

C FERULIC-ACID

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*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	Part	Low PPM	High PPM	StdDev	Reference
Achillea millefolium	Plant	--	--		Tunon, H., Thorsell, W., and Bohlin, L. 1993. Mosquito Repelling Activity of Compounds Occurring in Achillea millefolium L. (Asteraceae). Economic Botany 48(2): 111-120, 1994.
Actaea cimicifuga	Rhizome	--	--		--
Actaea dahurica	Rhizome	--	--		Chemical Constituents of Oriental Herbs (3 diff. books)
Agrimonia eupatoria	Plant	--	--		--
Ajuga iva	Shoot	--	--		Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Ajuga iva	Plant	1000	1000	0.8391367166661186	Jim Duke's personal files.
Allium ampeloprasum	Plant	--	--		--
Allium cepa	Bulb	--	0.5	-1	--
Allium cepa	Leaf	--	--		Das, V. S. R., Rao, J. V. S. 1964. Phenolic Acids of Onion Plant. Curr. Sci., 33(15): 471-472.

Plant	Part	Low PPM	High PPM	StdDev	Reference
Allium cepa	Root	--	--		Das, V. S. R., Rao, J. V. S. 1964. Phenolic Acids of Onion Plant. Curr. Sci., 33(15): 471-472.
Allium sativum var. sativum	Bulb	7	27	1	--
Allium schoenoprasum	Leaf	--	0.5	-1.0842680798316504	--
Althaea officinalis	Plant	--	--		Pakistan Encyclopedia Planta Medica. 1986.
Althaea officinalis	Leaf	--	--		--
Althaea officinalis	Root	--	--		--
Althaea officinalis	Flower	--	--		--
Ananas comosus	Plant	200	760	0.30089312112081323	--
Anethum graveolens	Fruit	--	--		--
Anethum graveolens	Seed	--	--		--
Angelica sinensis	Root	--	--		Pedersen, M. 1987. Nutritional Herbology. Pederson Publishing. Bountiful, Utah. 377 pp.
Angelica sinensis	Plant	--	940	0.7045758177797922	Jim Duke's personal files.
Apium graveolens	Root	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Arachis hypogaea	Seed	45	45	-0.3720643105185383	--
Arctostaphylos uva-ursi	Leaf	--	--		--
Artemisia dracunculus	Leaf	38	38	2.436082828712669	--
Aspalathus linearis	Shoot	--	0.66		--

Plant	Part	Low PPM	High PPM	StdDev	Reference
<i>Astragalus membranaceus</i>	Root	--	--		Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
<i>Avena sativa</i>	Seed	--	--		--
<i>Ballota nigra</i>	Plant	--	--		--
<i>Basella alba</i>	Plant	--	--		--
<i>Beta vulgaris</i>	Leaf	--	--		--
<i>Brassica nigra</i>	Seed	--	--		Jim Duke's personal files.
<i>Brassica oleracea</i> var. <i>botrytis</i> L.	Leaf	--	13	0.08918222301645602	--
<i>Brassica oleracea</i> var. <i>capitata</i> L.	Leaf	4	20	0.7463143926113956	--
<i>Brassica oleracea</i> var. <i>gemmifera</i>	Leaf	10	10	-0.19244584966708952	--
<i>Brassica oleracea</i> var. <i>italica</i>	Leaf	--	13	0.08918222301645602	--
<i>Brassica pekinensis</i>	Leaf	6	6	-0.5679499465784835	--
<i>Capsicum frutescens</i>	Fruit	--	--		--
<i>Catalpa ovata</i>	Wood	--	--		--
<i>Celosia cristata</i>	Flower	--	--		--
<i>Centaurea cyanus</i>	Flower	--	--		Jim Duke's personal files.
<i>Centaurium erythraea</i>	Plant	--	--		--
<i>Ceratonia siliqua</i>	Fruit	--	--		Wealth of India.
<i>Chamaemelum nobile</i>	Plant	--	--		--
<i>Chenopodium album</i>	Fruit	--	--		--

