

Dr. Duke's Phytochemical and Ethnobotanical Databases

Ethnobotanical Uses for *Polygonatum officinale*

Ethnobotanical Use	Country/Region	Reference
Arthritis	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Arthritis	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Astringent	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Cardiotonic	Elsewhere	Lost Crops of the Incas.
Cold	China	Lost Crops of the Incas.
Cough	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Cough	China	Lost Crops of the Incas.
Debility	China	Lost Crops of the Incas.
Debility	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Demulcent	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Demulcent	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Diabetes	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Fever	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Fever	China	Lost Crops of the Incas.
Flu	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Gravel	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Hidrosis	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Hypertension	Elsewhere	Lost Crops of the Incas.
Inflammation	Elsewhere	Lost Crops of the Incas.
Lung	China	Lost Crops of the Incas.
Malaria	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Malaria	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Ophthalmia	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Refrigerant	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.

Ethnobotanical Use	Country/Region	Reference
Refrigerant	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Sedative	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Sedative	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Sore(Throat)	China	Lost Crops of the Incas.
Thirst	China	ANON. 1974. A barefoot doctor's manual. DHEW Publication No. (NIH): 75-695.
Thirst	China	Lost Crops of the Incas.
Tonic	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Tonic	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Tumor	Europe	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Urogenital	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Wound	Elsewhere	Lost Crops of the Incas.