

Dr. Duke's Phytochemical and Ethnobotanical Database**Ethnobotanical Plants for Insomnia**

Ethnobotanical Plant	Common Names
<i>Abrus precatorius</i>	Cain Ghe, Graines Reglisse, Gunchi, Hint Meyankoku, Hung Tou, Jequerit, Liane Reglisse, Ma Liao Tou, Paratella, Paternoster, Peonia, Peonia De St Tomas, Pois Rouge, Rakat, Reglisse, Rosary Pea, To-Azuki, Weesboontje
<i>Annona muricata</i>	Corossolier, Durian benggala, Guanabana, Guanavana, Nangka blanda, Nangka londa, Toge-Banreisi
<i>Blumea balsamifera</i>	Capa, Chapa, Kecape, Sembang, Sembing, Sembo, Sembong, Sembung, Telinga kerbau (Buffalo ear)
<i>Citrus aurantifolia</i>	Citron, Citron Vert, Citronnier, Citronnier Verjus, Lima, Lima Bobo, Limau amkian, Limau asam, Limau masam, Limau nipis
<i>Clematis montana</i>	
<i>Codonopsis pilosula</i>	Dang Shen
<i>Cordia curassavica</i>	
<i>Diospyros decandra</i>	
<i>Hocquartia manshuriensis</i>	
<i>Hyoscyamus muticus</i>	Agyptisches Bilsenkraut, Egyptian Henbane, Egyptisch Bilzenkruid, Jusquiame D'Egypt, Kohibung
<i>Illicium verum</i>	Bunga lawan, Pa Chio Hui Hsiang, Pa Chio Yu, Po Hui Hsiang, Yildizanasonu
<i>Ipomoea reptans</i>	Kalayan, Kangkong, Kangkung
<i>Jasminum lanceolarium</i>	
<i>Jasminum sambac</i>	Full, Melati, Melor, Mo Li, Rasqi, Sambac
<i>Juncus effusus</i>	Hu Hsu Ts' Ao, Saz, Teng Hsin Ts' Ao
<i>Lactuca sativa</i>	Abu, Chicoree Des Jardins, Kahu, Khass, Laitue, Laitue Alimentaire, Laitue Pour Tisane, Lechuga, Lettuce, Marul, Tzu Chu, Wo Chu, Wo Chu Tzu
<i>Ligustrum lucidum</i>	Nu Chen, Nu Chen P'I Chiu, To-Nezumi-Moti

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Lophatherum gracile	Rumput kelurut (Chancre grass), Sasa-Kusa, Tan Chu
Mangifera indica	An Lo Kuo, Anbah, Mamuang, Manga, Manga Agaci, Mangga, Mango, Mangot, Mangot Fil, Manguier, Merpelam, Pelem
Mimosa pudica	Adormidera, Feuilles Honte, Honte, Memalu (Modesty), Mori Vivi, Puteri malu (Modest princess), Quitem Tranquille
Morus alba	Besaran, Chi Sang, Chin Sang, Ching Sang, Dut Agaci, Hsun, I Sang, Kitaoe, Lampoeng, Lu Sang, Ma-Guwa, Mora, Morera, Mures, Nu Sang, Pai Sang, Sang, Sang Ken Pai P'I, Sang Pi, Sang Shen Chiu, Sang Shen Kao, Sang Shen Tzu, Shan Sang, Shen, T'An, Ti Sang, Tu, Tukki, Tut, Tuth
Morus bombycis	Yama-Guwa
Nelumbo nucifera	Ch'leh, Chieh Fen, Fo Tso Hsu, Fu Ch'U, Han T'Ao, Hasu, Ho, Ho Lien Hua, Ho Yeh, Hsia, Hung Pai Lien Hua, I, Kaya, Lien, Lien Hua, Lien I, Lien Ou, Lien Shih, Lien Tzu, Lien Tzu Hsin, Lotus Bean, Lotus,Blue, Mi, Ou, Ou Fen, Shih Lien Tzu, Ti
Nephelium longana	
Origanum majorana	Marjolaine, Marjoram, Mayorana, Mayorana-So, Mercenkosk, Origanium
Panax quinquefolius	American Ginseng, Ginseng
Panax schinseng	Ginseng, Jen Shen, Mandragore Coreenne, Schin Seng, Shin Seng
Papaver somniferum	Adormidera, Adormidero, Chandu, Gelinjik, Hashas, Kheshkhash Abu Al Noum, Madat, O Fang, O Fu Jung, O P'len, Opium, Opium Poppy, Poppy, Poppy,Opium, Tengkoh, Ya P'len, Yu Mi
Passiflora ciliata	Pasionaria
Passiflora edulis	Maracuja Roxo
Passiflora incarnata	Carkifelek, Charkhi Felek, Maypop, Maypop Passionflower, Saa'T Gulu, Ward Assa'Ah, Zahril Aalaam
Phyllanthus urinaria	Dukong anak (Child pick-a-back, Memeniran, Meniran, Rami buah, Turi hutan
Piper longum	Long Pepper, Pepper,Long, Pi P'O Mu, Pi Po, Uzun Biber
Polygala tenuifolia	
Polygonum multiflorum	Ho Chou Wu, Ho Shou Wu, She Chien Ts'Ao, Turu-Dokudami