Plant	Part	Low PPM	High PPM	StdDev	Reference
<i>Chenopodium ambrosioides</i>	Fruit	--	--		--
<i>Cichorium intybus</i>	Plant	--	--		--
<i>Cichorium intybus</i>	Leaf	--	0.5	-1.0842680798316504	--
<i>Cimicifuga dahurica</i>	Rhizome	--	--		--
<i>Citrullus colocynthis</i>	Fruit	--	--		--
<i>Citrus limon</i>	Fruit	14	40	-0.3813850356982369	--
<i>Citrus paradisi</i>	Fruit	25	34	-0.5720775535473553	--
<i>Citrus paradisi</i>	Pericarp	25	160	-1	--
<i>Citrus reticulata</i>	Pericarp	--	--		--
<i>Citrus sinensis</i>	Fruit	10	19	-0.7627700713964738	--
<i>Citrus sinensis</i>	Fruit Juice	--	--		Jim Duke's personal files.
<i>Citrus sinensis</i>	Pericarp	20	180	1	--
<i>Cnicus benedictus</i>	Plant	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Cnicus benedictus</i>	Shoot	--	--		Jim Duke's personal files.
<i>Cocos nucifera</i>	Leaf	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Coix lacryma-jobi</i>	Pericarp	--	--		--
<i>Commiphora wightii</i>	Resin, Exudate, Sap	--	--		Jim Duke's personal files.

Plant	Part	Low PPM	High PPM	StdDev	Reference
<i>Convallaria majalis</i>	Plant	--	--		--
<i>Coptis chinensis</i>	Rhizome	--	--		--
<i>Coptis japonica</i>	Rhizome	--	--		--
<i>Coptis spp</i>	Rhizome	--	--		--
<i>Coriandrum sativum</i>	Plant	--	11	-1.3788754333101605	--
<i>Cucumis melo</i>	Plant	--	--		Stitt, Paul. Why George should eat broccoli.
<i>Cucumis sativus</i>	Fruit	--	--		--
<i>Cucurbita pepo</i>	Plant	--	--		--
<i>Cydonia oblonga</i>	Fruit	--	--		--
<i>Cynara cardunculus</i>	Plant	--	--		--
<i>Datura stramonium</i>	Plant	--	--		--
<i>Daucus carota</i>	Root	--	--		--
<i>Digitalis purpurea</i>	Leaf	--	--		--
<i>Dioscorea alata</i>	Plant	--	--		--
<i>Dipteryx odorata</i>	Leaf	--	--		Grenand, P., Moretti, C., and Jacquemin, H. 1987. Pharmacopees Traditionnelles en Guyane. l'ORSTROM, Paris. 569 pp.
<i>Echinacea spp</i>	Plant	--	--		--
<i>Elaeagnus angustifolia</i>	Leaf	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Eleutherococcus senticosus</i>	Root	--	--		--

Plant	Part	Low PPM	High PPM	StdDev	Reference
<i>Equisetum arvense</i>	Plant	--	--		--
<i>Equisetum hyemale</i>	Plant	--	--		--
<i>Eucalyptus citriodora</i>	Leaf	--	--		--
<i>Eucalyptus globulus</i>	Leaf	--	--		Leung, A.Y., Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics, John Wiley & Sons, New York, 1980.
<i>Euphorbia hirta</i>	Leaf	--	--		--
<i>Euphorbia lathyris</i>	Leaf	--	--		--
<i>Euphrasia officinalis</i>	Plant	--	--		Tyler, V.E.. 1982. The Honest Herbal. George F. Stickley Co., Philadelphia PA. 263 pp.
<i>Ferula assa-foetida</i>	Essential Oil	--	--		--
<i>Ferula assa-foetida</i>	Resin, Exudate, Sap	13000	13000		--
<i>Ferula assa-foetida</i>	Gum	--	--		--
<i>Ficus carica</i>	Plant	--	--		--
<i>Foeniculum vulgare</i>	Fruit	--	--		--
<i>Foeniculum vulgare</i>	Seed	--	0.5	-0.432099551506119	--
<i>Gaultheria procumbens</i>	Leaf	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Glechoma hederacea</i>	Plant	--	--		--
<i>Glycine max</i>	Plant	1	4	-1.3945742048468985	--
<i>Glycine max</i>	Seed	1	4	-0.42737767861945536	--

