

**Dr. Duke's Phytochemical and Ethnobotanical Database****Ethnobotanical Uses for *Valeriana hardwickii***

<b>Ethnobotanical Use</b>	<b>Country/Region</b>	<b>Reference</b>
Ache(Back)	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Bruise	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Chorea	Nepal	Singh, M.P., et al. 1979. Medicinal plants of Nepal - Retrospects and prospects. Economic Botany 33(2): 185-198.
Chorea	Nepal	
Cold	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Epilepsy	Nepal	Singh, M.P., et al. 1979. Medicinal plants of Nepal - Retrospects and prospects. Economic Botany 33(2): 185-198.
Epilepsy	Nepal	
Hysteria	Nepal	Singh, M.P., et al. 1979. Medicinal plants of Nepal - Retrospects and prospects. Economic Botany 33(2): 185-198.
Hysteria	Nepal	
Menoxenia	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Numbness	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Rheumatism	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Sclerosis	Europe	Hartwell, J.L. 1967-71. Plants used against cancer. A survey. Lloydia 30-34.
Sedative	Lompong alas	
Sore	China	Leung, Albert Y. 1980. Encyclopedia of common natural ingredients. John Wiley and Sons, N.Y.
Spasm	Asia	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Stimulant	Asia	Uphof, J.C. Th. 1968. Dictionary of economic plants. 2nd ed. Verlag von J. Cramer.
Tranquilizer	Kutet gamong	