

P **Teucrium micropodioides**

Common Name(s)

Small 'Cyprus' Germander

How Used

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Chemical Plant Part		Low PPM	High PPM	StdDev	Reference	Citation
67	1,8-CINEOLE	Leaf	12	12	-0.5286809841146956	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. J. Ethnopharm. 35: 105-113.
0	1-OCTEN-3-OL	Leaf	8	8	-0.4852103382888757	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. J. Ethnopharm. 35: 105-113.
0	ALLO-AROMADENDRENE	Leaf	--	--	-0.20243351944990073	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. J. Ethnopharm. 35: 105-113.
0	ALPHA-CADINENE	Leaf	--	--	-0.43093968589022963	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. J. Ethnopharm. 35: 105-113.
0	ALPHA-CARYOPHYLLENE	Leaf	--	--	-0.928834741047605	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. J. Ethnopharm. 35: 105-113.

Chemical Plant Part		Low PPM	High PPM	StdDev Reference	Citation	
3	ALPHA-CEDRENE	Leaf	150	150	0.7268675121753218	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
0	ALPHA-COPAENE	Leaf	32	32	-0.1659248361864131	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
0	ALPHA-HIMACHALENE	Leaf	105	105	0.8628403050799633	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
2	ALPHA-HUMULENE	Leaf	44	44	-0.39333588707432904	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
28	ALPHA-PINENE	Leaf	265	265	-0.20733951829819758	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
13	ALPHA-TERPINENE	Leaf	--	--	-0.3123623388930157	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
23	ALPHA-TERPINEOL	Leaf	85	85	-0.4410403124633939	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
0	ALPHA-TERPINOLENE	Leaf	--	--	-0.4999999999999999	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
36	ANETHOLE	Leaf	12	12	-0.46756849994207844	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.

Chemical Plant Part		Low PPM	High PPM	StdDev Reference	Citation
6	BETA-BISABOLENE	Leaf 255	255	-0.15115294138985622	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
0	BETA-BOURBONENE	Leaf 20	20	-0.44265174781656524	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
0	BETA-CARYOPHYLLENE	Leaf 170	170	-0.25159429821074664	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
0	BETA-CUBEBENE	Leaf --	--	-0.3155822286393924	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
0	BETA-GUAIENE	Leaf --	--	-0.6464313003671401	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
3	BETA-PHELLANDRENE	Leaf --	--	-0.4643297333211115	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
13	BETA-PINENE	Leaf 705	705	0.6107394056423866	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
35	BORNEOL	Leaf --	--	-0.4755117829371082	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
9	CAMPHENENE	Leaf 8	8	-0.18966898363454263	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.

Chemical Plant Part		Low PPM	High PPM	StdDev Reference	Citation	
37	CARVACROL	Leaf	32	32	-0.5443888856652033	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
8	CARYOPHYLLENE-OXIDE	Leaf	68	68	-0.16044841130156084	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
20	CITRONELLAL	Leaf	--	--	-0.4001849021141388	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
9	DELTA-CADINENE	Leaf	65	65	-0.18111181220727807	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
0	EO	Leaf	4000	4000	-0.6627798744630032	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
0	GAMMA-CADINENE	Leaf	--	--	-0.4883051358801179	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
0	GAMMA-ELEMENE	Leaf	140	140	0.7732355633821454	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
11	GAMMA-TERPINENE	Leaf	8	8	-0.35649820639255697	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
3	ISOPULEGOL	Leaf	--	--	-0.42332708737339453	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.

Chemical Plant Part		Low PPM	High PPM	StdDev	Reference	Citation
60	LIMONENE	Leaf	170	170	-0.268944101986277	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
0	LINALOL	Leaf	20	20	-0.4307530475094438	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
22	MYRCENE	Leaf	24	24	-0.1640150841372499	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
5	MYRTENAL	Leaf	48	48	0.381371062659288	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
2	MYRTENOL	Leaf	--	--	-0.4544764789328613	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
10	NEROL	Leaf	80	80	-0.021778145955176693	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
16	P-CYMENE	Leaf	--	--	-0.4001134882866781	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
1	PINOCARVONE	Leaf	44	44	-0.09448062083092541	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
5	SABINENE	Leaf	165	165	-0.1560808307047392	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.

Chemical Plant Part		Low StdDev Reference Citation				
		PPM	High PPM	Reference	Citation	
0	SPATHULENOL	Leaf	24	24	-0.6414139694454836	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
23	TERPINEN-4-OL	Leaf	12	12	-0.3334706353073337	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
71	THYMOL	Leaf	32	32	-0.4026253885663395	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
0	TRANS-BETA-BERGAMOTENE	Leaf	70	70	0.5773502691896257	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
2	TRANS-BETA-FARNESENE	Leaf	65	65	-0.0028291401579193277	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
0	TRANS-NEROLIDOL	Leaf	32	32	1.7320508075688772	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.
2	TRANS-PINOCARVEOL	Leaf	140	140	-0.08716937093542083	Arnold, N., Bellomaria, B., Velentini G. and Rafaiani, S.M. 1991. Comparative Study on Essential Oil of Some Teucrium Species from Cyprus. <i>J. Ethnopharm.</i> 35: 105-113.