

## Dr. Duke's Phytochemical and Ethnobotanical Databases

### Ethnobotanical Uses for *Cynara cardunculus*

Ethnobotanical Use	Country/Region	Reference
Aperient	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Diabetes	Spain	Font Query, P. 1979. Plantas Medicinales el Dioscorides Renovado. Editorial Labor, S.A. Barcelona. 5th Ed.
Diuretic	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.