

**Dr. Duke's Phytochemical and Ethnobotanical Database**

**List of Plants for INOSITOL**

<b>Plant</b>	<b>Part</b>	<b>Low PPM</b>	<b>High PPM</b>	<b>StdDev</b>	<b>Reference</b>
Achillea millefolium	Plant	--	--		Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.
Aconitum napellus	Leaf	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Apium graveolens	Leaf	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Asparagus officinalis	Shoot	--	--		--
Camellia sinensis	Leaf	--	--		--
Capsella bursa-pastoris	Plant	300	300		--
Centella asiatica	Plant	--	--		Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.
Chamaemelum nobile	Flower	--	--		--
Cichorium intybus	Root	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Cocos nucifera	Resin, Exudate, Sap	690	690		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Cornus florida	Flower	--	--		--
Digitalis purpurea	Leaf	--	--		--
Elytrigia repens	Rhizome	10000	15000		--
Equisetum arvense	Plant	--	--		Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp.

Plant	Part	Low PPM	High PPM	StdDev	Reference
Euphorbia hirta	Plant	--	--		--
Glycine max	Sprout Seedling	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Gossypium sp	Seed	3400	3400	1.6636073118205197	--
Hura crepitans	Latex Exudate	--	--		--
Hydrastis canadensis	Leaf	--	--		--
Hydrastis canadensis	Root	--	--		--
Hydrastis canadensis	Plant	--	--		--
Hyssopus officinalis	Leaf	--	433.3		--
Ilex paraguariensis	Leaf	--	--		--
Inonotus obliquus	Plant	--	--		Foster, S. and Yue, C.-X. 1992. Herbal Emissaries: Bringing Chinese Herbs to the West. Healing Arts Press, Rochester, Vermont 05767. 356 pp.
Inula helenium	Leaf	--	--		--
Juglans regia	Leaf	--	--		--
Lens culinaris	Seed	1300	1300	-0.4346361445296853	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Leonotis nepetaefolia	Seed	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Lonicera japonica	Flower	--	--		--
Maclura pomifera	Shoot	--	--		--
Malus domestica	Plant	--	--		--

Plant	Part	Low PPM	High PPM	StdDev	Reference
Medicago sativa	Plant	--	--		--
Musa x paradisiaca	Fruit	--	340	-1	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Nicotiana tabacum	Leaf	--	--		ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Petroselinum crispum	Plant	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Phaseolus vulgaris	Fruit	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Pisum sativum	Seed	1500	1500	-0.23480343440109436	--
Rosa gallica	Flower	--	--		--
Rubus fruticosus	Leaf	--	--		--
Sesamum indicum	Seed	740	740	-0.9941677328897403	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Taraxacum officinale	Latex Exudate	--	--		--
Taraxacum officinale	Root	--	--		--
Thuja occidentalis	Branches	--	--		--
Triticum aestivum	Seed	--	--		--
Vaccinium myrtillus	Fruit	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Vigna radiata	Seed	--	--		ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.

<b>Plant</b>	<b>Part</b>	<b>Low PPM</b>	<b>High PPM</b>	<b>StdDev</b>	<b>Reference</b>
Viscum album	Fruit	4000	4000	1	--
Vitis vinifera	Leaf	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Zea mays	Plant	--	--		--