

# U Constipation

Plant
<i>Acalypha indica</i> (Lelatang)
<i>Aegle marmelos</i> (Bael Tree; Kawista; Maja pait; Maja; Shul; Vilwa; Marmelo; Baelbaum; Maja batu; Maja lumut; Maja galepung; Maja ingus; Hint Ayva Agaci; Maja gedang)
<i>Albuca trichophylla</i>
<i>Amaracarpus solomonensis</i>
<i>Ambrosia cumanensis</i>
<i>Amorphophallus campanulatus</i> (Saranah; Soeweg; Kembang bangah)
<i>Anacardium occidentale</i> (Amerikan Elmasi; Jocote Maranon; Alcayoiba; Jambu terong; Cashew; Cajou; Jambu monyet; Acajou; Gajus; Acaju; Maranon; Anacarde; Cacajuil; Jambu golok; Noix D'Acajou; Acajoiba; Anacardo; Pomme Cajou; Merey; Jambu; Cajueiro; Acajou A Pomme; Jambu mete; Cajuil; Pomme Acajou; Pomme; Caju; Anacardier)
<i>Angelica sinensis</i> (Dan Gui; Dang Gui)
<i>Antidesma praegrandidifolium</i>
<i>Arenga pinnata</i> (Bak djoek; Aren; Lirang; Nandung; Toewak)
<i>Aristolochia rumphii</i>
<i>Aristolochia</i> sp. (Tali gorita; Roetoe-roetoe)
<i>Artemisia afre</i>
<i>Artemisia capillaris</i> (Kawara-Yomogi; Yin Ch'En Chiu; Shih Yin Ch'En; Yin Ch'En Hao; Yin Ch'En; In Chen)
<i>Barleria prionitis</i> (Bunga landak (porcupine flower; Sekunyit; Landep; Jarong kendem landep)
<i>Belamcanda chinensis</i> (Semprit; Suliga; Hi-Ogi; Pokok kipas (fan plant); She Kan)
<i>Cannabis sativa</i> (Tchene; Hint Kenevir; Kenevir; Bangu; Hemp; Huo Ma; Ma Fen; Ma Jen Chiu; Canamo; Canamo Indio; Ganja; Qunnab; Bhang; Huang Ma; Han Ma; Hemp,Indian; Ta Ma; Mariguana)
<i>Carica papaya</i> (Pawpaw; Mu Kua; Chich Put; Katela gantung; Pawpaw Tree; Gandul; Mapaza; Wan Shou Kuo; Lechoso; Lohong Si Phle; Papailler; Tinti; Papaw; Kuntaia; Fan Kua; Kavunagaci; Papaye; Betik petik; Papayer; Papaya; Pepol; Kates; Kepaya)
<i>Cassia alata</i> (Fleur Palmiste; Date; Ki manila; Fleurs Saint Christophe; Guajava; Daoen koepang; Ketepeng badak; Fleur St Christophe; Ketepeng kebo; Fleur Dartre; Ludanggan; Ketepeng; Ketepeng tijna; Fleur A Dartres; Dates Jaunes; Herbe A Dattes; Gelenggang; Dartres)
<i>Cassia fistula</i> (Sember Hiyari Agaci; Kallober; Klohur; Kachang kayu (Woody bean); Samyaka; Chacara; Canafistula; Nanban-Saikati; Klober; Ch'Ang Kuo Tzu Shu; Baton Casse; Keyok)
<i>Cassia obtusifolia</i> (Ketepeng; Gelenggang kechil; Gelenggang nasi; Gelenggang sayor)
<i>Cassia tora</i> (Ts'Ao Chueh Ming; Pistache Marron; Brusca Cimarrona; Penitora; Cassia, Foetid; Gelenggang padang; Gelenggang kechil)
<i>Castilla elastica</i> (Caucho Criollo Hembra; Holli)
<i>Cayratia japonica</i>
<i>Chartoloma rostrata</i>
<i>Cicer arietinum</i> (Garbanzo; Cece; Garvane; Nokhud; Hummus; Nok; Pois Chiche)
<i>Clerodendrum disparifolium</i> (Kecholam; Puding; Pencholam)
<i>Cocos nucifera</i> (Ipa; Kelambir; Kerambil; Noix De Coco; Jeho; Nyor; Nyiur; Cocoyeur; Kelapa; Cocotier; Yueh Wang T'Ou; Drakht I Badinja; Kerambir; Cocoye; Kechambil; Cocotero; Hsu Yu; Kalapa; Mata De Coco; Coco; Yeh Chung Chiu; Yeh Tzu; Niyu; Coqueiro; Palma De Coco)
<i>Crateva religiosa</i> (Varana; Kepayan)
<i>Croton caudatus</i>
<i>Curcuma xanthorrhiza</i> (Temu lawas; Koneng gedi; Temu lawak; Temu raya; Temu lawak)
<i>Desmodium umbellatum</i> (Renengan)
<i>Didymocarpus reptans</i> (Akar sumpu darah; Bunga jarum; Rugum bukit)
<i>Drymoglossum heterophyllum</i> (Pitjisan; Sisek naga (Dragon scales); Pichisan; Pakis duwitan; Sakat ribu-ribu (Thousands...))
<i>Echinochloa frumentacea</i>
<i>Eryngium foetidum</i> (Coulantre; Cilantro Sabanero; Panicaut Fetide; Cilantro; Coulante; Chardon Etoile Puant; Culantro; Culantrico; Ketumbar jawa)

