost Crops of the Incas.