

P Brassica juncea

Common Name(s)

Mustard Greens

How Used

F

| Chemical | Plant Part | Low PPM | High PPM | StdDev | Reference Citation |
|----------|-----------------------------------|---------|----------|--------|--|
| 4 | 2-PHENYLETHYL-ISOTHIOCYANATE | Seed | -- | -- | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| 0 | 24-METHYLENE-25-METHYLCHOLESTEROL | Plant | -- | -- | J.S. Glasby Dict.Pls Containing 2ndary Metabolite. 1991. |
| 16 | ALLYL-ISOTHIOCYANATE | Seed | -- | -- | ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes. |
| 0 | ASH | Leaf | 10000 | 108695 | -0.1789484494905242 |
| 0 | ASH | Seed | 53000 | 56500 | 0.2592657523794881 ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes. |
| 47 | BETA-SITOSTEROL | Leaf | 20 | 500 | -0.8068144833352933 Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.) |
| 28 | CALCIUM | Leaf | 512 | 5565 | -0.8795257944838063 |

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|----------|-------------------------|---------|----------|--------|--|
| 2 | CAMPESTEROL | Leaf | -- | 100 | -0.3209842055692765 Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.) |
| 12 | COPPER | Leaf | 1.3 | 14 | -0.3758429396758034 |
| 0 | CROTONYL-ISOTHIOCYANATE | Seed | -- | -- | ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes. |
| 0 | EO | Seed | 4500 | 30900 | -0.15986517348346915 ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes. |
| 0 | FAT | Leaf | 12700 | 138000 | 1.6247882242706593 |
| 0 | FAT | Seed | 300000 | 380000 | 0.6037045537002609 ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes. |
| 15 | FIBER | Seed | 80000 | 85300 | -0.39069323457644156 ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes. |
| 1 | GLUCOBRASSICANAPIN | Plant | -- | -- | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| 0 | GLUCOIBERVERIN | Plant | -- | -- | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| 1 | GLUCONAPIN | Plant | -- | -- | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |

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| 0 | GLUCONAPOLEIFERIN | Plant | -- | -- | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| 0 | GLUCONASTURTIIN | Plant | -- | -- | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| 0 | GLUCOPUTRANJIVIN | Seed | -- | -- | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| 0 | GLYCOLIPIDS | Plant | 3225 | 35055 | -0.9090432436010034 |
| 0 | HEXACOSAN-1-OL | Leaf | -- | -- | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| 6 | IRON | Leaf | 16 | 174 | -0.4795338115388167 |
| 0 | ISOPROPYLISOTHIOCYANATE | Plant | -- | -- | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| 65 | MAGNESIUM | Leaf | 353 | 3837 | -0.11149374305972344 |
| 9 | OXALIC-ACID | Leaf | 1287 | 1287 | -0.43841505748050075 Watt, J.M. and Breyer-Brandwijk, M.G. 1962. The Medicinal and Poisonous Plants of Southern and Eastern Africa. E. & S. Livingstone, Ltd. Edinburg & London. 1457 pp. |
| 0 | PHOSPHOLIPIDS | Plant | 5588 | 60740 | 1.2840854547734128 |
| 2 | PHYTOSTEROLS | Leaf | 20 | 600 | -0.6291554460625958 Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.) |

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| 1 | PROGOITRIN | Plant | -- | -- | | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| 0 | PROTEIN | Leaf | 28300 | 307600 | 0.955248153298367 | |
| 7 | SINIGRIN | Plant | -- | -- | | Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp. |
| 12 | STIGMASTEROL | Leaf | -- | -- | -0.9159783131731405 | Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.) |
| 0 | WATER | Seed | 62000 | 62000 | -0.6355035199013263 | ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes. |
| 0 | WATER | Leaf | 908000 | 908000 | 0.5007058021539567 | |
| 77 | ZINC | Leaf | 6 | 65 | -0.12786196612153358 | |