

Dr. Duke's Phytochemical and Ethnobotanical Database

List of Plants for PHOSPHOLIPIDS

Plant	Part	Low PPM	High PPM	StdDev	Reference
Abelmoschus manihot	Plant	5310	45775	0.4907168838238263	--
Annona cherimola	Seed	4400	5700	-0.4544985218891125	--
Brassica juncea	Plant	5588	60740	1.2840854547734128	--
Brassica oleracea var. capitata l.	Leaf	80	2400	-1	--
Coix lacryma-jobi	Seed	--	18300	0.6216419226853153	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Cucurbita maxima	Plant	5338	37860	0.0711036369767847	--
Cucurbita pepo	Seed	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Fagopyrum esculentum	Seed	34000	34000	1.962547079813769	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Linum usitatissimum	Seed	360	4050	-0.5954216753452876	Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp.
Polygonum multiflorum	Plant	--	34900	-0.08582058420669515	--
Punica granatum	Seed	--	--		Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Schisandra chinensis	Fruit	--	--		Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Sechium edule	Leaf	6728	38010	1	--

Plant	Part	Low PPM	High PPM	StdDev	Reference
Sesamum indicum	Seed	111	760	-0.8764139025397214	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Theobroma cacao	Plant	255	3319	-1.7600853913673296	--
Theobroma cacao	Seed	255	3319	-0.6578549027249627	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Zea mays	Seed	--	--		--