

Plantago lanceolata (Plantaginaceae)

Common name(s)

Zibad; Lanten Menor; Adhan As Sakhlah; Gechi Qulaghi; Udhainat As Sakhlah; Ribwort; Dar Yaprakli Sinirliot

Use	Country/Region	Reference
Alterative	Elsewhere	
Apertif	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Asthma	Elsewhere	
Astringent	Elsewhere	
Bactericide	Elsewhere	
Cancer	Uk(Wales)	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Chest	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Contraceptive	Elsewhere	
Cough	Elsewhere	
Deobstruent	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Depurative	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Depurative	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Diuretic	Elsewhere	
Diuretic	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Emollient	Spain	Font Query, P. 1979. Plantas Medicinales el Dioscorides Renovado. Editorial Labor, S.A. Barcelona. 5th Ed.
Expectorant	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Hemostat	Elsewhere	
Lung	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Lung	Elsewhere	
Purgative	Elsewhere	
Refrigerant	Iraq	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Sore	Elsewhere	
Sore	Turkey	Al-Rawi, Ali. 1964. Medicinal Plants of Iraq. Tech. Bull. No. 15. Ministry of Agriculture, Directorate General of Agricultural Research Projects.
Vulnerary	Elsewhere	
Vulnerary	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Wound	Elsewhere	