Plant	Part	Low PPM	High PPM	StdDev	Reference
Glycine max	Shoot	--	--		--
Glycyrrhiza glabra	Plant	--	--		--
Helianthus annuus	Pollen Or Spore	2	3		--
Hierochloe odorata	Plant	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Hordeum vulgare	Seed	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Humulus lupulus	Fruit	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Huperzia spp	Plant	--	--		--
Hura crepitans	Leaf	--	--		--
Hypericum perforatum	Plant	--	--		--
Hyssopus officinalis	Plant	--	--		Jim Duke's personal files.
Juglans nigra	Seed	--	--		--
Juglans regia	Seed	0.4	1	-0.43142499823659564	--
Juglans regia	Testa	10	65		--
Juniperus communis	Leaf	--	--		--
Kalanchoe pinnata	Plant	--	--		--
Lactuca sativa	Plant	--	--		--

Plant	Part	Low PPM	High PPM	StdDev	Reference
<i>Lens culinaris</i>	Plant	--	--		J.S. Glasby Dict.Pls Containing 2ndary Metabolite. 1991.
<i>Levisticum officinale</i>	Fruit	--	--		Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp.
<i>Ligustrum japonicum</i>	Flower	--	--		--
<i>Linum usitatissimum</i>	Seed	--	--		--
<i>Lycopersicon esculentum</i>	Fruit	--	--		--
<i>Lycopodium clavatum</i>	Plant	--	--		--
<i>Lycopodium selago</i>	Plant	--	--		--
<i>Lycopus europeus</i>	Plant	--	--		Jim Duke's personal files.
<i>Malus domestica</i>	Fruit	4	95	1.7162326606420661	--
<i>Medicago sativa</i>	Tissue Culture	--	--		--
<i>Medicago sativa</i>	Leaf	--	--		--
<i>Melia azedarach</i>	Plant	--	--		--
<i>Melilotus officinalis</i>	Plant	--	--		Pharmazie, 46: 156, 1991.
<i>Melilotus officinalis</i>	Shoot	--	--		--
<i>Mentha x rotundifolia</i>	Shoot	--	--		Jim Duke's personal files.
<i>Menyanthes trifoliata</i>	Leaf	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Myroxylon balsamum</i>	Plant	--	--		--

Plant	Part	Low PPM	High PPM	StdDev	Reference
<i>Nicotiana tabacum</i>	Flower	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Oenothera biennis</i>	Plant	--	--		--
<i>Ononis spinosa</i>	Root	--	--		Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
<i>Opopanax chironium</i>	Resin, Exudate, Sap	--	--		--
<i>Oryza sativa</i>	Plant	--	--		--
<i>Panax ginseng</i>	Root	--	--		--
<i>Panax quinquefolius</i>	Plant	--	--		--
<i>Papaver somniferum</i>	Pericarp	--	--		--
<i>Phaseolus vulgaris</i>	Plant	--	--		--
<i>Pinus sylvestris</i>	Bark	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Pisum sativum</i>	Seed	--	--		--
<i>Plantago major</i>	Plant	--	--		--
<i>Polygala senega</i>	Root	--	--		--
<i>Portulaca oleracea</i>	Plant	--	--		--
<i>Prunus cerasus</i>	Plant	--	--		--