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Poria cocos	
Poria cocos(fungus)	
Portulaca oleracea	Ancharupa, Beldroega, Berbin, Coupe-Pied, Coupier, Gelang pasir, Krokot, Ma Ch'Ih Hsien, Parpinah, Perpine, Porcelana, Pourpier, Pourpier Commun, Purslane, Semizotu, Suberi-Hiyu, Verdolaga
Raphanus sativus	Daikon, Karaturp, Kirmiziturp, Lai Fu, Lo Po, Mulaka, Rabano, Radis, Radis Marron, Radish
Rauwolfia serpentina	Akar Tikus, Boboro, Chandra, Chandraka, Chandrika, Chivan Avelpori, Chota Chand, Harkal, Indo-Zyaboku, Java Devil Pepper, Pule Pandak, Rauwolfia, Sarpagandha
Salvia miltiorrhiza	Dan Sen, Tan Shen, Wu Shen
Schisandra chinensis	Tyosen-Gomisi, Wu Wei Zi
Schisandra sphenanthera	
Scrophularia marilandica	Figwort, Maryland Figroot
Siegesbeckia orientalis	Chu Kao Mu, Herbe Divine, Holy Herb, Hsi Lien, Hu Kao, Kou Kao, Nien Hu Ts'AI, Nioi-Hiba, Pien Po, Po, Po Hsiang Sui, Po Shih, Po Tzu, Po Tzu Jen, Po Yeh Chiu, Si Tzian Tsao
Terminalia catappa	Almendra, Almendro, Almendro De Las Indias, Almendro De Playa, Amandier, Amandier Des Indes, Amandier Tropical, Badannier, Indian Almond, Ketapang, L., Lingtak
Triticum aestivum	Bugday, Cheng Ping, Fou Mai, Frumint, Hsiao Mai, Hui Mien, Ka Shih Tso, Lai, Mai Ch'Ao, Mai Fu, Mai Fu Tzu, Man Tou, Mien, Mien Chin, Mien Fen, Mo Mo, Pai Mien, Trigo, Wheat
Valeriana ceratophylla	Valeriana
Valeriana officinalis	Kediotu, Seiyo-Kanoko-So, Valerian, Valeriana
Valeriana sp	Firavuninciri, Kaynanadili, Tuna, Wild Valerian
Valeriana stubendorfi	
Xyris pauciflora	

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Ziziphus jujuba	Azufaifo, Bedara china, Dara, Hong Zao, Jujube, Kola, Nabug, Natume, Pomme Malcadi, Sanebuto-Natume, Suan Tsao, Unnab, Unnap Agaci, Widara
Ziziphus vulgaris	Brecina, Funda, Heather, Kan Tsao, Liang Tsao, Mei Tsao, Nan Tsao, Pei Tsao, Sanebuto-Natume, Ta Tsao, Tsao