

**Dr. Duke's Phytochemical and Ethnobotanical Databases****Ethnobotanical Uses for *Ephedra vulgaris***

<b>Ethnobotanical Use</b>	<b>Country/Region</b>	<b>Reference</b>
Alterative	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Asthma	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Astringent	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Collyrium	Elsewhere	Martinez, Maximino. 1969. Las Plantas Medicinales de Mexico.
Cough	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Diaphoretic	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Diuretic	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Fever	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Flu	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Malaria	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Nephritis	Elsewhere	Martinez, Maximino. 1969. Las Plantas Medicinales de Mexico.
Puerperium	China	Shih-chen, Li. 1973. Chinese medicinal herbs. Georgetown Press, San Francisco.
Stomachic	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Sudorific	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.
Tonic	Turkey	Steinmetz, E.F. 1957. codex Vegetabilis. Published by the author, Amsterdam.