

# Ziziphus vulgaris (Rhamnaceae)

## Common name(s)

Sanebuto-Natume; Mei Tsao; Nan Tsao; Kan Tsao; Pei Tsao; Liang Tsao; Tsao; Ta Tsao

Use	Country/Region	Reference
Abdomen	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Ague	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Amnesia	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Anodyne	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Antidote(Aconite)	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Apprehension	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Cancer(Uterus)	China	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Demulcent	Japan*	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Depurative	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Diaphoretic	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Eruption	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Eye	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Fever	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Hair-Tonic	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Hematinic	Japan*	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Inflammation	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Insomnia	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Laxative	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Marasmus	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Nausea	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Nervine	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Poultice	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Pregnancy	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Sedative	Japan*	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Sedative	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Sedative	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Tonic	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Tonic	Japan*	ANON. 1978. List of Plants. Kyoto Herbal Garden, Pharmacognostic Research Lab., Central Research Division, Takeda Chem. Industries, Ltd., Ichijoji, Sakyoku, Kyoto, Japan.
Typhoid	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Vertigo	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Viscera	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Wound	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.