

C CATECHINS

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*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	Part	Low PPM	High PPM	StdDev	Reference
Acacia catechu	Exocarp	25000	330000	--	
Catha edulis	Leaf	140000	140000	-1	--
Cinnamomum verum	Bark	--	--		Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Croton lechleri	Plant	--	--		Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.
Ephedra gerardiana	Plant	--	--		--
Garcinia mangostana	Fruit	50000	60000	1	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Garcinia mangostana	Petiole	700000	140000		ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Hypericum perforatum	Plant	--	--		--
Illicium verum	Fruit	--	--		Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.

Plant	Part	Low PPM	High PPM	StdDev	Reference
Laurus nobilis	Leaf	--	--		Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Melissa officinalis	Plant	30000	50000	--	
Myristica fragrans	Seed	--	--		Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Pimenta dioica	Fruit	--	--		Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Polypodium vulgare	Rhizome	25000	37000	--	
Prunus armeniaca	Fruit	--	--		Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Punica granatum	Fruit	--	--		Newman, R. A., Lansky, E. P., with Block, M. L. 2007. Pomegranate - The Most Medicinal Fruit. Basic Health Publications, Laguna Beach, CA. 120 pp.
Rosa rubiginosa	Seed	9100	9100	-1	--
Rosa spp	Fruit	8000	9100	-1	--
Theobroma cacao	Seed	30000	35000	1	--
Uncaria catechu	Branches	300000	350000		--
Vaccinium macrocarpon	Fruit	--	--		Abstract (See species file)
Vaccinium myrtillus	Leaf	--	200000	1	--