

Dr. Duke's Phytochemical and Ethnobotanical Database

List of Plants for FIBER(CRUDE)

Plant	Part	Low PPM	High PPM	StdDev	Reference
Achillea millefolium	Plant	--	69000	-0.6486558303247424	--
Allium sativum var. sativum	Root	--	20000	-2.6996939373508893	--
Aloe spp.	Leaf	--	177000	1.2944408191171062	--
Althaea officinalis	Root	--	83000	-0.8363237735654434	--
Angelica sinensis	Root	--	172000	1.7960562990838373	--
Apium graveolens	Fruit	--	171000	0.39638478898989327	--
Arctium lappa	Root	--	72000	-1.1616741196232196	--
Arctostaphylos uva-ursi	Leaf	--	121000	-0.16669730593333357	--
Armoracia rusticana	Root	--	122000	0.3171910897303088	--
Asparagus officinalis	Root	--	141000	0.8791598692846496	--
Astragalus membranaceus	Root	--	200000	2.6242208163218135	--
Avena sativa	Plant	--	173000	1.2755446864775144	--
Berberis vulgaris	Bark	--	134000	-0.09280313322782811	--
Bupleurum chinense	Root	--	90000	-0.6292826442559494	--
Capsicum annum	Fruit	--	258000	1.530775468007022	--
Carica papaya	Fruit	--	44000	-1.259564822908674	--
Carthamus tinctorius	Flower	--	93000	0.8337716352232641	--
Caulophyllum thalictroides	Root	--	112000	0.021418047859603124	--

Plant	Part	Low PPM	High PPM	StdDev	Reference
Centella asiatica	Leaf	--	187000	1.5553583414475418	--
Chrysanthemum parthenium	Leaf	--	143000	0.4073212431936249	--
Cimicifuga racemosa	Root	--	119000	0.2284591771690971	--
Cnicus benedictus	Plant	--	98000	-0.11209991698565153	--
Crataegus laevigata	Fruit	--	108000	-0.4250705302983724	--
Curcuma longa	Plant	--	63000	-0.7596673986017957	--
Dioscorea villosa	Root	--	130000	0.5538095232268734	--
Echinacea purpurea	Root	--	111000	-0.008159256327467447	--
Eleutherococcus senticosus	Root	--	100000	-0.33350960238524374	--
Ephedra sinica	Plant	--	98000	-0.11209991698565153	--
Equisetum arvense	Plant	--	202000	1.8121005998166053	--
Eriodictyon californicum	Leaf	--	150000	0.5899635088249299	--
Eupatorium perfoliatum	Plant	--	100000	-0.07509606089330044	--
Euphrasia officinalis	Plant	--	91000	-0.24161341330888036	--
Foeniculum vulgare	Seed	--	172000	0.7922139817488655	--
Frangula purshiana	Bark	--	310000	2.339823678190987	--
Fucus vesiculosus	Plant	--	98000	-0.11209991698565153	--
Gentiana lutea	Root	--	120000	0.2580364813561677	--
Ginkgo biloba	Leaf	--	100000	-0.7146241028272484	--

Plant	Part	Low PPM	High PPM	StdDev	Reference
Glycyrrhiza glabra	Root	--	84000	-0.8067464693783728	--
Gymnema sylvestre	Leaf	--	80000	-1.2364591474881201	--
Harpagophytum procumbens	Root	--	110000	-0.03773656051453802	--
Hibiscus sabdariffa	Flower	--	30000	-1.7666052469086984	--
Humulus lupulus	Flower	--	72000	-0.03302065882072333	--
Hydrangea arborescens	Root	--	120000	0.2580364813561677	--
Hydrastis canadensis	Root	--	123000	0.3467683939173794	--
Inula helenium	Root	--	140000	0.8495825650975791	--
Juglans nigra	Pericarp	--	162000		--
Juniperus communis	Fruit	--	120000	-0.26860285043394083	--
Larrea tridentata	Plant	--	132000	0.516965636584317	--
Lobelia inflata	Leaf	--	88000	-1.0277251296237717	--
Medicago sativa	Plant	--	210000	1.9601160241860098	--
Mentha x piperita	Leaf	--	114000	-0.3493395715646385	--
Myrica cerifera	Bark	--	111000	-0.4107032279018778	--
Nepeta cataria	Plant	--	10000	-1.7402695850490997	--
Panax ginseng	Root	--	72000	-1.1616741196232196	--
Parthenium integrifolium	Root	--	105000	-0.18562308144989087	--
Passiflora incarnata	Flower	--	70000	-0.11557230587253167	--

Plant	Part	Low PPM	High PPM	StdDev	Reference
Petroselinum crispum	Plant	--	113000	0.1654290037069817	--
Plantago major	Seed	--	190000	1.0339063829603843	--
Plantago psyllium	Seed	--	3000	-1.477009118514834	--
Quercus alba	Bark	--	92000	-0.6733163495891362	--
Rosa canina	Fruit	--	300000	2.0784123475325322	--
Rubus idaeus	Leaf	--	82000	-1.1842756430220331	--
Rumex crispus	Root	--	122000	0.3171910897303088	--
Ruscus aculeatus	Root	--	108000	-0.09689116888867916	--
Salix alba	Bark	--	94000	-0.6456728630957406	--
Salvia officinalis	Leaf	--	196000	1.790184111544934	--
Schisandra chinensis	Fruit	--	76000	-0.8423176766035232	--
Scutellaria lateriflora	Plant	--	82000	-0.4081307657244603	--
Senna alexandrina	Leaf	--	113000	-0.37543132379768207	--
Serenoa repens	Fruit	--	130000	-0.1382131172135812	--
Silybum marianum	Leaf	--	120000	-0.19278905816637712	--
Smilax officinalis	Root	--	100000	-0.33350960238524374	--
Smilax spp	Root	--	100000	-0.33350960238524374	--
Spirulina spp.	Plant	--	2000	-1.888285009418504	--
Stachys officinalis	Plant	--	120000	0.2949425000302105	--

Plant	Part	Low PPM	High PPM	StdDev	Reference
Stellaria media	Plant	--	108000	0.07291936347610395	--
Symphytum officinale	Leaf	--	90000	-0.9755416251576845	--
Tabebuia heptaphylla	Bark	--	152000	0.1559882452127325	--
Taraxacum officinale	Root	--	89000	-0.65885994844302	--
Thymus vulgaris	Leaf	--	202000	1.9467346249431954	--
Trifolium pratense	Flower	--	99000	1.0814265763786892	--
Trigonella foenum-graecum	Seed	--	87000	-0.3491112461944153	--
Turnera diffusa	Leaf	--	109000	-0.47979833272985634	--
Ulmus rubra	Bark	--	92000	-0.6733163495891362	--
Urtica dioica	Leaf	--	110000	-0.4537065804968128	--
Vaccinium macrocarpon	Fruit	--	110000	-0.39899258365430046	--
Vaccinium myrtillus	Fruit	--	89000	-0.6728110234170557	--
Valeriana officinalis	Root	--	79000	-0.9546329903137257	--
Verbascum thapsus	Leaf	--	111000	-0.42761482826376923	--
Yucca baccata	Root	--	112000	0.021418047859603124	--
Zingiber officinale	Root	--	171000	1.7664789948967667	--