**Plant**

*Euonymus atropurpureus* (Eastern Wahoo; Burning Bush)

*Euonymus tingens*

*Eupatorium triplinerve* (Daun perasman; Daun panahan)

*Fibraurea tinctoria*

*Garcinia lanessonii*

*Gardenia storckii*

*Gardenia thunbergia*

*Geniostoma insulare*

*Geum urbanum* (Meryemotu; Cariofilada; Hashishat Al Mubarek; Seiyo-Daikon-So; Benedicte)

*Graptophyllum pictum* (Tulak; Benalu; Demung; Wungu; Puding)

*Gurania spinulosa*

*Hyptis capitata* (Margarita; Oregano)

*Hyptis suaveolens* (Lerkuung; Malbar hutan; Sepulut; Oregano; Selaseh hutan (Woodland basil); Mastranto; Mamajuana; Melisse; Basinan; Ajonjoli Cimarron)

*Illicium verum* (Bunga lawan; Yildizanasonu; Pa Chio Yu; Pa Chio Hui Hsiang; Po Hui Hsiang)

*Leptospermum ericoides*

*Leptospermum flavescens* (Gelam bukit (Hill Melaleuca); Chuchur atap (Roof edge); Hujung atap)

*Ligustrum lucidum* (Nu Chen P'I Chiu; Nu Chen; To-Nezumi-Moti)

*Liparis treubii* (Gajang)

*Magnolia officinalis* (Magnolia; Magnolier Officinal; Ch'Uan Pu; Chinese Magnolia; Choon Pok)

*Morus alba* (Hsun; Tuth; Ma-Guwa; Mures; Shan Sang; Chi Sang; Shen; Sang Ken Pai P'I; T'An; Chin Sang; Morera; Tut; Sang Shen Kao; Nu Sang; Lu Sang; Kitaoe; Mora; I Sang; Dut Agaci; Besar; Lampoeng; Sang Shen Tzu; Sang; Sang Shen Chiu; Tu; Ching Sang; Pai Sang; Sang Pi; Ti Sang; Tukki)

*Nigella sativum* (Tarate; Jintan hitam)

*Ophiopogon japonicus* (Mai Dong; Zya-No-Hige)

*Pandanus tectorius* (Pandan pasir; Pandan laoet)

*Paris polyphylla* (Tsao Hsiu)

*Pentaphragma x ellipticum*

*Peucedanum japonicum* (Ganti; Fang K'Uei)

*Pharnaceum detonsum*

*Phytolacca esculenta* (Yama-Gobo; Yosyu-Yama-Gobo)

*Plerandra solomonensis*

*Polygala elongata*

*Polygonum multiflorum* (Turu-Dokudami; Ho Chou Wu; Ho Shou Wu; She Chien Ts'AO)

