

# C PHOSPHOLIPIDS

## Chemid

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\*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	Part	Low PPM	High PPM	StdDev	Reference
Abelmoschus manihot	Plant	5310	45775	0.4907168838238263	--
Annona cherimola	Seed	4400	5700	-0.4544985218891125	--
Brassica juncea	Plant	5588	60740	1.2840854547734128	--
Brassica oleracea var. capitata l.	Leaf	80	2400	-1	--
Coix lacryma-jobi	Seed	--	18300	0.6216419226853153	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Cucurbita maxima	Plant	5338	37860	0.0711036369767847	--
Cucurbita pepo	Seed	--	--	--	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Fagopyrum esculentum	Seed	34000	34000	1.962547079813769	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Linum usitatissimum	Seed	360	4050	-0.5954216753452876	Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp.
Polygonum multiflorum	Plant	--	34900	-0.08582058420669515	--

<b>Plant</b>	<b>Part</b>	<b>Low PPM</b>	<b>High PPM</b>	<b>StdDev</b>	<b>Reference</b>
Punica granatum	Seed	--	--		Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Schisandra chinensis	Fruit	--	--		Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Sechium edule	Leaf	6728	38010	1	--
Sesamum indicum	Seed	111	760	-0.8764139025397214	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Theobroma cacao	Plant	255	3319	-1.7600853913673296	--
Theobroma cacao	Seed	255	3319	-0.6578549027249627	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Zea mays	Seed	--	--		--