

**Dr. Duke's Phytochemical and Ethnobotanical Database****List of Plant for Adaptogenic**

<b>Plants</b>	<b>Chemical</b>	<b>Total PPM</b>
Citrus limon	1	
Eleutherococcus senticosus	1	
Forsythia suspensa	1	
Ligustrum japonicum	1	
Ligustrum vulgare	1	
Magnolia kobus	1	
Paeonia lactiflora	1	
Paeonia officinalis	1	
Panax ginseng	1	
Panax notoginseng	1	174000
Panax quinquefolius	1	
Plantago major	1	
Rheum palmatum	1	
Robinia pseudoacacia	1	
Schisandra chinensis	1	
Scrophularia scorodonia	1	
Syringa vulgaris	1	
Viscum album	1	