

Dr. Duke's Phytochemical and Ethnobotanical Databases

Ethnobotanical Uses for *Armeria vulgaris*

Ethnobotanical Use	Country/Region	Reference
Astringent	Spanish	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Diuretic	Dutch	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Obesity	Elsewhere	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.