

P **Origanum vulgare**

Common Name(s)

Common Turkish Oregano, Greek Oregano, Wild Oregano

How Used

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Chemical	Plant Part	Low PPM	High PPM	StdDev	Reference Citation
8	4-TERPINEOL	Shoot 90	90	-0.8812397479018691	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993. Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
0	ALPHA-CARYOPHYLLENE	Shoot --	--	-0.286128265719306	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993. Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
2	ALPHA-HUMULENE	Shoot --	--	-0.42378287967666817	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993. Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
0	ALPHA-MUUROLENE	Shoot --	--	-0.3456072526178631	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993. Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
11	ALPHA-PHELLANDRENE	Shoot 45	45	-0.1950801490651973	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993. Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.

Chemical	Plant Part	Low PPM	High PPM	StdDev	Reference Citation
28	ALPHA-PINENE	Shoot 225	225	-0.12500881958536136	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993. Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
13	ALPHA-TERPINENE	Shoot 495	495	0.9059799637825472	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993. Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
23	ALPHA-TERPINEOL	Shoot --	--	-0.28583770567772854	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993. Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
0	ALPHA-THUJENE	Shoot 315	315	5.123194651318674	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993. Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
3	AROMADENDRENE	Shoot --	--	-0.1813548078835214	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993. Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
6	BETA-BISABOLENE	Shoot 270	270	0.10032152040413772	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993. Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
0	BETA-CARYOPHYLLENE	Shoot 360	360	0.31987217178644994	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993. Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
13	BETA-PINENE	Shoot 45	45	-0.11794822555659927	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993. Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
35	BORNEOL	Shoot 45	45	-0.3552778127264526	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993. Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.

Chemical	Plant Part	Low PPM	High PPM	StdDev	Reference	Citation
12	BORNYL-ACETATE	Shoot 0.1	0.1	-0.40759891412167654	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993.	Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
9	CAMPHENE	Shoot 45	45	-0.1301244734991833	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993.	Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
37	CARVACROL	Shoot 26865	26865	2.541939180895561	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993.	Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
0	CARVACROL-METHYL-ETHER	Shoot --	--	-0.42104346871177334	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993.	Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
19	CARVONE	Shoot --	--	-0.2610496482559911	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993.	Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
3	CIS-OCIMENE	Shoot --	--	-0.4548822643610374	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993.	Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
0	CIS-PINANE	Shoot --	--	-0.5773502691896258	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993.	Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
0	CIS-THUJANOL	Shoot 180	180	1.660037707655972	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993.	Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
8	DELTA-3-CARENE	Shoot 0.1	0.1	-0.3104474088399082	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993.	Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.

Chemical	Plant Part	Low PPM	High PPM	StdDev	Reference	Citation
0	EO	Shoot 45000	45000	3.2121493650504327	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993.	Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
0	GAMMA-CADINENE	Shoot --	--	-0.23322150019191376	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993.	Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
0	GAMMA-GURJUNENE	Shoot 270	270	1.7106896310579314	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993.	Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
11	GAMMA-TERPINENE	Shoot 4950	4950	3.0257920938752125	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993.	Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
60	LIMONENE	Shoot 315	315	-0.1680884497636591	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993.	Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
22	MYRCENE	Shoot 585	585	0.32536163094478565	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993.	Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
16	P-CYMENE	Shoot 3420	3420	2.2097266155075714	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993.	Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
9	TERPINOLENE	Shoot --	--	-0.8058454203706209	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993.	Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
71	THYMOL	Shoot 6165	6165	1.3078251004831116	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993.	Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.

Chemical	Plant Part	Low PPM	High PPM	StdDev	Reference	Citation
0	TRANS-OCIMENE	Shoot	--	--	-0.5149826719078542	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993. Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.
0	TRANS-THUJANOL	Shoot	90	90	-0.9592455844332841	Lagouri, V., Blekas, G., Tsimidou, M., Kokkini, S., and Boskou, D. 1993. Composition and Antioxidant Activity of Essential Oils from Oregano Plants Grown Wild in Greece. Z. Lebensm Unters Forsch 197: 20-23.