

## Dr. Duke's Phytochemical and Ethnobotanical Databases

### Ethnobotanical Uses for *Ilex mitis*

Ethnobotanical Use	Country/Region	Reference
Charm	Lesotho	Guillarmod, A.J. 1971. Flora of Lesotho (Basutoland). Verlag von J. Cramer, 3301 Lehre, Germany.
Colic	Lesotho	Guillarmod, A.J. 1971. Flora of Lesotho (Basutoland). Verlag von J. Cramer, 3301 Lehre, Germany.
Enema	Lesotho	Guillarmod, A.J. 1971. Flora of Lesotho (Basutoland). Verlag von J. Cramer, 3301 Lehre, Germany.
Firewood	Lesotho	Guillarmod, A.J. 1971. Flora of Lesotho (Basutoland). Verlag von J. Cramer, 3301 Lehre, Germany.