*Prunus armeniaca* (Qaisi; Apricot; Anzu; Arig; Albaricoquero; Hsing Jin; Hsing Jen T'Ang; Kaise; Mu Hsing; Shan Hsing; Mei Hsing; Mish Mish; Jou Hsing; Sha Hsing; Kayisi Agaci; T'len Mei; Hsing Su; Aprecock; Chin Hsing; Hsing; Lai Hsing)

*Prunus persica* (Sheftali; Pecher; Pesco; Peach; Momo; Tao Ren; Seftali Agaci; Melocotonero; Khokh; T'Ao P'I Chiu)

*Psammotropha mucronata*

*Psychotria rostrata* (Nyarum)

*Rheum tanguticum* (Da Huang)

*Rourea rugosum* (Akar sembelit (Constipat. vine))

*Ruellia tuberosa* (Fleurs Petards; Guaci; Petit-Petards; Lia Huevos; Batatilla; Petits Petards; Racine Petards; Pensamiento Haitiano; Tiquitaque)

*Rumex crispus* (Kivircik Labada; Oseille Sauvage; Chin Ch'lao Mai; Oseille Marron; Hualtata; Curly Dock; Dock, Yellow; Niu She T'Ou; Surale Di Bierdji; Hummaidh)

*Rumex patientia* (Pasiyince; Patience; Bahce Labadasi; Rhubarb, Monk'S; Oseille; Oseille D'Amerique; Patience Vesiculeuse)

*Rumex sagittatus*

**Plant**

*Salvia hispanica* (Chia)

*Schizocarpus gerrardii*

*Scrophularia ningpoensis* (Genzin; Xuan Shen)

*Scutellaria baicalensis* (Baikal Skullcap; Huang Qin)

*Sesamum indicum* (Kunji; Lenga; Haholi; Goma; Sesame; Susam; Tila; Jojoli; Kundij; Ch'Ing Jang; Bijan; Jungeoline; Ooli; Jijiri; Hei Yu Ma; Pai Yu Ma; Wijen; Hoholi; Hu Ma; Ma K'U Ping; Ajonjoli; Simsim)

*Sida rhombifolia* (Sidoguir; Sedeguri; Getanguri; Sidaguri; Sendaguri; Broomjue Sida; Seleguri; Chinaguri; Cheleguri; Seleguri padang; Senanguri; Lemak ketam (CRab's fat); Bunga padang; Tsindahoro; Atibala; Senduri; Padang belulang; Otok-otak)

*Solanum nigrum* (Morete; Long Kui; Black Nightshade; Manman Lanman; Enab Ez Zhib; E'Nab Adh Dhib; Hierba Mora; Lanment; Inu-Hozuki; T'Ien P'ao Ts'ao; Terong meranti; Lanman Noir; Morelle Noir; Yerba Mora; Lung K'Uei; Ituzumu; Lanman; Nightshade,Black; Gurkamai; T'Ien Ch'leh Tzu; Lao Ya Yen Ching Ts'ao; E'Nab Ath Tha'Lab; Solatro Nero; Morelle Noire; Alaman; Ranti; L'Homme)

*Thuja orientalis* (Po Shih; Po Tzu; Po Yeh Chiu; Po Hsiang Sui; Nioi-Hiba; Po; Pien Po; Po Tzu Jen)

*Trichosanthes kirilowii* (Kua Lou; T'Ien Kua; Karo(To-Karasu-Uri))

*Trichosanthes multiloba* (Pai Yao; Qua Lau; Kua Lou; T'Ien Hua Fen; Kuo Lou)

*Urtica dioica* (Nettle,Common; Bigstring Nettle; Nabat Al Nar; Kazink; Isirgan; Stinging Nettle; Ortiga Mayor; Gerrais)

*Vigna angularis*

*Zingiber cassumunar* (Bulai; Cassumunar Ginger; Panini; Bunglai; Oenin makei; Bongelai; Bengele; Kunyit bolai; Boleh; Bangle; Bungelai; Bolai; Koenjit bolai)