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*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

| Plant | Part | Low PPM | High PPM | StdDev PPM | Reference |
|-----------------------|----------|------------|-------------|---------------|--|
| Allium cepa | Bulb | -- | -- | | Itoh, T., Tamura, T., Mitsuhashi, T., Matsumoto, T. 1977. Sterols of Liliaceae. Phytochemistry, 16: 140-141. |
| Calendula officinalis | Flower | -- | -- | | -- |
| Digitalis lanata | Plant | -- | -- | | -- |
| Hordeum vulgare | Seed | -- | -- | | -- |
| Hordeum vulgare | Embryo | -- | -- | | -- |
| Panax ginseng | Seed Oil | -- | -- | | -- |
| Panax quinquefolius | Seed Oil | -- | -- | | -- |
| Tagetes erecta | Flower | -- | -- | | Rizk, A.F.M. and Al-Nowaihi, A.S., The Phytochemistry of the Horticultural Plants of Qatar, Scientific and Applied Research Centre, University of Qatar. |