

# **E** Polystichum lucidum

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<b>Ethnobotanical Use</b>	<b>Country/Region</b>	<b>Reference</b>
Enema	Lesotho	Guillarmod, A.J. 1971. Flora of Lesotho (Basutoland). Verlag von J. Cramer, 3301 Lehre, Germany.
Maggot	Lesotho	Guillarmod, A.J. 1971. Flora of Lesotho (Basutoland). Verlag von J. Cramer, 3301 Lehre, Germany.
Vermifuge	Lesotho	Guillarmod, A.J. 1971. Flora of Lesotho (Basutoland). Verlag von J. Cramer, 3301 Lehre, Germany.