Plant	Part	Low PPM	High PPM	StdDev	Reference
<i>Prunus domestica</i>	Fruit	--	--		Jim Duke's personal files.
<i>Prunus dulcis</i>	Plant	--	--		--
<i>Prunus persica</i>	Plant	--	--		--
<i>Prunus spinosa</i>	Plant	--	--		--
<i>Pteridium aquilinum</i>	Plant	--	--		--
<i>Punica granatum</i>	Fruit	--	--		Seeram, N. P., Schulman, R. N., and Heber, D., eds. 2006. Pomegranates - Ancient Roots to Modern Medicine. Taylor & Francis. Boca Raton, FL. 244 pp.
<i>Raphanus sativus</i>	Root	16	16		--
<i>Rheum officinale</i>	Root	--	--		Leung, A.Y., Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics, John Wiley & Sons, New York, 1980.
<i>Rheum rhabarbarum</i>	Pt	8	8		--
<i>Rheum rhabarbarum</i>	Root	--	--		--
<i>Ribes nigrum</i>	Fruit	--	--		--
<i>Ribes uva-crispa</i>	Fruit	--	--		--
<i>Ricinus communis</i>	Leaf	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Rosa canina</i>	Stem	--	--		--
<i>Rosa canina</i>	Tissue Culture	--	--		--
<i>Rubus fruticosus</i>	Fruit	--	--		--

Plant	Part	Low PPM	High PPM	StdDev	Reference
<i>Rubus idaeus</i>	Fruit	--	--		--
<i>Rubus idaeus</i>	Plant	--	--		--
<i>Salvia officinalis</i>	Plant	--	--		Stitt, Paul. Why George should eat broccoli.
<i>Salvia</i> sp.	Seed	2136	2136	2.448917462628234	Phenolic Compounds in Food and Their Effects on Health, 67.
<i>Sambucus nigra</i>	Plant	--	--		--
<i>Serenoa repens</i>	Fruit	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Sesamum indicum</i>	Fruit	--	--		--
<i>Sesamum indicum</i>	Leaf	--	--		--
<i>Solanum melongena</i>	Root	--	--		--
<i>Solanum tuberosum</i>	Tuber	13	225		--
<i>Solidago gigantea</i>	Plant	--	1040	0.9288439825903361	--
<i>Sophora japonica</i>	Plant	--	--		--
<i>Spinacia oleracea</i>	Leaf	16	16	0.37081029570000157	--
<i>Spinacia oleracea</i>	Inflorescence	--	--		--
<i>Stellaria media</i>	Shoot	--	--		--
<i>Taraxacum officinale</i>	Flower	--	--		--
<i>Taxus baccata</i>	Leaf	0.1	3.5	-0.8026400071481049	--
<i>Tecoma stans</i>	Plant	--	--		--

Plant	Part	Low PPM	High PPM	StdDev	Reference
<i>Theobroma cacao</i>	Seed	--	--		--
<i>Thymus vulgaris</i>	Plant	--	--		Stitt, Paul. Why George should eat broccoli.
<i>Triticum aestivum</i>	Seed	15	32	-0.3896026955261461	--
<i>Urtica dioica</i>	Plant	--	--		--
<i>Vaccinium corymbosum</i>	Plant	--	--		--
<i>Vaccinium macrocarpon</i>	Fruit	--	--		--
<i>Vaccinium myrtillus</i>	Fruit	--	--		--
<i>Vaccinium myrtillus</i>	Leaf	--	--		--
<i>Vaccinium myrtillus</i>	Fruit Juice	--	--		--
<i>Vanilla planifolia</i>	Root	--	--		--
<i>Vicia faba</i>	Plant	--	--		--
<i>Viola odorata</i>	Plant	--	--		--
<i>Vitis vinifera</i>	Fruit	--	--		--
<i>Zea mays</i>	Leaf	--	--		ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
<i>Zea mays</i>	Seed	6	27	-0.39634822822137994	--
<i>Zea mays</i>	Sprout Seedling	--	--		--
<i>Zingiber officinale</i>	Plant	--	--		Stitt, Paul. Why George should eat broccoli.