

Dr. Duke's Phytochemical and Ethnobotanical Databases**Ethnobotanical Uses for *Helenium autumnale***

Ethnobotanical Use	Country/Region	Reference
Cold	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Decongestant	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Hayfever	US(Blackfoot)	--
Insecticide	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Piscicide	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Sternutatory	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.
Vermifuge	US	Krochmal, Arnold and Connie. 1973. A guide to the medicinal plants of the United States. Quadrangle/The N.Y. Times Book Co.